

BODY AND SOLE HEALTHCARE LIMITED

**Company Registration Number:
SC358847 (Scotland)**

Unaudited micro entity accounts for the year ended 31 December 2019

Period of accounts

Start date: 01 January 2019

End date: 31 December 2019

BODY AND SOLE HEALTHCARE LIMITED

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BODY AND SOLE HEALTHCARE LIMITED

Company Information

for the Period Ended 31 December 2019

Registered office:

C/O 55
Kettil'stoun Mains
Linlithgow
EH49 6SH

Company Registration Number:

SC358847 (Scotland)

BODY AND SOLE HEALTHCARE LIMITED

Balance sheet

As at 31 December 2019

	<i>2019</i> <i>£</i>	<i>2018</i> <i>£</i>
FixedAssets:	4,607	5,635
Current assets:	683	399
Prepayments and accrued income:	5,702	8,080
Creditors: amounts falling due within one year:	(2,782)	(2,231)
Net current assets (liabilities):	3,603	6,248
Total assets less current liabilities:	8,210	11,883
Creditors: amounts falling due after more than one year:	(5,868)	(9,982)
Total net assets (liabilities):	2,342	1,901
Capital and reserves:	2,342	1,901

BODY AND SOLE HEALTHCARE LIMITED

Balance sheet continued

For the year ending 31 December 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 16 August 2020

And Signed On Behalf Of The Board By:

Name: Emma McConnachie

Status: Director

The notes form part of these financial statements

BODY AND SOLE HEALTHCARE LIMITED

Footnotes to the Financial Statements

for the Period Ended 31 December 2019

1. Employee Information

Average number of employees: 3

BODY AND SOLE HEALTHCARE LIMITED

Footnotes to the Financial Statements

for the Period Ended 31 December 2019

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.