

Registration number 03844187

Ben Nock Limited

Abbreviated accounts

for the year ended 31 January 2009

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COMPANIES HOUSE

Ben Nock Limited

**Abbreviated balance sheet
as at 31 January 2009**

		2009		2008	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	2		-		5,884
Current assets					
Stocks		-		6,500	
Debtors		529,627		301,611	
Cash at bank and in hand		56,736		74,909	
		586,363		383,020	
Creditors: amounts falling due within one year		(148,471)		(110,779)	
Net current assets			437,892		272,241
Net assets			437,892		278,125
Capital and reserves					
Called up share capital	3		2		2
Profit and loss account			437,890		278,123
Shareholders' funds			437,892		278,125

The directors' statements required by Section 249B(4) of the Companies Act 1985 are shown on the following page which forms part of this balance sheet.

The notes on pages 3 to 4 form an integral part of these abbreviated accounts.

Ben Nock Limited

Abbreviated balance sheet (continued)

**Directors' statements required by Section 249B(4) of
the Companies Act 1985 for the year ended 31 January 2009**

In approving these abbreviated accounts as directors of the company we hereby confirm:

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 249A(1) of the Companies Act 1985;
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 249B(2) requesting that an audit be conducted for the year ended 31 January 2009; and
- (c) that we acknowledge our responsibilities for:
 - (1) ensuring that the company keeps accounting records which comply with Section 221; and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 226 and which otherwise comply with the provisions of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The abbreviated accounts were approved by the board on 21/10/09 and signed on its behalf by

B D Nock

B D NOCK
Director

R J Nock

R J NOCK
Director

The notes on pages 3 to 4 form an integral part of these abbreviated accounts.

Ben Nock Limited

Notes to the abbreviated accounts for the year ended 31 January 2009

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Plant and machinery - 15% reducing balance

1.4. Stock

Stock is valued at the lower of cost and net realisable value.

1.5. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. Fixed assets

Tangible assets £

Cost

At 1 February 2008

6,922

Disposals

(6,922)

At 31 January 2009

-

Depreciation

At 1 February 2008

1,038

On disposals

(1,038)

At 31 January 2009

-

Net book values

At 31 January 2009

-

At 31 January 2008

5,884

Ben Nock Limited

Notes to the abbreviated accounts for the year ended 31 January 2009

..... continued

3. Share capital	2009 £	2008 £
Authorised		
1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>
Allotted, called up and fully paid		
2 Ordinary shares of £1 each	<u>2</u>	<u>2</u>

4. Transactions with directors

The following directors received a loan during the year. This loan bore interest at a commercial rate. The balance on this loan is as follows:

	Amount owing		Maximum
	2009	2008	in year
	£	£	£
Mr B D and Mrs R J Nock	<u>382,777</u>	<u>-</u>	<u>382,777</u>