

1ST HEALTH PRODUCTS LTD

**Company Registration Number:
08088437 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st August 2014

End date: 31st July 2015

SUBMITTED

1ST HEALTH PRODUCTS LTD

Company Information for the Period Ended 31st July 2015

Director:	Martin Peter Atkinson Patrick John Kirby
Company secretary:	Martin Peter Atkinson
Registered office:	Unit 2 The Stables Lynx Business Park Colliers Green Goudhurst Cranbrook Kent TN17 2LR
Company Registration Number:	08088437 (England and Wales)

1ST HEALTH PRODUCTS LTD

Abbreviated Balance sheet As at 31st July 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets:	2	376	354
Total fixed assets:		<u>376</u>	<u>354</u>
Current assets			
Stocks:		7,875	11,107
Debtors:		5,976	13,812
Cash at bank and in hand:		2,318	4,927
Total current assets:		<u>16,169</u>	<u>29,846</u>
Creditors			
Creditors: amounts falling due within one year		8,369	23,986
Net current assets (liabilities):		<u>7,800</u>	<u>5,860</u>
Total assets less current liabilities:		8,176	6,214
Creditors: amounts falling due after more than one year:		9,450	11,901
Total net assets (liabilities):		<u>(1,274)</u>	<u>(5,687)</u>

The notes form part of these financial statements

1ST HEALTH PRODUCTS LTD

Abbreviated Balance sheet As at 31st July 2015 continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	3	2,500	2,000
Revaluation reserve:		9,750	6,399
Profit and Loss account:		(13,524)	(14,086)
Total shareholders funds:		<u>(1,274)</u>	<u>(5,687)</u>

For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 05 October 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: Martin Peter Atkinson

Status: Director

Name: Patrick John Kirby

Status: Director

The notes form part of these financial statements

1ST HEALTH PRODUCTS LTD

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historic cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008)

Turnover policy

Turnover represents net invoiced sales, excluding value added tax

Tangible fixed assets depreciation policy

Depreciation of fixed assets is calculated on the cost of the assets and depreciated on a straight line basis over the expected useful life: 10 years for office fixtures and fittings

1ST HEALTH PRODUCTS LTD

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

2. Tangible assets

	Total
Cost	£
At 01st August 2014:	535
At 31st July 2015:	535
Depreciation	
At 01st August 2014:	181
Charge for year:	0
Other adjustments	(22)
At 31st July 2015:	159
Net book value	
At 31st July 2015:	376
At 31st July 2014:	354

The depreciation charge for 2013-14 has been restated from £53 to £128. The 2015 charge of £22 brings the total depreciation back to an average annual charge of £53

1ST HEALTH PRODUCTS LTD

Notes to the Abbreviated Accounts for the Period Ended 31st July 2015

3. Called up share capital

Allotted, called up and paid

Previous period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2,000	1.00	2,000
Total share capital:			<u>2,000</u>
Current period			2015
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	2,500	1.00	2,500
Total share capital:			<u>2,500</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

