REGISTERED NUMBER: 03790774

ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2010 FOR

APEX OFFICE INTERIORS LIMITED

THURSDAY

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21/10/2010 COMPANIES HOUSE

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APEX OFFICE INTERIORS LIMITED

COMPANY INFORMATION FOR THE YEAR ENDED 30 JUNE 2010

DIRECTORS:

G R Grylls S A Grylls

J R Grylls

SECRETARY:

G R Grylls

REGISTERED OFFICE:

579 Dunstable Road

Luton

Bedfordshire LU4 8QW

REGISTERED NUMBER:

03790774

ACCOUNTANTS:

Landers Accountants Ltd Church View Chambers

38 Market Square

Toddington Dunstable Bedfordshire LU5 6BS

ABBREVIATED BALANCE SHEET 30 JUNE 2010

		2010		2009	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	2		62,301		91,176
CLIDDENT ACCEPTO					
CURRENT ASSETS		10.260		10 502	
Stocks		19,269		18,583	
Debtors Challenge I and I also I		186,293		223,588	
Cash at bank and in hand		48,385		22,611	
		253,947		264,782	
CREDITORS		255,517		204,702	
Amounts falling due within one year	3	247,466		273,117	
,					
NET CURRENT ASSETS/(LIABILITI	ES)		6,481		(8,335)
moment is a surman a man an annual and					
TOTAL ASSETS LESS CURRENT			CO 700		00.041
LIABILITIES			68,782		82,841
CREDITORS					
Amounts falling due after more than one					
year	3		(1,631)		(14,469)
you	3		(1,051)		(14,402)
PROVISIONS FOR LIABILITIES			-		_(1,711)
NET ASSETS			67,151		66,661
					

ABBREVIATED BALANCE SHEET - continued 30 JUNE 2010

		2010		2009	
	Notes	£	£	£	£
CAPITAL AND RESERVES					
Called up share capital	4		71		73
Capital redemption reserve			33		31
Profit and loss account			67,047		66,557
SHAREHOLDERS' FUNDS			67,151		66,661

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2010

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2010 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 3 September 2010 and were signed on its behalf by

G R Grylls - Director

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2010

ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

1

Turnover represents net invoiced sales of goods, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter

Plant and machinery - 20% on cost Equipment - 33% on cost Motor vehicles - 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability

Assets held under hire purchase agreements are capitalised and disclosed under tangible fixed assets at their fair value. The capital element of the future payments is treated as a liability and the interest is charged to the profit and loss account on a straight line basis.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate

NOTES TO THE ABBREVIATED ACCOUNTS - continued FOR THE YEAR ENDED 30 JUNE 2010

1 ACCOUNTING POLICIES - continued

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2 TANGIBLE FIXED ASSETS

	Total
COST	£
At 1 July 2009	239,883
Additions	5,737
Disposals	(3,165)
At 30 June 2010	242,455
DEPRECIATION	
At 1 July 2009	148,705
Charge for year	34,614
Eliminated on disposal	(3,165)
At 30 June 2010	180,154
NET BOOK VALUE	
At 30 June 2010	62,301
A+ 20 I.ma 2000	01 170
At 30 June 2009	91,178

3 CREDITORS

Creditors include an amount of £40,428 (2009 - £57,462) for which security has been given

4 CALLED UP SHARE CAPITAL

Allotted, 188	ued and fully paid			
Number	Class	Nominal	2010	2009
		value	£	£
70	Ordinary A	£1	70	70
1	Ordinary B	£1	1	3
(2009 - 3)				
,				
			71	73
			===	

NOTES TO THE ABBREVIATED ACCOUNTS - continued FOR THE YEAR ENDED 30 JUNE 2010

5 RELATED PARTY DISCLOSURES

At the balance sheet date the directors had a combined directors loan account of £26,745 (2009 - £29,749) owed to them

Rent of £29,000 (2009 - £29,000) was paid to the pension scheme of which Mr S Grylls and Mr G Grylls are joint controlling parties