



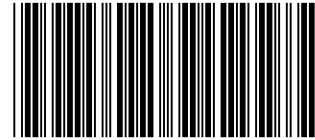
**Companies House**  
— for the record —

**363a<sub>(ef)</sub>**

**Annual Return**

*Company Name:* **THE FLYING CHEF LIMITED**

*Company Number:* **04645006**



XO4F7NOM

*Received for filing in Electronic Format on the:* **08/03/2007**

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*Company Details*

*Period Ending:* **19/01/2007**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC Codes*  
**5552**

*Registered Office:*  
*Address:*

**236 LONDON ROAD  
ROMFORD  
ESSEX  
RM7 9EL**

*Register of*  
*Members Address:*

**At Registered Office**

*Register of Debenture*  
*Holders Address:*

**Not Applicable**

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*Details of Officers of the Company*

*Company Secretary:*

*Name:* **NIGEL ANTHONY PLUMPTRE  
GAYMER**

*Address:* **43 LONDON ROAD  
STANFORD RIVERS  
ONGAR  
ESSEX CM5 9PH**

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*Director 1:*

*Name:* **NIGEL ANTHONY  
PLUMPTRE GAYMER**

*Address:* **43 LONDON ROAD  
STANFORD RIVERS  
ONGAR  
ESSEX CM5 9PH**

*Date of Birth:* **17/11/1944**

*Nationality:* **BRITISH**

*Occupation:* **DIRECTOR**

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Director 2:

Name: **MR RUSSELL LEE** Address: **43 LONDON ROAD**  
**CHRISTOPHER MORGAN** **STANFORD RIVERS**  
Date of Birth: **22/09/1952** **ONGAR**  
Nationality: **BRITISH** **ESSEX CM5 9PH**  
Occupation: **CHAIRMAN**

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### *Share Capital*

*Issued Share Capital Details:*

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
<b>ORDINARY</b>	<b>1</b>	<b>GBP1</b>
<b>TOTALS</b>	<b>1</b>	<b>GBP1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 19/01/2007, or that had ceased to be shareholders since the made up date of the previous Annual Return.

*Shareholding 1:*

**1 ORDINARY Shares held as at 19/01/2007**

Name: **CROWN HOLDINGS LIMITED**

Address: **236 LONDON ROAD**  
**ROMFORD**  
**ESSEX RM7 9EL**

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### *Authorisation*

Authoriser Designation: **DIRECTOR** Date Authorised: **08/03/2007** Authenticated: **Yes (E/W)**