

— for the record ——
Company Name

**MENCARE** 

Company Type
Private Company Limited By
Guarantee Exempt Under Sect 30

See notes for guidance for list of activity codes.

Company Number 3912113

Information extracted from Companies House records on

4th January 2003

## 363s Annual Return

- > Please check the details printed in blue on this statement.
- If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details



Ref: 3912113/15/42 **Current details** Amended details Fial 3 17 Rosecroft Avenue > Registered Office Address -London Address Flat II. Little benny Court 5. St. Vincenty Lane. NW3 7GA If any of the details are wrong, strike them through Mill Hill London. and fill in the correct details in the "Amended details" UK Postcode NW3\_ 1 EN column. Address where the Register is held Address > Register of Members If any of the details are Etat At repisher Office -At Registered Office wrong, strike them through and fill in the correct details in the "Amended details" column. UK Postcode \_\_\_\_\_ > Register of Debenture Address Holders Not Applicable If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" UK Postcode column. SIC Code Description > Principal Business SIC CODE Description **Activities** 7487 Other business If any of the details are activities wrong, strike them through and fill in the correct details in the "Amended details" column. Please enter additional principal activity code(s) in "Amended details" column.

|   |   | Current details  | Amended details  |
|---|---|--|--|
| > | Company Secretary If any of the details for this person are wrong, strike   | Name<br>Sheila Fay Jaqueline BRESLAW                     | Name   |
|   | "Amended details" column.   | Address 4Flat-3— 17 Rescoroft Avenue Lendon NW3 7QA      | Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723f of the Companies Act 1985.  Address  Hot II. Little bevry Court |
|   |   |  | 5 (4. VINCENT'S Lance N; II H; II. London  UK Postcode NW3_ 1EN  Date of change _3 / 02 / 2.003  Date Sheila Fay Jaqueline BRESLAW  ceased to be secretary (if applicable)                   |
| > | Director  If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. | Name<br>James Fraser BRESLAW                             | Name   |
|   |   | Address -Flat 3- 17 Rosecroft Avenue - London - NW3 7QA- | Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723E of the Companies Act 1985.  Address                             |
|   |   | Date of birth 22/08/1965                                 | Flat 11. Little berry Court  5. St. Vincent's Lane-  Mill Hill London.   |
|   |   |  | UK Postcode NU3_ 1EN   |
|   | Particulars of a new Director must be notified on form 288.   | Nationality British  Occupation Resteurant Manager       | Date of birth / / Nationality  |
|   | 200.  |  | Occupation 03 4 2 2 2 2 2  |
|   |   |  | Date of change <b>D3</b> / <b>Q.2</b> / <b>2.22 T</b> Date James Fraser BRESLAW ceased to be director (if applicable)  |

| per - 3912113   | Section 2: Details of Officers of the Company (continued)            |   |  |
|---|--|---|--|
|   | Current details  | Amended details   |  |
| If any of the details for this<br>person are wrong, strike                          | Name<br>Jeffrey Arnold BRESLAW                                       | Name  |  |
| them through and fill in the<br>correct details in the<br>"Amended details" column. | Address Flat 9 17 Flosecroft Avenue London NW9 7QA                   | Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723E of the Companies Act 1985. |  |
| Particulars of a new Director<br>must be notified on form<br>288.                   | Date of birth 30/04/1935  Nationality British  Occupation Pharmacist | Address Flot II. Liftle bevry Court  S. St. Vincent's Lone-  Mill Hill Lyndm.  UK Postcode NW7_ JEN  Date of birth/_/                                   |  |



## 363s Annual Return Declaration

- When you have checked all the sections of this form, please complete this page and sign the declaration below.
- If you want to change the made up date of this annual return, please complete 2 below.

| 1.      | Declaration                            |                               |  |  |  |  |
|---------|--|-------------------------------|--|--|--|--|
|         | I confirm that the details in          | this annual re                | eturn are correct as at the made-up-date                         |  |  |  |
|         | (shown at 2 below). I enc              | lose the filing t             | fee of £15.  |  |  |  |
|         | 0                                      |                               | Data   |  |  |  |
|         | Signature ()                           | rylew                         | Date <u> </u>  |  |  |  |
|         | Director /                             | Secretary)                    | •  |  |  |  |
|         | •                                      | -                             | This date must not be earlier than the<br>return date at 2 below |  |  |  |
|         | What to do now                         |                               | Totalli date at 2 solow  |  |  |  |
|         | · · ·                                  |                               | e of the Annual Return and the                                   |  |  |  |
|         | declaration to the address             | shown at 4 b                  | elow.  |  |  |  |
| 2.      | Date of this return                    |                               |  |  |  |  |
|         | This AR is made up to                  | If you are m                  | aking this return up to an earlier date,                         |  |  |  |
|         | 24/1/2003 please give the date here    |                               |  |  |  |  |
|         |  | ,                             | / /  |  |  |  |
|         |  | Note: The form                | n must be delivered to CH within 28 days of this date            |  |  |  |
|         |  |                               | ,  |  |  |  |
| 3.      | Date of next return                    |                               |  |  |  |  |
|         | If you wish to change your             | r next return to              | a date earlier than 24th January 2004                            |  |  |  |
|         | -                                      | lease give the new date here: |  |  |  |  |
|         | •                                      | ,                             | / /  |  |  |  |
|         |  | <del></del> -                 |  |  |  |  |
| 4.      | Where to send this                     | form                          |  |  |  |  |
|         | Please return this form to:            |                               |  |  |  |  |
|         | Danisha a f O a sania                  |                               | For more than a state of the library December 1                  |  |  |  |
|         | Registrar of Companies Companies House |                               | For members of the Hays Documen<br>Exchange service              |  |  |  |
|         | Crown Way                              | OR                            | DX 33050 Cardiff   |  |  |  |
|         | Cardiff CF14 3UZ                       |                               | DA GOOGO Garam   |  |  |  |
|         |  |                               |  |  |  |  |
|         |  | iling fee with                | the company number written on the                                |  |  |  |
|         | reverse of the cheque?                 |                               |  |  |  |  |
| С       | ontact Address                         |                               |  |  |  |  |
|         |  |                               |  |  |  |  |
|         | •                                      |                               | tion below, but if you do, it will help                          |  |  |  |
|         | •                                      |                               | a query on the form. The contact archers of the public record.   |  |  |  |
|         | , ,                                    |                               | '  |  |  |  |
| Cor     | ntact Name                             | ı                             | elephone number <i>inc code</i>                                  |  |  |  |
|         |  | <del></del>                   |  |  |  |  |
| Address |  |                               | X number <i>if applicable</i>                                    |  |  |  |
|         |  | <u></u>                       |  |  |  |  |
|         |  | C                             | X exchange   |  |  |  |
|         |  |                               |  |  |  |  |
| _       |  |                               |  |  |  |  |
| Pos     | tcode                                  |                               |  |  |  |  |