

Company registered number: NI632577
Charity registered number: NIC104363

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

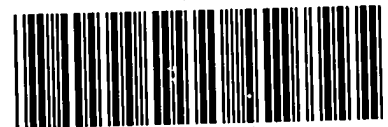
(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019



Tony Clarke
Clarke&Co. Accountants
53 Andersonstown Road
Belfast
BT11 9AG

THURSDAY



J8K03NM

JNI

19/12/2019

#110

COMPANIES HOUSE

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

CONTENTS	PAGE
Reference and administrative details of the charity, trustees and advisers	1
Annual Report of the Trustees	2-5
Independent Examiner Report	6-7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10-16

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

Trustees' Annual Report (Incorporating the Director's Report)

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The company was incorporated on 7 February 2002 and registered with the Charity Commission for Northern Ireland on 11 November 2014.

REFERENCE AND ADMINISTRATIVE DETAILS

Other Names

Tackling Awareness of Mental Health Issues is also known as TAMHI.

Registered Company number

NI0632577

Registered Charity number

NIC104363

Registered office

6 Kinnaird Street
Belfast
Northern Ireland
BT14 6BE

CHAIRPERSON

Ciara Brennan

TRUSTEES

Sharon Quinn

Jean McLaughlin

Ciara Brennan Chair

Paul Stephenson

Chris McArdle Treasurer

Patrick Doyle

Neil Privilege Appointed - 24/09/2018

Anthony Kerr Appointed - 24/09/2018

Colm Cullen Secretary Appointed - 24/09/2018

INDEPENDENT EXAMINER

Tony Clarke

Clarke&Co. Accountants
53 Andersontown Road
Belfast
BT11 9AG

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

Trustees' Annual Report (Incorporating the Director's Report)

The Trustees present their annual report together with the financial statements of TACKLING AWARENESS OF MENTAL HEALTH ISSUES for the 01 April 2018 to 31 March 2019. The Trustees confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practices (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015)

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2016 (Strategic Report and Director's Report) Regulations 2013 is not required.

Structure, Governance and Trustees

Tackling Awareness of Mental Health Issues ("TAMHI") which is registered as a charity with the Charity Commission for Northern Ireland, was incorporated as a company limited by guarantee in Northern Ireland, registration number NI42432, with the objective of undertaking charitable activities for the benefit of the inhabitants of Northern Ireland.

Objectives and Activities

The Charities objectives are to promote mental health and saving lives by:

- I. Providing or assisting in providing support, information, referral, signposting and other appropriate services to sports clubs/youth service providers that use sport to reduce incidence of suicide and self-harm.
- II. Raising awareness of the causes and effects of suicide and self-harm and other matters relating to poor mental health among sports clubs / youth service providers/ young people and staff.
- III. Promoting positive attitudes to mental health and helping improve the emotional wellbeing of people residing in the Greater Belfast area (the area of benefit).

Committee appointment

Trustees are appointed on a voluntary basis based on skill sets that can add value to the TAMHI board.

Main activities to further Public Benefit

Building on last year, TAMHI's activities have stayed focused on 4 key action areas as they form the basis of our strategic approach to mental health. The advancement of health and the advancement of sport underpin TAMHI's charitable objects. TAMHI has been at the forefront of grassroots engagement with clubs across Belfast and has connected with ones further afield who have been inspired by TAMHI's sport developmental approach.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

Trustees' Annual Report (Incorporating the Director's Report)

Main activities to further Public Benefit continued

North & West Belfast are TAMHI's main target areas and have the highest rates of suicide in Northern Ireland ("NI"); within Belfast the rate is 40% higher than the rest of NI. The latest NISRA Statistics show that North Belfast (the area the Charity is based) has the highest rate of suicide in NI, which is 3 times higher when compared to 3rd place West Belfast. TAMHI has also expanded projects into other parts of Northern Ireland.

TAMHI mainly operates in areas of high social deprivation with high rates of suicide; where there are social issues that contribute to poor mental health; drugs, gangs, drink, crime, low employment etc. TAMHI is working with clubs across Belfast through area based alliances to raise awareness of mental health and support them to put programmes in place which mitigate against the social issues that negatively impact on mental health and wellbeing.

i. Action Area 1. Core Community

"TAMHI will lead, co-ordinate and support investment applications for the delivery of grassroots mental health intervention programmes in the New Lodge area (of North Belfast).

We have delivered a lot of positive work in the wider North Belfast area through our 'Schools in the Community Project'; where we train up young leaders in 6th form post primary schools in a wide range of both accredited and vocational qualifications. Our model has proven to be so effective and so attractive that we now have a presence in all the post primary schools and 10 primary schools in the North Belfast area. Our Peer Led Education and Personal Development model underpinned by mental health awareness has really helped promote the charities work and inspire others to adopt our approach in various schools throughout NI.

ii. Action Area 2. Communities United Through Sport for Mental Health

TAMHI worked with a number of clubs and created a mental health toolkit, which has proved to be a huge achievement for the charity. On 1st September 2017 we launched the toolkit and the Irish Football Association ("IFA") were in attendance and heard about our work with clubs. As a result TAMHI became the main partner in the Irish FA's Ahead of the Game mental health programme. TAMHI helped co-design a toolkit and a mental health workshop and now supports the delivery of these across Northern Ireland.

iii. Action Area 3: TAMHI Training & Development

TAMHI has a number of training programmes aligned to the PHA Training Standards framework which is out for consultation; once agreed TAMHI through links with PHA will aim to have programmes reviewed; quality assured and ultimately ready to sell; due to a lack of government in NI; aspirations to tender has not yet materialised as no opportunities have been made available as yet. TAMHI will strive to have a tangible produce for sale and to develop a network of trainers to deliver throughout NI. We have demand for our services and are working hard to meet this demand.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

Trustees' Annual Report (Incorporating the Director's Report)

iv. Action Area 4: TAMHI Charity Development

We are part of the Sport NI Mental Health Steering Group working up and Action Plan for the whole of NI sport and we are working with University of Ulster who independently reviewed some of our work and concluded its positive impact and are keen to support more. As noted, we work with IFA and Inspire Wellbeing in a NI-Wide 'Ahead of the Game' campaign to encourage football clubs to champion mental health. We are also now part of the PHA Community of Interest group which gives us a platform for engagement with the health sector in NI.

Future Planning

TAMHI has a new 3 year programme Change Makers with Big Lottery coming online in 2020 which will form the main income of the year. Thanks to successful delivery of a wide range of projects in 2018/19 TAMHI secured more funding from a wide range of previous funders as they were impressed by the outcomes achieved within our programmes. We aim to review all our programmes and focus on the Clubs and Schools element of our work as that is where we see the most value and the most impact. Within the current challenging economic and uncertain environment and with a lack of local Government we remain positive and resilient and aim to continue our great work and hope to avail of opportunities that may present themselves that will enable us to grow and develop.

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

Financial Review

The results for the year ended 31 March 2019 are set out on pages 8 and 9 of the financial statements.

The total income for the year ended 31 March 2019 amounted to £178,341 (2018:£107,732).

The total expenditure was £162,949 (2018:£99,891)

The Trustees consider that the unrestricted funds of the charity is sufficient and adequate to fulfil their obligations. The charity held £34,545 in reserves at the year end (2018:£8,431).

Which equates to four months estimated running costs.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

Trustees' Annual Report (Incorporating the Director's Report)

Reserves Policy

The income of the Company is considered adequate and the risks associated with any significant reduction in income is regarded as unlikely. The Trustees are satisfied with the current level of reserves at the present time. The Trustees are reviewing the Reserves Policy in the current year.

Trustees' responsibilities statement

The Trustees (who are also directors of TAMHI for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standard (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the income resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transaction and disclose with reasonable accuracy at any time the financial position of the charitable company and the enable them to ensure that the financial statements comply with the Companies Act 2016. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TAMHI is a company limited by guarantee by its Memorandum and Articles of Association. Each members liability is limited to an amount not exceeding £1.

This report was approved by the Trustees, on 6.12.19 and signed on behalf by:



Chris McArdle

Trustee

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES.

I report on the financial statements of the company for the year ended 31 March 2019 which are set out on pages 8 to 16.

This report is made solely to the company's Trustees, as a body in accordance with section 65(3)(a) of the Charities Act Northern Ireland 2008 and regulations made under section 66 of the Act. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work of this report.

Respective responsibilities of trustees and examiner

As the company's Trustees (and also the directors of the company for the purpose of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the company is not subject to audit under company law, and is eligible for Independent examination.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Independent examiner's statement

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1 That accounting records were not kept in accordance with section 63 of the Charities Act
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of the Charities Act
- 4 That there is further information needed for a proper understanding of the accounts to be reached.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

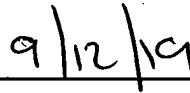
FOR THE YEAR ENDED 31 MARCH 2019

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES (continued)

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Tony Clarke
Clarke&Co. Accountants
53 Andersonstown Road
Belfast
BT11 9AG



Date:

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

		Unrestricted Funds	Restricted Funds	Year to 31-Mar-19 TOTAL	Year to 31-Mar-18 TOTAL
	Note	£	£	£	£
Income from:					
Donations and Legacies	2	-	-	-	8,475
Charitable Activities	3	33,471	144,870	178,341	99,257
Total Income		33,471	144,870	178,341	107,732
Expenditure on:					
Charitable Activities	5	6,088	156,861	162,949	99,891
Total Expenditure:		6,088	156,861	162,949	99,891
Net income/(Expenditure)		27,383	(11,991)	15,392	7,841
Transfers between funds		(1,269)	1,269	-	-
Net movement in funds		26,114	(10,722)	15,392	7,841
<u>Reconciliation of Funds</u>					
Total funds brought forward		8,431	17,863	26,294	18,453
Total Funds carried forward		34,545	7,141	41,686	26,294

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on page 10 to 16 form and integral part of these accounts

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS**FOR THE YEAR ENDED 31 MARCH 2019****BALANCE SHEET**
As at 31 March 2019

	Note	2019	2018
		£	£
Fixed Assets			
Tangible Assets		-	-
Current Assets			
Debtors	7	18,105	5,218
Cash at bank		24,564	21,076
		<u>42,670</u>	<u>26,294</u>
Liabilities			
Creditors: amounts falling due within one year	8	(984)	-
Net Current Assets		<u>41,686</u>	<u>26,294</u>
Net assets		<u><u>41,686</u></u>	<u><u>26,294</u></u>
Funds			
Restricted	12	7,141	14,870
Unrestricted	12	34,545	11,424
TOTAL FUNDS	12	<u><u>41,686</u></u>	<u><u>26,294</u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board directors on 6/2/19 and were signed

C. McArdle
Chris McArdle Director

The notes on page 10 to 16 form and integral part of these accounts

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS

1 Accounting policies

Charity information

TAMHI is a private company limited by guarantee incorporated in Northern Ireland. The registered office is: 187 Duncairn Gardens, Belfast, BT15 2GF.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS (continued)

1.4 Incoming resources (continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measure reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category.

The charity is below the charity audit threshold and therefore is exempt from reporting expenditure on an activity basis. The charity has opted to report by the nature of expenditure rather than on an activity basis.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS (continued)

1.8 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1.9 Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.10 Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS (continued)

2 Income from Donations and Legacies

	2019			2018
	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
	£	£	£	£
Sales & Donations	-	-	-	8,475
General	-	-	-	-
Totals 2019	-	-	-	8,475
Totals 2018	8,475	-	8,475	

3 Income from Charitable Activities

	2019			2018
	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
	£	£	£	£
Arn Foundation	-	8,128	8,128	-
Belfast City Council	-	7,275	7,275	9335
BSP - Active Partnership	-	-	-	8972
CFNI - Comic Relief Core	-	-	-	4000
Charity Activities	13,243	-	13,243	-
Clear Project	-	-	-	830
DfC	-	44,873	44,873	-
EBA	-	2,140	2,140	-
Education Authority	-	-	-	9,476
Fundraising Activities	16,028	-	16,028	4,064
Halifax Foundation	-	-	-	3,150
Inspire	-	-	-	500
John Moore Foundation	-	-	-	3,328
Limavady Community	-	-	-	4,329
Management Fees	-	-	-	1,024
Mural Fund Raiser	-	-	-	1,000
Newington Housing Association	-	800	800	289
PCSP/Belfast City Council	-	-	-	960
Peter Harrison Foundation	-	23,001	23,001	12,000
SADN	4,200	-	4,200	-
Santander	-	-	-	5,000
TBUC	-	19,453	19,453	-
Tudor Trust	-	31,000	31,000	31,000
Westlyn Foundation	-	8,200	8,200	-
Totals 2019	33,471	144,870	178,341	99,257
Totals 2018	5,087	94,169	99,257	

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS (continued)

4 Staff Costs and Numbers

	2019	2018
	£	£
Gross Wages and Salaries	31,486	31,300
	<u>31,486</u>	<u>31,300</u>

No employee received emoluments of more than £60,000 (2018: None)

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

2019	2018
Number	Number
<u>1</u>	<u>1</u>

5 Expenditure

	2019			2018
Charitable Activities	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
	£	£	£	£
Programme Costs	-	99,708	99,708	49,765
Wages & Salaries	764	33,423	34,186	31,300
Insurance	733	563	1,296	572
Marketing	1,040	-	1,040	409
Telephone	213	1,670	1,883	1,064
Bank Fee & Just Giving	520	-	520	308
Service Delivery	501	10,279	10,780	1,677
Vol Cost	1,799	-	1,799	2,951
Office Costs/ Admin Fee	-	7,190	7,190	9,699
Stationary & Postage	390	-	390	323
Travel & Subsistence	127	2,407	2,535	1,043
Accountancy Fees	-	1,620	1,620	780
Total 2019	6,088	156,861	162,949	99,891
Total 2018	9,792	90,099	99,891	

6 Trustees remuneration & expenses

During the year, no Trustees received any remuneration (2018 - £NIL).

During the year, no Trustees received any benefits in kind (2018 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2018 - £NIL).

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS**FOR THE YEAR ENDED 31 MARCH 2019****NOTES TO THE ACCOUNTS (CONTINUED)****7 Debtors**

	<u>2019</u>	<u>2018</u>
	£	£
Grants Receivable	18,105	5,218
	<u>18,105</u>	<u>5,218</u>

8 Creditors: amounts falling due within one year

	<u>2019</u>	<u>2018</u>
	£	£
Accruals & Deferred Income	984	-
Other Creditors	-	-
	<u>984</u>	<u>-</u>

9 Independent examiner's remuneration

The independent Examiner's remuneration amounts to an Independent Examination fee of £780 (2018 - £780)

10 Related party transactions

There were no related party transactions during the year.

11 Related party transactions

The charity is a private company limited by guarantee and consequently does not have capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

NOTES TO THE ACCOUNTS (continued)

12 Statement of funds - current year

	Balance at 1 April 2018	Income	Expense	Transfer in/out	Balance at 31 March 2019
	£	£	£	£	£
Restricted funds					
Belfast City Council	1,210	7,275	(7,622)	398	1,261
Peter Harrison Foundation	9,000	-	(9,338)	338	-
Clear Project	2,380	-	(2,380)	-	-
The Tudor Trust	779	31,000	(31,779)	-	-
Santander	848	-	(1,085)	237	-
John Moore Foundation	1,849	-	(1,644)	-	206
Halifax Foundation	1,796	-	(1,967)	171	-
EBA	-	2,140	(2,153)	13	-
TBUC	-	19,453	(19,363)	-	90
Westlyn Foundation	-	8,200	(4,745)	-	3,455
Arn Foundation	-	8,128	(6,800)	-	1,328
Newington HA	-	800	-	-	800
TEO Girdwood 4 All	-	23,001	(23,114)	113	-
DfC	-	44,873	(44,873)	-	-
Total restricted funds	17,862	144,870	(156,861)	1,269	7,141
Unrestricted funds					
General funds	8,431	33,471	(6,088)	(1,269)	34,545
Total Unrestricted funds	8,431	33,471	(6,088)	(1,269)	34,545
Total of funds - current year	26,293	178,341	(162,949)	-	41,685

13 Statement of fund - prior year

	Balance at 1 April 2017	Income	Expenditure	Transfer in/out	Balance at 31 March 2018
Total restricted funds	10,800	94,169	(87,107)	-	17,862
Total unrestricted funds	7,653	13,562	(12,785)	-	8,431
Total of funds - prior year	18,453	107,732	(99,891)	-	26,293