

Registered company number: **09561460**

Registered charity number: **1164890**

Foodwise (TLC) Limited

A company limited by guarantee

Trustees' Report and Financial Statements
for the year ended **30 April 2020**



Registered company number: **09561460**

Registered charity number: **1164890**

Foodwise (TLC) Limited
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
For the Year Ended 30 April 2020

Contents

Trustees' and Directors' Report	2
Independent Examiner's Report	6
Statement of Financial Affairs (including Income and Expenditure Account)	7
Reconciliation of Funds	7
Balance Sheet	8
Notes to the Accounts	9

Foodwise (TLC) Limited

TRUSTEES' AND DIRECTORS' REPORT

For the Year Ended 30 April 2020

The trustees, who are also the directors of the company, are pleased to provide their report for Foodwise (TLC) Limited ("Foodwise") for the year ended 30 April 2020.

Incorporation

The company was incorporated on 26 April 2015 as a company limited by guarantee and commenced trading immediately.

The company obtained charitable status on 15 December 2015 with registered charity number 1164890.

Objectives and Activities

Foodwise's charitable aim is to relieve financial hardship through the provision of food coaching to teach people how to budget, purchase, prepare and cook nutritional food at reasonable cost. In practical terms, Foodwise runs courses where people are coached by a Food Coach to prepare and cook a variety of dishes over a six week period. The course runs for a few hours, one day per week, normally for six weeks and usually within a school term. A different meal will be cooked on each day, with the aim of increasing the cooking skills and knowledge of the attendees. The menus are available free of charge on the charity's website www.foodwise.care

The courses are entirely free and the charity provides not only the location, equipment and Food Coach but also sufficient food for the participant to feed their immediate family that evening. The primary aim is to teach life skills, whilst providing much needed food for the family. Where a Food Bank will often only provide sufficient food for three main meals within a three month period, Foodwise can triple the assistance provided over a six week period. Participants can attend multiple courses, where space on a course is available.

The trustees have had regard to the Charity Commission's guidance on public benefit and consider that Foodwise's activities provide public benefit through providing vulnerable people with the skills to cook healthy food for themselves and their families within a manageable budget.

In 2019/20 Foodwise has continued to develop its activities to feed children within school holiday times and has run various lunch sessions during the year in association with St Andrew's and St Michael's Churches in the Woking area. Foodwise now sees this as a core activity and sought to expand its activities working with Guildford Borough Council at the Park Barn Centre in Guildford. Alas, these Easter sessions were halted, due to the onset of COVID19 in March 2020. We need to prevent children going hungry in school holidays and we would appreciate any support to help us do this.

Foodwise (TLC) Limited
TRUSTEES' AND DIRECTORS' REPORT
For the Year Ended 30 April 2020 (continued)

Registered company no.: 09561460

Registered charity no.: 1164890

Achievements and Performance

Foodwise Cooking Courses 2019/20

In 2019/20 Foodwise ran various cooking courses varying in length between 4 - 6 weeks. Numerous courses ran in Woking and in Guildford. Foodwise continues to support Kings College and Eikon (www.eikon.org.uk) and we have also supported Oakleaf (<http://www.oakleaf-enterprise.org/>) with face to face courses and latterly online courses. Foodwise undertook various courses in the Park Barn Centre of Guildford and the Lighthouse in Woking. Both of these centres are key bases for public course delivery, but attendance is often unpredictable, as many attendees face personal challenges of a serious nature.

We said farewell to two of our young Food Coaches, namely Joss Walden and Stephanie Cogbill who both sought to travel the world and settled for a while in Australia. Both were great Food Coaches and we thank them for their service. I would also like to thank Jackie Durrant for her great devotion and teaching skills. Jackie stood down late in the year, by mutual agreement, purely for health and safety reasons due to COVID19.

March 2020 and COVID19

The final months of this year, following the arrival of the coronavirus pandemic in the UK, saw a transformation of Foodwise. Face-to-Face courses had to stop and we immediately set up kitchens to feed families and individuals impacted by COVID19.

A team of nearly all Christians was formed from Stoke Community Support, schools and a large volunteer force, to face the demands of the food provision. Foodwise set up 4 kitchens and 5 distribution centres and began producing meals to be provided free to families in need. Our courses did not require a Food Safety Policy, so it was necessary to write a full Food Hygiene Policy (FHP) before approval could be obtained to prepare and distribute meals. We purchased food during the month of April, whilst writing the FHP, from airline food companies, sent volunteers shopping (as food in supermarkets was scarce due to panic buying) prior to setting up commercial food supplies. We were assisted hugely by the free provision of food from Cook and also from the Caring Foundation (which owns the Ivy, Bills and Sexy Fish operations / brands <https://thecaringfamilyfoundation.org/>).

We had been working with Guildford Philanthropy (<https://guildfordphilanthropy.org.uk/>) on the holiday hunger planning at the Park Barn Centre and Peter Cluff, Marc Clancy and Sanjay Patel were to become trusted allies, as we worked together to respond to the unforeseen crisis.

Thanks to Nick Hill, then of SCS and a curate at St Johns Stoke, we saw a minor miracle work as Nick wrote and had approved, by Environmental Health, a 120+ page FHP with COVID19 procedures and safety embedded. This normally would take over six months of due process. By early May 2020 we were cooking and had recruited new friends and chefs such as Sam Buckley (and his fiancée Emily Ure-Williams). Linda Aston re-joined us and our existing Food Coaches Charlotte Fraser, Kelly Mahdavi, Jackie Durrant and Grace Luke led the kitchens at Emmanuel Church, Burham Church and Jackie supported from New Life Church.

COVID19 only impacted two months of this financial year, but it has dramatically changed the basis for Foodwise's work and we can now run courses as well as feed families, from our range of meals (see www.foodwisetlc.care). We have also developed online videos and recipes to assist families. All our activities are free to families referred to us via the website referral systems.

Foodwise (TLC) Limited
TRUSTEES' AND DIRECTORS' REPORT
For the Year Ended 30 April 2020 (continued)

Registered company no.: 09561460

Registered charity no.: 1164890

The team at SCS were amazing and our heartfelt thanks go to Peter Curran, Carol Lowries, Kirsten and Piers and all at SCS (<https://stokecommunitysupport.com/>) who we worked with until Phase 1 closed at the end of August 2020. Together we had supplied over 32,000 meals to in excess of 300 families across Guildford and Woking. This was a huge effort and would not have been possible without the input of all the volunteers and workers who worked tirelessly to support our local people.

Financial Review

Foodwise has seen a significant rise in turnover due to public and charitable donations responding to the COVID19 crisis. Foodwise is still supported by one main corporate group, which provides charitable donations to fund the activities of the Charity. This year donations from the public, Guildford Philanthropy (through Community Foundation for Surrey/National Emergency Trust), churches, private charities and Burpham Church in particular have seen our turnover increase substantially.

When one reflects on the events of March and April 2020, when life as we knew it was changed substantially, we realised that the cost of feeding so many families and producing some 1600 meals a week from four kitchens, plus buying specialist meals for allergy compliance, was to be around £5,000 per week. Therefore, we embarked on a fundraising campaign, which was successful. Much of the money raised in April 2020 was to be spent during phase 1 (by the end of August 2020) as we supported families, whilst the schools and many businesses were closed. Accordingly, the donations received in the second half of April 2020, directly in support the COVID19 response initiative which took place from May to August 2020, have been treated as deferred income on the balance sheet and will be recognised as income in the profit and loss account in 2020/21 to match the year of expenditure.

One of the consequences of COVID19 was that a whole new tier of families was to become susceptible to food poverty or insecurity, as many saw incomes drop due to furlough or redundancy. Pupil Premium families were already identified, but we had a whole new raft of families that needed support, but were not used to seeking assistance. The schools here were essential referrers and we reached out accordingly.

Total donations received in the year were £52,362 (2019 - £25,947) and expenditure on charitable activities was £41,307 (2019 - £24,262) generating a net income for the charity of £11,055 (2019 - £1,685). Capital expenditure of £7,944 in the year was for the purchase of blast chillers and freezers for safe storage of the meals prepared in the kitchens for the COVID19 response initiative.

The primary corporate donor has confirmed its willingness to maintain or increase its financial support again in the next financial year, to allow planned growth and has also restated its long-term support for the Charity, continuing to provide financial support for the foreseeable future.

The Charity sought to increase its reserves during this financial year, to reflect the increased size and scope of the charity and provide a buffer against any downturn in donations and safeguard its staff. A formal reserves policy is yet to be determined by the trustees.

Future Developments

2020 has been a transformational year for Foodwise. Three main core aims apply:

- To address Food insecurity and Poverty (courses, feeding families etc.)
- To address Holiday Hunger in school holiday periods (TLG or own resources)
- To support our activities and growth, by employing, empowering and educating our youth – see Post Balance Sheet Events below.

Foodwise (TLC) Limited
TRUSTEES' AND DIRECTORS' REPORT
For the Year Ended 30 April 2020 (continued)

Registered company no.: 09561460

Registered charity no.: 1164890

Post Balance Sheet Events

As a direct response to the impact of COVID19, Foodwise set up a subsidiary CIC (Community Interest Company) in October 2020. The Group now actively runs one Café (with more to open in 2021) and will employ young adults (18-24 years old) who are not in employment, education or training to empower them to learn and develop their skills for future employment. See www.neat2eat.care for more information. Costs of the CIC are not subsidised by the charity and a Resource Sharing Agreement will oversee the relationship between the two companies.

The long-term relationship with the Matrix Trust in Guildford has developed and Misty Bower, CEO of Matrix Trust, has joined the board of Neat2Eat CIC. Martin Vodden has joined the board of The Pavilion Hub CIC (a subsidiary of Matrix Trust). See www.matrixtrust.com

If you have a heart for serving your community, we would love to hear from you, as we need more supporters whether paid or as a volunteer to support our Food Coaches.

Structure, Governance and Management

Foodwise is incorporated as a company limited by guarantee and is governed by its memorandum and articles of association.

Trustees are appointed by a majority vote of the existing board of trustees. The trustees who served throughout the period and up to the date of signing the report and accounts were:

Name	Date of Appointment	Date of resignation
Martin Vodden (Chair)	26 April 2015	
Kay Clapp	26 April 2015	
Michelle Cupples	28 September 2015	

Sharon Vodden acted as Company Secretary throughout the year and continues in the role.

No trustee received any remuneration or expenses from the company during the year for acting as a trustee (2019 - £nil).

The registered address of the company and service address for the charity is:
3 The Grove, Chipperfield Road, Kings Langley, Hertfordshire, WD4 9JF

The trustees would like to thank all those that support and assist the charity in its endeavours, without which it could not provide the help that so many need.

Approved by the Board of Trustees and signed on its behalf on 15 January 2021 by



Martin Vodden
Chair of Trustees

Foodwise (TLC) Limited
INDEPENDENT EXAMINER'S REPORT
For the Year Ended 30 April 2020

Registered company no.: 09561460

Registered charity no.: 1164890

Independent Examiner's Report
to the Trustees of Foodwise (TLC) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2020.

Responsibilities and Basis of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

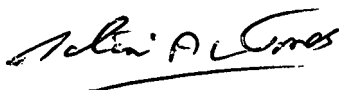
Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Martin Jones BSc ACA
9 Jersey Close
Guildford, Surrey, GU4 7FJ

16 January 2021

Foodwise (TLC) LimitedRegistered company number: **09561460****STATEMENT OF FINANCIAL ACTIVITIES**Registered charity number: **1164890****Including Summary Income and Expenditure Account**

For the Year Ended 30 April 2020

	£	2020 £	2019 £
INCOME			
Donations		52,362	25,947
Total Income		<u>52,362</u>	<u>25,947</u>
EXPENDITURE			
Charitable activities:			
Course delivery costs	31,211		14,982
Support costs	7,044		8,339
Governance costs	-		137
Depreciation	3,052		804
Total Expenditure		<u>41,307</u>	<u>24,262</u>
NET INCOME FOR THE YEAR		<u><u>11,055</u></u>	<u><u>1,685</u></u>

All the charity's income and expenditure and activities relate to unrestricted funds.

RECONCILIATION OF FUNDS

For the Year Ended 30 April 2020

	2020 Unrestricted Funds £	2019 Unrestricted Funds £
Balances b/f at 1 May	8,610	6,925
Net movement in funds for the year /(period)	11,055	1,685
Balances c/f at 30 April	<u><u>19,665</u></u>	<u><u>8,610</u></u>

The notes on page 9 form part of these accounts

Foodwise (TLC) Limited
BALANCE SHEET
As at 30 April 2020

Registered company number: **09561460**

Registered charity number: **1164890**

	Note	£	2020 £	2019 £
FIXED ASSETS				
Tangible fixed assets	2		6,104	1,212
Total fixed assets			<u>6,104</u>	<u>1,212</u>
CURRENT ASSETS				
Debtors and prepayments		20,971		-
Cash at Bank		59,483		7,798
Total current assets		<u>80,454</u>		<u>7,798</u>
CURRENT LIABILITIES				
Creditors (amounts falling due within one year)		6,072		400
Deferred income		60,821		-
Total current liabilities		<u>66,893</u>		<u>400</u>
NET CURRENT ASSETS			<u>13,561</u>	<u>7,398</u>
TOTAL NET ASSETS			<u>19,665</u>	<u>8,610</u>
FUNDS OF THE CHARITY				
Unrestricted Funds			<u>19,665</u>	<u>8,610</u>
			<u>19,665</u>	<u>8,610</u>

For the year ending 30 April 2020, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime.

The notes on page 9 form part of these accounts.

These financial statements were approved by the Board of Trustees on 15 January 2021 and were signed on behalf of all the trustees by



Martin Vodden
Chair of Trustees

Foodwise (TLC) Limited
NOTES TO THE ACCOUNTS
For the Year Ended 30 April 2020

Registered company number: 09561460

Registered charity number: 1164890

1 Accounting Policies

Basis of Preparation

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

Recognition of Income

Income is recognised when the charity has entitlement to the funds.

Depreciation

Items or sets of items with a cost exceeding £500 and an expected useful life exceeding one year are capitalised and depreciated on a straight line basis over their expected useful life which is estimated to be:

Kitchen utensils - 3 years
IT Equipment - 4 years
Freezers - 3 years

2 Tangible Fixed Assets

	Freezers £	IT Equipment £	Kitchen Utensils £	Total £
Cost				
At 1 May 2019	-	1,618	2,695	4,313
Additions	7,944	-	-	7,944
At 30 April 2020	7,944	1,618	2,695	12,257
Depreciation				
At 1 May 2019	-	406	2,695	3,101
Charge for the Year	2,648	404	-	3,052
At 30 April 2020	2,648	810	2,695	6,153
Net Book Value				
At 30 April 2020	5,296	808	-	6,104
At 30 April 2019	-	1,212	-	1,212

All tangible fixed assets are unrestricted.