



Companies House
— for the record —

288a

Please complete in typescript,
or in bold black capitals.

CHFP000

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5712689

Company Name in full

ACTION PHYSIOTHERAPY LTD

Date of
appointment

Day Month Year
15 03 2006

†Date of
Birth

Day Month Year
27 07 1976

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME

*Style / Title

*Honours etc

Forename(s)

ANNEKE LIESBETH

Surname

WYMER

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985



†† Usual residential
address

Post town

43 KILWINNING DRIVE MONKSTON

County / Region

MILTON KEYNES

Postcode

MK10 9BW

Country

BUCKS

ENGLAND

†Nationality

DUTCH

†Business occupation

PHYSIOTHERAPIST

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / ~~secretary~~ of the above named company

Awymmer

Date

15/3/06

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Awymmer

Date

15/3/06

(**a director / ~~secretary~~ / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record

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harge



A12
COMPANIES HOUSE

49
17/03/2006

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.