

Signed

Charity Registration No. 1083118

Company Registration No. 03912113 (England and Wales)

CARING4CARERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

WEDNESDAY



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CARING4CARERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J F Breslaw J A Breslaw
Secretary	J A Breslaw
Charity number	1083118
Company number	03912113
Principal address	Flat 1 Hambleden Place 32 Gills Hill Radlett Herts WD7 8BT
Registered office	Flat 1 Hambleden Place 32 Gills Hill Radlett Herts WD7 8BT
Accountants	FMCB 3rd Floor Hathaway House Popes Drive Finchley London N3 1QF

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TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2019

The trustees present their report and financial statements for the year ended 31 March 2019.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The objective of the charity is to promote the relief of the mentally ill or infirm by providing support to their carers in any way, which is deemed by law to be charitable.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The charity was formed in 2000 in response to a need from people caring for a family member with mental illness.

The charity has continued to operate a website which provides information and support for carers.

Financial review

The charity received income in the year of £1,000 (2018: £366). Expenditure in the year was £939 (2018: £402) resulting in net income of £61 (2018: net expenditure £36) for the year.

Reserves

The company regularly reviews the reserves required to meet known and estimated expenditure in furtherance of its charitable objects and for its administration.

The trustees have reviewed the circumstances of the company and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The trustees are of the view that the company is a going concern. At 31 March 2019 the charity had reserves of £6,184 (2018: £6,123) and cash at bank of £6,452 (2018: £6,391).

Risk

The major risks relating to the running and administration of the company have been identified by the trustees and are reviewed regularly. The principal risk is continued funding for its activities.

Plans for the future

The company intends to continue to raise awareness of the training it offers thereby ensuring future support to individuals with mental illness and those that care for them.

Structure, governance and management

The charity is a company limited by guarantee.

~~The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:~~

J F Breslaw

J A Breslaw

None of the trustees has any beneficial interest in the company. Members of the charity will contribute £1 on its winding up.

The trustees are responsible for the running of the charity and ensuring its objectives are met.

CARING4CARERS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

The trustees' report was approved by the Board of Trustees.



J A Breslaw

Trustee

Dated: 9/07/2019

CARING4CARERS

CHARTERED ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF CARING4CARERS FOR THE YEAR ENDED 31 MARCH 2019

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of CARING4CARERS for the year ended 31 March 2019, which comprise the statement of financial activities and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/members/regulations-standards-and-guidance/>

This report is made to the charity's trustees, as a body, in accordance with the terms of our engagement letter dated 6 June 2013. Our work has been undertaken solely to prepare for your approval the financial statements of CARING4CARERS and state those matters that we have agreed to state to the charity's trustees, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than CARING4CARERS and the charity's trustees as a body, for our work or for this report.

It is your duty to ensure that CARING4CARERS has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of CARING4CARERS. You consider that CARING4CARERS is exempt from the statutory audit requirement for the year, and is not required to obtain an independent examiner's report.

We have not been instructed to carry out an audit or a review of the financial statements of CARING4CARERS. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

FMCB

Chartered Accountants

10/07/19

3rd Floor Hathaway House
Popes Drive
Finchley
London
N3 1QF

CARING4CARERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2019

	Notes	Unrestricted funds 2019 £	Total 2018 £
<u>Income from:</u>			
Donations and legacies	2	1,000	345
Investments	3	-	21
Total income		<u>1,000</u>	<u>366</u>
<u>Expenditure on:</u>			
Charitable activities	4	<u>939</u>	<u>402</u>
Net income/(expenditure) for the year/ Net movement in funds		61	(36)
Fund balances at 1 April 2018		6,123	6,159
Fund balances at 31 March 2019		<u><u>6,184</u></u>	<u><u>6,123</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

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BALANCE SHEET

AS AT 31 MARCH 2019

	Notes	2019 £	£	2018 £	£
Fixed assets					
Intangible assets	8		1		1
Tangible assets	9		1		1
			<u>2</u>		<u>2</u>
Current assets					
Cash at bank and in hand		6,452		6,391	
Creditors: amounts falling due within one year	10	<u>(270)</u>		<u>(270)</u>	
Net current assets			6,182		6,121
Total assets less current liabilities			<u>6,184</u>		<u>6,123</u>
Income funds					
Unrestricted funds			6,184		6,123
			<u>6,184</u>		<u>6,123</u>

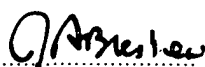
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 9th July 2019



J A Breslaw
Trustee

Company Registration No. 03912113

CARING4CARERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Charity information

CARING4CARERS is a private company limited by guarantee incorporated in England and Wales. The registered office is Flat 1 Hambleton Place, 32 Gills Hill, Radlett, Herts, WD7 8BT.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes. The charity's funds are unrestricted.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Donations and investment income are recognised on receipt.

1.5 Resources expended

Expenditure is accounted for on an accruals basis as soon as a legal or constructive obligation commits the charity to the expenditure.

1.6 Intangible fixed assets other than goodwill

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website

33% Straight line

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

(Continued)

Tangible fixed assets are measured at cost net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings 33% Straight line

Unrestricted funds	Total
2019	2018
£	£

Donations and gifts	1,000	345
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Unrestricted funds	Total
2019	2018
£	£

Interest receivable	-	21
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Carers	Carers
2019	2018
£	£

Supporting carers	224	-
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Share of support costs (see note 5)	275	162
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Share of governance costs (see note 5)	440	240
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939 402

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

5 Support costs

	Support costs	Governance costs	2019	2018
	£	£	£	£
Support costs	499	440	939	402
	<u>499</u>	<u>440</u>	<u>939</u>	<u>402</u>
Analysed between Charitable activities	<u>499</u>	<u>440</u>	<u>939</u>	<u>402</u>

Governance costs includes payments of £240 (2018- £240) for accountancy fees.

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7 Employees

There were no employees during the year.

8 Intangible fixed assets

	Website £
Cost	
At 1 April 2018 and 31 March 2019	<u>1,800</u>
Amortisation and impairment	
At 1 April 2018 and 31 March 2019	<u>1,799</u>
Carrying amount	
At 31 March 2019	<u>1</u>
At 31 March 2018	<u>1</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

9 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 April 2018	2,540
At 31 March 2019	2,540
Depreciation and impairment	
At 1 April 2018	2,539
At 31 March 2019	2,539
Carrying amount	
At 31 March 2019	1
At 31 March 2018	1

10 Creditors: amounts falling due within one year

	2019 £	2018 £
Other creditors	30	30
Accruals and deferred income	240	240
	270	270

11 Related party transactions

There were no disclosable related party transactions during the year (2018 - none).