

REGISTERED NUMBER: SC498152 (Scotland)

Abridged Unaudited Financial Statements for the Year Ended 31 March 2019

for

Limitless Fitness & Martial Arts Ltd

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for the Year Ended 31 March 2019**

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Limitless Fitness & Martial Arts Ltd

**Company Information
for the Year Ended 31 March 2019**

DIRECTOR:	Mr J F Tully
REGISTERED OFFICE:	25 Manor Street Falkirk Stirlingshire FK1 1NH
BUSINESS ADDRESS:	66 Maple Road Cumbernauld Glasgow G67 3NH
REGISTERED NUMBER:	SC498152 (Scotland)
ACCOUNTANTS:	Jenkins & Co. 25 Manor Street Falkirk Stirlingshire FK1 1NH
BANKERS:	Bank of Scotland plc Cumbernauld Town branch Unit 17 Tryst Road Antonine Shopping Centre Cumbernauld Glasgow G67 1JW

Limitless Fitness & Martial Arts Ltd (Registered number: SC498152)

**Abridged Balance Sheet
31 March 2019**

	Notes	2019 £	2018 £
FIXED ASSETS			
Tangible assets	4	6,583	8,785
CURRENT ASSETS			
Debtors		8,830	-
Cash at bank		<u>270</u>	<u>-</u>
		9,100	-
CREDITORS			
Amounts falling due within one year		<u>(14,332)</u>	<u>(3,831)</u>
NET CURRENT LIABILITIES		<u>(5,232)</u>	<u>(3,831)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		1,351	4,954
PROVISIONS FOR LIABILITIES		<u>(1,251)</u>	<u>(1,066)</u>
NET ASSETS		<u><u>100</u></u>	<u><u>3,888</u></u>
CAPITAL AND RESERVES			
Called up share capital		100	100
Retained earnings		<u>-</u>	<u>3,788</u>
SHAREHOLDERS' FUNDS		<u><u>100</u></u>	<u><u>3,888</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Abridged Balance Sheet - continued
31 March 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

All the members have consented to the preparation of an abridged Balance Sheet for the year ended 31 March 2019 in accordance with Section 444(2A) of the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 3 March 2020 and were signed by:

Mr J F Tully - Director

**Notes to the Financial Statements
for the Year Ended 31 March 2019**

1. STATUTORY INFORMATION

Limitless Fitness & Martial Arts Ltd is a private company, limited by shares, registered in Scotland. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 1 (2018 - 1).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

4. **TANGIBLE FIXED ASSETS**

	Totals
	£
COST	
At 1 April 2018	
and 31 March 2019	<u>21,150</u>
DEPRECIATION	
At 1 April 2018	12,365
Charge for year	<u>2,202</u>
At 31 March 2019	<u>14,567</u>
NET BOOK VALUE	
At 31 March 2019	<u>6,583</u>
At 31 March 2018	<u>8,785</u>

5. **DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to a director subsisted during the years ended 31 March 2019 and 31 March 2018:

	2019	2018
	£	£
Mr J F Tully		
Balance outstanding at start of year	-	-
Amounts advanced	21,900	-
Amounts repaid	(15,236)	-
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>6,664</u>	<u>-</u>

These loans are repayable on demand.

6. **RELATED PARTY DISCLOSURES**

During the year, total dividends of £6,812 (2018 - £350) were paid to the director .

7. **ULTIMATE CONTROLLING PARTY**

The controlling party is Mr J F Tully.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.