

COMPANIES FORM No. 403a

Declaration of satisfaction in full or in part of mortgage or charge



Please do not write in this margin

Pursuant to section 403(1) of the Companies Act 1985

Please complete egibly, preferably n black type, or bold block lettering	To the Registrar of Companies For official use Company number 2.156.239
Insert full name of company	+ LIND BODYCENTRE LIMITED
	GRAHAM MARTIN DACRE
	OF ASHTREE FARM STATION ROAD, ATTLEBRIDGE, NORFOLK
Delete as appropriate	[a director] [the secretary] [the administrator] [the administrative receiver] to fithe above company, do solemnly and sincerely declare that the debt for which the charge described below was given has been
Insert a description of the instrument(s) creating or evidencing the charge, eg 'Mortgage', 'Charge', 'Debenture' etc.	paid or satisfied in [full][part]† Date and Description of charge‡ 2.11.87 LECAL CHARGE
	Name and address of [chargee][trustee for the debenture holders] BARCIA45 BANK PK
The date of registration may be confirmed from the certificate	Short particulars of property chargedø LAND & BUILDINGS COMPRISING MOTOR GARAGE, WORKSHOP, OFFICES ETC., IN CATTLEMARKET STREET, NORWICH, NORFOLK And I make this solemn declaration conscientiously believing the same to be true and by virtue of the
Insert brief details of property	Declared at
	A Commissioner for Oaths or Notary Public or Justice of the Peace or Solicitor having the powers conferred on a Commissioner for Oaths
	Presentor's name, address and reference (if any): Presentor's name, address and Mortgage section

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