

Please complete in typescript, or in bold black capitals.

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change

	of particulars (use Form 288c))					
Company Number	00206710					
Company Name in full	BRITISH NATUROPATHIC AND					
	OSTEOPATHIC ASSOCIATION					
#####################################	Day Month Year Day Month Year ate of					
appoin	tment 21 09 99 †Date of Birth 21 11 17					
Appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.					
form NAME *Style / Title Notes on completion	Honours etc *Honours etc					
appear on reverse. Forename(s)	KEITH					
Surname	LAMONT					
• Previous Forename(s)	Previous Surname(s)					
Usual residential address	33 OAKLEY LANE, OAKLEY					
Post town	BASINGSTOKE Postcode RG23 7JZ					
County / Region	HAMPSHIRE Country UK					
[†] Nationality	British †Business occupation Nature parts.					
†Other directorships (additional space overleaf)						
Consent signature * Voluntary details.	K. hamon! Date 25 October 1050					
† Directors only.	A director, secretary etc must sign the form below.					
Signed	Marcel Date 25/10/99					
** Please delete as appropriate	(**a director / secretary / administrator / administrative receiver / receiver - manager / receiver)					
Please give the name, address,	MR M SZEWIEL					
telephone number and, if available, a DX number and Exchange of	GOSWELL HOUSE, 2 GOWELL RD, STREET					
he person Companies House should BA16 OTG Tel 01458 84 0072 contact if there is any query.						
	DX number DX exchange					
A34 *A3INYLAB* 0150 COMPANIES HOUSE 09/11/99	When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales					

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

09/11/99

Form revised March 1995

	Company Number	· (/(4.00.00.0.0.2.24.16			*
Directors only.	[†] Other directorships		·		•
					
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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.