



*Companies House*  
— for the record —

**363a<sub>(ef)</sub>**

**Annual Return**



**XK7O3AMB**

*Received for filing in Electronic Format on the: 11/06/2009*

*Company Name:* **FUTURE PERFECT HEALTH SOLUTIONS LIMITED**

*Company Number:* **04683899**

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### *Company Details*

*Period Ending:* **03/03/2009**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC codes:*

**9304**

*Registered Office  
Address:*

*Register of  
Members Address:*

*Register of Debenture  
Holders Address:*

**1 HILLSIDE COTTAGES  
MIDFORD  
BATH  
SOMERSET  
BA2 7EZ**

## *Details of Officers of the Company*

*Company Secretary 1:*

*Name:* **ETHEL LOUISA RUDDOCK**

*Address:* **11 ALTONA MANOR  
CHURCH ROAD  
HOLYWOOD  
N I**

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*Director 1 :*

*Name:* **JEREMY KEITH RUDDOCK**

*Address:* **1 HILLSIDE COTTAGES  
MIDFORD  
BATH  
BA2 7EL**

*Date of Birth:* **20/05/1975**

*Nationality:* **BRITISH**

*Occupation:* **FITNESS CONSULTANT**

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### *Share Capital*

*Issued Share Capital Details:*

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>1</b>	<b>GBP1</b>
<i>TOTALS</i>	<b>1</b>	<b>GBP1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 03/03/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

*Shareholding 1:*

**1 ORDINARY Shares held as at 03/03/2009**

*Name:*

**JEREMY KEITH RUDDOCK**

*Address:*

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*Authorisation*

*Authoriser Designation:* **director**

*Date Authorised:* **11/06/2009**

*Authenticated:* **Yes (E/W)**