

THARA HEALTH LTD**Registered number:** 09455787**Balance Sheet****as at 28 February 2019**

	Notes	2019 £	2018 £
Current assets			
Cash at bank and in hand		1,456	1,292
Creditors: amounts falling due within one year	2	(1,206)	(1,181)
Net current assets		<u>250</u>	<u>111</u>
Net assets		<u>250</u>	<u>111</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		150	11
Shareholders' funds		<u>250</u>	<u>111</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mrs S Preetha

Director

Approved by the board on 18 November 2019

THARA HEALTH LTD

Notes to the Accounts

for the year ended 28 February 2019

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Pensions

Contributions to defined contribution plans are expensed in the period to which they relate.

2 Creditors: amounts falling due within one year	2019	2018
	£	£
Taxation and social security costs	1,206	1,181

3 Other information

THARA HEALTH LTD is a private company limited by shares and incorporated in England. Its registered office is:

22 Fawnsmanor Road
Feltham
TW14 8EL

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.