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**BRANDON CENTRE  
FOR COUNSELLING AND  
PSYCHOTHERAPY  
FOR YOUNG PEOPLE**

**REPORT AND FINANCIAL STATEMENTS  
for the year ended  
31st March 2004**

**SUSAN FIELD  
CHARTERED ACCOUNTANT**

**NEPTUNE HOUSE  
70 ROYAL HILL  
LONDON SE10 8RF**



A60  
COMPANIES HOUSE

\*A12CQX1U\*

0476  
23/07/04

## BRANDON CENTRE FOR COUNSELLING AND PSYCHOTHERAPY FOR YOUNG PEOPLE

### Registered Address:

26 Prince of Wales Road, Kentish Town,  
London NW5 3LG  
Tel: 020 7267 4792  
Fax: 020 7267 5212  
E mail: [reception@brandon-centre.org.uk](mailto:reception@brandon-centre.org.uk)  
Web site: [www.brandon-centre.org.uk](http://www.brandon-centre.org.uk)

Registered Charity No: 290118

Company Limited by Guarantee No: 1830241

### HONORARY PATRON

Brandon Cadbury

### COUNCIL OF MANAGEMENT

**John Cape** (Chair)

Manager Psychology and Psychotherapy Services Camden and Islington  
Community Health Services NHS Trust

**Richard Taffler** (Honorary Treasurer)

Head of Finance and Accounting Group, Cranfield School of Management

**Dolores Currie**

Head of Bid Management, British Telecom

**Anna Higgitt**

Consultant Psychiatrist, Department of Health

**Trudy Klauber**

Consultant Child and Adolescent Psychotherapist, Tavistock Clinic

**Danielle Mercey**

Senior Lecturer, Department of STDs, UCL Medical School

**Yemi Oloyede**

Adult Psychotherapist/ Service Manager,

North West London Mental Health Trust

**Jane Roberts**

London Borough of Camden Representative

**Olivia Tatton Brown**

Educational Psychologist

**Basil Tyson**

Broker Consultant, Prudential; Magistrate, London Borough of Haringey

### HONORARY CONSULTANT CHILD AND ADOLESCENT PSYCHIATRIST

Dr Guinevere Tuffnell

### Open:

Monday, Wednesday: 9:30am-8:00pm

Tuesday, Thursday,

Friday: 9:30am-5:00pm

### THE STAFF

#### Director

Geoffrey Baruch

#### Doctors

Veronique Moens

Caroline Hastrop

Helen Montgomery

#### Nurse

Judith Miller

#### Psychotherapists

Olivia Amiel

Sally Barker

Nicola Cloutman

Rumman Hoque

George Mak Pearce (until 30 April 2003)

Caroline May

Rael Meyerowitz

James Rose

#### Child Psychotherapists

Zora Radonic

David Trevatt

Tony Lee (trainee)

#### Multisystemic Therapists

Charles Wells (Supervisor)

Jacqueline Cannon

Danella Gorenstein

Madeleine Manning

#### Administration

Joanna Brett

Sarah Charlton

Caroline Moore

Angela Parkes

Julie Philpott

Alison Webster (until 30 June 2003)

Katarina Wright

#### Bankers

Barclays Bank plc  
Islington and Camden  
Business Centre  
PO BOX 3474  
London NW1 7NQ

#### Legal Advisers

Bindman & Partners  
Solicitors  
257 Gray's Inn Road  
London WC1X 8QF

#### Auditors

Susan Field  
Chartered Accountant  
Neptune House  
70 Royal Hill  
London SE10 8RF

**Report and Financial Review  
for the year ended 31st March 2004**

**Introduction**

The Council of Management has pleasure in submitting its Annual Report for 2003/04.

The Brandon Centre was formerly The London Youth Advisory Centre which was founded in 1968. It was registered as a charity and incorporated as a company in 1984. The names of the members of the Council of Management at 31st March 2004 are set out on page 1. The objectives and activities of the company are governed by its Memorandum and Articles of Association.

**Objectives of the Charity**

The principal objective of the Brandon Centre is to maintain and develop an accessible and flexible professional service in response to the psychological, medical, sexual and social problems of young people aged 12 to 25 years. It aims to relieve distress, mobilise personal resources and facilitate growth in adolescents towards responsibility and self-fulfilment. Furthermore, it aims to prevent or alleviate suffering caused by unwanted pregnancy and by mental ill health, psychological disturbance and maladaptation in adult and future family relationships.

**Principal Activities**

The Brandon Centre's service extends to a wide range of adolescent problems. There is a particular medical provision for contraceptive, pregnancy and psychosexual difficulties. The work of the Centre covers four main activities; psychotherapy and medical counselling; the provision of information for both young people and professionals; research and evaluation; and consultation and teaching.

The core services of the Centre—contraception, information and psychotherapy—continue to thrive. More young people are benefiting and the comments from young people on the Centre's satisfaction questionnaire are overwhelmingly positive about the help they have received.

Demand for the contraceptive and sexual health service continues to rise. Over 1000 young people were seen by the two doctors and nurse in this last year. Chlamydia screening is routinely offered in addition to other services. The staff's educational outreach work with schools and youth organisations has increased awareness and has led to an increased number of young men being seen for screening and treatment.

The Centre's psychotherapists and psychologists continue to meet the needs of young people with a range of emotional and mental health problems through both rapid response six-session psychotherapy and longer-term weekly psychotherapy. Outreach projects supplement the core psychotherapy services. For example, the partnership project with London City YMCA provides psychotherapy to young people aged 16 to 21 years at the Drum, a youth project, in a convenient location in South Islington.

A major new initiative this year has been the provision of multisystemic therapy to young offenders in partnership with Haringey Youth Offending Service and Camden Youth Offending Service. The young people and their families are seen intensively by a therapist at home. The therapist involves schools, peer groups and other community agencies in helping support the young person and their families. The multisystemic therapy is being evaluated in a randomised controlled trial in conjunction with University College London. This major project builds on the Centre's previous work with Haringey Youth Offending Service and its previous treatment and evaluation of therapy with young offenders.

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FOR COUNSELLING AND PSYCHOTHERAPY  
FOR YOUNG PEOPLE**

**Council of Management Report cont/**

Partnership with other voluntary organisations and with local statutory services is integral to the Centre's activities. The contraceptive and sexual health service now has links with the contraceptive and sexual health services of Camden Primary Care Trust. The psychotherapy service has a joint project with the Women's Therapy Centre, with Chalcot EBD School and Richard Cloudesley School.

The Centre continues to be committed to evaluating the services it provides and to being open to external inspection and review. Following an inspection this year, the Centre is now registered with the National Care Standards Commission. This follows the previous year's favourable review visit by the Charity Commission. Examples of our internal audit and evaluation of the Centre's services run through this Annual Report. Publishing these evaluations in peer reviewed journals provides external scrutiny as well as setting an example to others in statutory and non-statutory services of how to evaluate and improve services.

The Centre is fortunate in having a dedicated and loyal staff, led by Geoffrey Baruch, who has now completed 12 years as Director. Their hard work and skill in meeting the challenges of increasingly demanding problems are an inspiration to the Council of Management.

We are very grateful for the continued support of Camden and Islington Primary Care NHS Trusts, Association of London Government, the Department of Health, the London Borough of Camden, the Youth Justice Board and for the generosity of a number of Charitable Trusts and Corporations, without whom the Centre would be unable to respond to the mental health needs and contraceptive requirements of young people seeking help.

**Financial Review**

As shown by the Statement of Financial Activities, total incoming resources for the year to 31st March 2004 amounted to £710,000, including capital grants, and expenditure totalled £699,000. As in previous years, the Centre has benefited from the financial support of health and local authorities, charitable trusts and corporate donors, for which we are extremely grateful.

Direct project expenditure amounted to £656,000. This was a 41% increase over the previous year, representing a significant growth in the level of our activity and service provision. Expenditures on the Centre's Contraception, Psychotherapy and Advice and Information activities totalled £182,000 and multisystemic therapy £326,000. The balance was applied to the Centre's other various Mental Health projects.

Total Fund balances at 31st March 2004 were £501,000 of which £236,000 was the Capital Reserve which represents the cost of funding the property in North West London where the Brandon Centre carries on its activities. A further £70,000 is the Brandon Centre's Development Fund which is designated as a long-term contingency fund as described in more detail in the notes to the accounts. The remaining balance of £195,000 consists of £49,000 restricted funds which relate to the various activities of the Brandon Centre together with an unrestricted funds balance of £146,000.

The Brandon Centre's financial position at 31st March 2004 remains sound. However, future income from grants and donations will continue to be essential for the ongoing development and expansion of the Centre's activities.

**BRANDON CENTRE  
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**Council of Management Report cont/**

**Risk Analysis**

In order to comply with the Statement of Recommended Practice for Charity Accounts (SORP 2000) a review of the major risks to which the Charity is exposed and the systems that have been established to mitigate those risks was carried out by the Honorary Treasurer and Director, in consultation with the Auditor. The review initially considered external factors. Changes in social policy, overall public spending, the standing of child and adolescent mental health services and legislation were identified as potential areas of risk. Potential problems of human resources and infrastructure at the Centre were also considered in this review which found that there were already systems in place to mitigate the possible impact of the majority of risks identified. Based on the report's recommendations areas of potential vulnerability were addressed and rectified. This will be monitored on an ongoing basis and further systems will be implemented to mitigate any new risks identified.

**Reserves Policy**

As a reserves policy, The Council of Management has agreed that there should be three months running costs, sufficient funds to make redundancy payments should the organisation be forced to close and a contingency sum of £10,000.

**Legal Status**

Brandon Centre for Counselling and Psychotherapy for Young People is a company limited by guarantee, number 1830241, and therefore has no share capital, and is also a registered charity, number 290118.

**Statement of Council of Management's Responsibilities**

Company law requires the Council of Management to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company and of the incoming and outgoing resources of the company for that period. In preparing those financial statements the Council of Management are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Council of Management are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The Council of Management confirm that the financial statements comply with current statutory requirements, the requirements of the charity's governing document and the requirements of SORP.

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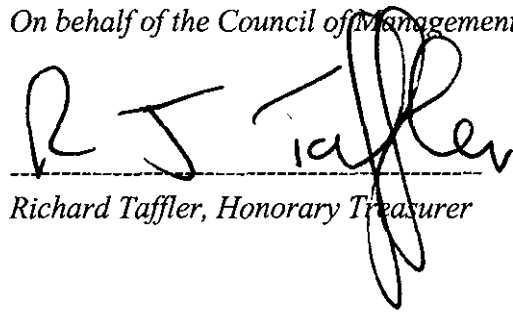
**Council of Management Report cont/**

**Auditor**

A resolution to re-appoint Susan Field, Chartered Accountant as the Auditor of the Company will be proposed at the Annual General Meeting.

This report, which has been prepared in accordance with the special provisions of part VII of the Companies Act 1985, applicable to small companies was approved by the Board on 15th July 2004 and signed on its behalf.

*On behalf of the Council of Management,*

A handwritten signature in black ink, appearing to read 'R J Taffler', is written over a horizontal dashed line. The signature is stylized and cursive.

*Richard Taffler, Honorary Treasurer*

### **Independent auditors' report to the members of The Brandon Centre**

I have audited the financial statements of The Brandon Centre for the year ended 31st March 2004. These financial statements on pages 6 to 16 have been prepared under the historical cost convention and the accounting policies set out on page 9.

This report is made solely to the charitable company's Council of Management, as a body, in accordance with Section 235 of the Companies Act 1985. My audit work has been undertaken so that I might state to the charitable company's Council of Management those matters I am required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charitable company and the charitable company's Council of Management as a body, for my audit work, for this report, or for the opinions I have formed.

### **Respective responsibilities of trustees and auditors**

The Council of Management (who are also the directors of The Brandon Centre for the purpose of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom accounting standards are set out in the Statement of Council of Management's Responsibilities on page 4.

My responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards.

I report to you my opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. I also report to you if, in my opinion, the Council of Management's Annual Report is not consistent with the financial statements, if the charitable company has not kept proper accounting records, if I have not received all of the information and explanations I require for my audit, or if information specified by law regarding council members' remuneration and transactions with the charitable company is not disclosed.

I read other information contained in the Council of Management's Annual Report, and consider whether it is consistent with the audited financial statements. I consider the implications for my report if I become aware of any apparent misstatements or material inconsistencies with the financial statements. My responsibilities do not extend to any other information.

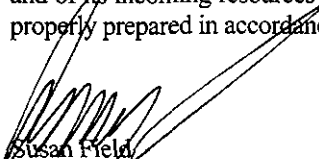
### **Basis of audit opinion**

I conducted my audit in accordance with United Kingdom Auditing Standards issued by the Auditing Practices Board. An audit includes an examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the council members in the preparation of the financial statements and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

I planned and performed my audit so as to obtain all the information and explanations which I considered necessary in order to provide me with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming my opinion I also evaluated the overall adequacy of the presentation of information in the financial statements.

### **Opinion**

In my opinion the financial statements give a true and fair view of the state of the charitable company's affairs as at 31st March 2004 and of its incoming resources and application of resources, including its income and expenditure for the year then ended and have been properly prepared in accordance with the Companies Act 1985.

  
Susan Field  
Registered Auditor  
Neptune House  
70 Royal Hill  
London  
SE10 8RF

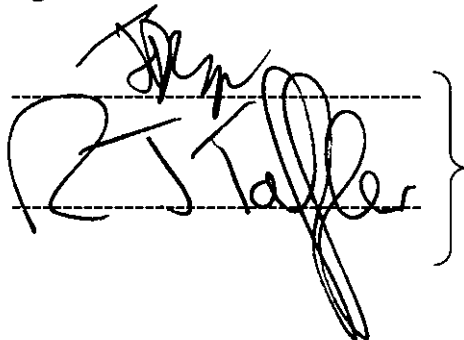
Date 19<sup>th</sup> July 2004

**BRANDON CENTRE  
FOR COUNSELLING AND PSYCHOTHERAPY  
FOR YOUNG PEOPLE**

Balance Sheet  
as at  
31st March 2004

	<u>2004</u>		<u>2003</u>
	£	£	£
<b><u>Fixed Assets</u></b>			
Freehold property (Note 2)	236092		233172
Fixtures and fittings (Note 3)	9503		11879
<b><u>Current Assets</u></b>			
Cash at bank - current accounts	20303		10594
- deposit accounts	267085		250728
Cash in hand	98		262
Debtors and prepayments	<u>2878</u>		<u>1769</u>
	290364		263353
<b><u>Less: Creditors</u></b> - Amounts falling due within one year: (Note 4)	<u>34951</u>		<u>18054</u>
Net Current Assets	<u>255413</u>		<u>245299</u>
<b>Net Assets</b>	<u>501008</u>		<u>490350</u>
<b>Represented By:</b>			
Capital reserve (Note 2)	236092		233172
Development fund (Note 5)	69936		63152
Restricted Funds (Note 11)	48750		38197
Unrestricted Funds	<u>146230</u>		<u>155829</u>
	<u>501008</u>		<u>490350</u>

These financial statements, which have been prepared in accordance with the special provisions of part VII of the Companies Act 1985 applicable to small companies were approved by the Board on 15th July 2004 and signed on its behalf.



Member of the Council of Management



**BRANDON CENTRE  
FOR COUNSELLING AND PSYCHOTHERAPY  
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Income and Expenditure Account  
for the year ended  
31st March 2004

	<u>2004</u> £	<u>2003</u> £
<b><u>Income receivable</u></b>		
Grants receivable (Note 6 & 7)	695838	533326
Sundry income (Note 7 & 8)	<u>4044</u>	<u>4366</u>
	<u>699882</u>	<u>537692</u>
 <b><u>Less Expenditure (Notes 9 &amp; 10)</u></b>		
Direct charitable expenditure	690811	488159
Fundraising & administration	<u>8661</u>	<u>26635</u>
	<u>699472</u>	<u>514794</u>
 Operating surplus / (deficit)	410	22898
 Interest received (Note 8)	<u>10248</u>	<u>10226</u>
Surplus for the year	<u>10658</u>	<u>33124</u>
 <b><u>Statement of other recognised gains and losses</u></b>		
Surplus for the year	10658	33124
Capital grants received	<u>-</u>	<u>-</u>
	<u>10658</u>	<u>33124</u>

**BRANDON CENTRE  
FOR COUNSELLING AND PSYCHOTHERAPY  
FOR YOUNG PEOPLE**  
Statement of Financial Activities  
for the year ended 31st March 2004

	<u>2004</u>				<u>2003</u>
	<u>Capital Reserve</u>	<u>Development Fund</u>	<u>Restricted Fund</u>	<u>Unrestricted Fund</u>	<u>Total</u>
<b><u>Incoming Resources</u></b>					
Donations, legacies and similar incoming resources (Note 6)	-	-	587230	32914	620144
Income from operating activities in furtherance of Charity's objects (Note 7)	-	-	75694	35	75729
Investment income (Note 8)	-	9704	-	4553	14257
<b>TOTAL INCOMING RESOURCES</b>	-	<u>9704</u>	<u>662924</u>	<u>37502</u>	<u>710130</u>
					<b>547918</b>
<b><u>Resources Expended (Notes 9 &amp; 10)</u></b>					
Cost of generating funds	-	-	-	-	17845
Charitable expenditure:					
- costs of activities in furtherance of charity's objects	-	-	655810	35001	690811
- managing and administering the Charity	-	-	-	8661	8790
<b>TOTAL RESOURCES EXPENDED</b>	-	-	<u>655810</u>	<u>43662</u>	<u>699472</u>
					<b>514794</b>
<b>NET INCOMING RESOURCES</b>	-	<u>9704</u>	<u>7114</u>	<u>(6160)</u>	<b>33124</b>
Transfer Between Funds	<u>2920</u>	<u>(2920)</u>	<u>3439</u>	<u>(3439)</u>	-
	<u>2920</u>	<u>6784</u>	<u>10553</u>	<u>(9599)</u>	<u>33124</u>
<b>FUND BALANCES BROUGHT FORWARD AT 1ST APRIL 2003</b>	<u>233172</u>	<u>63152</u>	<u>38197</u>	<u>155829</u>	<u>457226</u>
<b>FUND BALANCES CARRIED FORWARD AT 31ST MARCH 2004</b>	<u>£236092</u>	<u>£69936</u>	<u>£48750</u>	<u>£146230</u>	<b>£490350</b>

There were no recognised gains or losses in the year, other than those referred to above.  
All of the charitable company's activities are continuing.

**BRANDON CENTRE  
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Notes to the Accounts  
for the year ended  
31st March 2004

**1. Principal Accounting Policies**

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charitable company's accounts.

**(a) Basis of accounting**

The accounts have been prepared in accordance with applicable accounting standards and under the historical cost accounting rules, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities issued in October 2000.

**(b) Depreciation**

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated so as to write off the book value of the Furniture and Equipment over the expected useful lives of the assets concerned. The annual rate used for this purpose is 33% straight-line basis.

The freehold property is not depreciated as the Council of Management consider that both the current and residual values of the property are at least equal to the carrying amount which is cost of acquisition.

**(c) Grants and other income**

Grants received which are for specific revenue funding are treated as restricted funds and recognised in the Statement of Financial Activities in accordance with the Statement of Recommended Practice for Charities. Grants specifically towards the cost of the property have been taken to the Capital Reserve Account. Other grants are taken to income in the year of receipt as unrestricted funds. Clinic fees and rent receivable are taken to income on an accruals basis.

**(d) Allocation of Costs**

Expenditure directly incurred by the projects is allocated to those projects. Staff costs are allocated to projects on the basis of staff time spent on those projects on a fair and reasonable basis.

Items of expenditure which involve more than one project are apportioned on a reasonable, justifiable and consistent basis to the cost categories involved.

**(d) Small company exemptions**

The company has taken advantage of the exemption in Financial Reporting Standard No 1 from producing a cash flow statement on the grounds that it is a small company.

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Notes to the Accounts  
for the year ended  
31st March 2004

**2. Freehold Property**

The freehold property, 26 Prince of Wales Road, London, NW5, was acquired in April 1983 at a cost of £35,559. Donations were received towards the cost of the premises and a Capital Reserve Account was established to separate these funds from the General Revenue Reserve. An extension to the building was subsequently added and further donations were received and placed to the credit of the Capital Reserve Account. The balance on this account equals the cost of the property. The asset is stated at cost, and is used for charitable purposes.

	<u>2004</u>	<u>2003</u>
Cost at 1st April	233172	153973
Building Extension:		
Transfer from Development Fund	<u>2920</u>	<u>79199</u>
Cost at 31st March	£ <u>236092</u>	£ <u>233172</u>

**3. Fixtures and Fittings (used for Charitable purposes)**

	<u>2004</u>	<u>2003</u>
<u>Cost</u>		
At 1 April	68813	59866
Additions	<u>5937</u>	<u>8947</u>
At 31st March	£ <u>74750</u>	£ <u>68813</u>
<u>Depreciation</u>		
At 1st April	56934	48187
Charge for the year	<u>8313</u>	<u>8747</u>
At 31st March	£ <u>65247</u>	£ <u>56934</u>
<u>Net book value</u>		
At 31st March 2004	£ <u>9503</u>	£ <u>11879</u>

**4. Creditors and Accruals**

	<u>2004</u>	<u>2003</u>
Expense Creditors	3927	-
Pensions	-	1609
Tax and National Insurance	15336	12040
Deferred Income	13807	2877
Accruals	<u>1880</u>	<u>1528</u>
	£ <u>34950</u>	£ <u>18054</u>

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Notes to the Accounts  
for the year ended  
31st March 2004

**5. Development Fund**

The extension to the freehold property (see note 2) had been fully funded in previous years and on completion Brandon Cadbury and associated trusts generously agreed that sums previously earmarked for the extension could be retained to create a Development Fund for the longer term benefit of the Centre. In line with this, it is the policy of the Brandon Centre to reserve this fund, firstly for any major capital works that may arise, secondly as a contingency fund to enable the Centre to continue to meet existing commitments at times of shortfall in income and thirdly to pump prime innovative projects, but this only to the extent that the fund will still be able to meet the two previously mentioned objectives. The money is invested and the interest accruing thereon is added to the fund on a year to year basis. The movements in the fund are set out below:

	<u>2004</u>	<u>2003</u>
Balance at 1st April	63152	135356
Interest Received	9704	10226
Expended during the year	-	(3231)
Transfer to Capital Reserve	<u>(2920)</u>	<u>(79199)</u>
Balance as at 31st March	<u>£69936</u>	<u>£ 63152</u>

**6. Donations, Legacies & Similar Incoming Resources**

	<u>2004</u>	<u>2003</u>
London Borough of Camden	47560	46232
Department of Health	43000	103580
Association of London Government	24855	24855
Haringey Council	15000	-
Youth Justice Board	20996	20243
Donations and fund raising activities	<u>468733</u>	<u>264571</u>
	<u>£620144</u>	<u>£459481</u>

The Brandon Centre for Counselling and Psychotherapy for Young People received a grant of £24,855 in the year from the Association of London Government. This was used for the purpose of contributing to the salaries and running costs of the staff responsible for the Information and Advice service on mental health, contraception and sexual health for young Londoners which the Brandon Centre provides.

**7. Income From Operating Activities In Furtherance Of Charity's Objects**

	<u>2004</u>	<u>2003</u>
Camden Primary Care Trust	61601	36923
Islington Primary Care Trust	14093	36922
Other Income	<u>35</u>	<u>508</u>
	<u>£75729</u>	<u>£74353</u>

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Notes to the Accounts  
for the year ended  
31st March 2004

**8. Investment Income**

	<u>2004</u>	<u>2003</u>
Rent receivable	4009	3858
Interest Receivable	<u>10248</u>	<u>10226</u>
	<u>£14257</u>	<u>£14084</u>

**9. Staff Costs**

No employee earned more than £50,000 during the year, except one employee who earned over £50,000 but less than £75,000. The aggregate payroll costs of these persons were as follows:

	<u>2004</u>	<u>2003</u>
Pension Contributions	7696	7944
Wages and salaries	516127	393134
Social security costs	<u>39167</u>	<u>34874</u>
	<u>£562990</u>	<u>£435952</u>
Allocated:		
Cost of activities in furtherance of the charity's objects	557863	416317
Cost of generating funds	-	13845
Management and administration	<u>5127</u>	<u>5790</u>
	<u>£562990</u>	<u>£435952</u>

The average number of employees being remunerated by the company during the year was 23 (2003-20).

	<u>2004</u>	<u>2003</u>
Cost of Activities in furtherance of the charity's objects	22	18
Cost of generating funds	-	1
Management and administration	<u>1</u>	<u>1</u>
	<u>23</u>	<u>20</u>

The charitable company contributes to the personal pension plans of its employees. These are defined contributions pension plans. The pension costs charged represent contributions paid by the charitable company.

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Notes to the Accounts  
for the year ended  
31st March 2004

**10. Resources Expended(Excluding Salaries)**

	<u>2004</u>	<u>2003</u>
MST Expenses	53588	-
Medical supplies	16767	8944
Travel & subsistence	392	2631
Recruitment advertising	2096	7004
Printing, postage & stationery	8468	10116
Light & heat	1271	1182
Rates & water rates	175	555
Telephone, ansafone rental & fax	6845	4992
Audit fee	2233	1528
Repairs & renewals	8893	11789
Insurance	6591	3249
Professional fees	1057	3522
Depreciation	8313	8748
Household expenses & sundries	2620	1962
Subscriptions, books, pamphlets etc	3294	2211
Courses & conferences	1072	1466
Staff Expenses	8199	4438
Equipment Purchased	2160	-
Sundry expenses	<u>2448</u>	<u>4505</u>
	<u>£136482</u>	<u>£78842</u>

Allocated:

Cost of activities in furtherance of charity's objects	132948	71842
Cost of generating funds	-	4000
Management and administration	<u>3534</u>	<u>3000</u>
	<u>£136482</u>	<u>£78842</u>

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**11. Restricted Funds**

	<b>Balance at 1st April <u>2003</u></b>	<b>Incoming Resources</b>	<b>Resources Expended</b>	<b>Transfer to/from Unrestricted Funds</b>	<b>Balance at 31st March <u>2004</u></b>
School Based Projects	10177	13200	13676	-	9701
Bereavement	94	9600	9600	-	94
Audit and Evaluation	1718	-	-	-	1718
Advice and Information	-	48855	48855	-	-
Contraception	-	93690	97129	3439	-
Six Sessions	571	-	-	-	571
Partnership Psychotherapy	-	62727	62727	-	-
Psychotherapy	17624	36007	33944	-	19687
The Drum	-	65849	63573	-	2276
Woolnoth Capital Grant **	1146	-	575	-	571
MST Project	<u>6867</u>	<u>332996</u>	<u>325731</u>	<u>-</u>	<u>14132</u>
	<u>£38197</u>	<u>£662924</u>	<u>£655810</u>	<u>£3439</u>	<u>£48750</u>

\*\*The balances will be reduced each year by an amount equal to the depreciation charge on those assets in the relevant year.



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**School Based Psychotherapy Projects**

Services to Richard Cloudesley School for pupils with severe disabilities, Chalcot EBD School for pupils who present with severe emotional and behavioural problems and Haverstock School for pupils who come from a refugee background.

**Bereavement**

A psychotherapy service for young people aged 12 to 21 who suffered bereavement.

**Audit and Evaluation**

Audit of psychotherapy and contraceptive and sexual health services and evaluation of mental health outcome.

**Advice and Information**

Advice and information service on mental health, contraception and sexual health and reception and administrative duties with the associated clinical services.

**Contraception**

The core contraceptive and sexual health service with medical and nursing provision for contraception, sexual health problems, pregnancy and psychosexual difficulties.

**Partnership Psychotherapy**

A psychotherapy project built around the principle of partnership with referrers and providers of services for young people aged 12 to 21. The aim is to improve the accessibility, quality and range of psychotherapy services for high priority groups of young people presenting with severe emotional and behavioural problems.

**Psychotherapy**

The core psychotherapy service with psychotherapeutic provision for young people presenting with severe emotional and behavioural problems who are at risk of mental ill health.

**Drum Project**

A psychotherapy service for young people aged 16 to 21 years offered at the premises of the Drum youth project in South Islington.

**Multisystemic Therapy**

A project in partnership with Haringey and Camden Youth Offending Services testing and evaluating the effectiveness of a family-based intervention in reducing re-offending by persistent young offenders.

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Notes to the Accounts  
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**12. Analysis of Net Assets between Funds**

	<b><u>Fixed Assets</u></b>	<b><u>Current Assets</u></b>	<b><u>Current Liabilities</u></b>	<b><u>Net Assets</u></b>
Capital Reserve	236092	-	-	236092
Development Fund	-	69936	-	69936
Restricted Funds	6478	59698	(17426)	48750
Unrestricted Funds	<u>3025</u>	<u>160730</u>	<u>(17525)</u>	<u>146230</u>
	<u>£245595</u>	<u>£290364</u>	<u>£(34951)</u>	<u>£501008</u>

**13.** There were no management committee expenses or remuneration during the year.

**14. Status**

Brandon Centre for Counselling and Psychotherapy for Young People is a registered charity. The Company has no liability to Corporation Tax. At the accounting date, the company had 9 members, each guaranteeing to contribute £1 in the event of winding up.