



**Companies House**

— for the record —

Company Name

**MENCARE**

## 363s Annual Return

HSBC A15

100004

Company Type

**Private Company Limited By**

**Guarantee Exempt Under Sect 30**

Company Number

**3912113**

Information extracted from

Companies House records on

**8th January 2002**

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



### Section 1: Company details

Ref: 3912113/15/42

	Current details	Amended details																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Flat 3 17 Rosecroft Avenue</b> <b>London</b> <b>NW3 7QA</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held</b>  <b>At Registered Office</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td><b>7484</b></td> <td><b>Other business activities</b></td> </tr> </tbody> </table>	SIC Code	Description	<b>7484</b>	<b>Other business activities</b>	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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> <i>Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>																		

	Current details	Amended details
<b>&gt; Company Secretary</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.        Particulars of a new Company Secretary must be notified on form 288.	<b>Name</b> Sheila Fay Jaqueline BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA	<b>Name</b> _____  <b>Address</b> _____ _____ _____  <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Sheila Fay Jaqueline BRESLAW</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.        Particulars of a new Director must be notified on form 288.	<b>Name</b> James Fraser BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA  <b>Date of birth</b> 22/08/1965  <b>Nationality</b> British  <b>Occupation</b> Restaurant Manager	<b>Name</b> _____  <b>Address</b> _____ _____ _____  <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date James Fraser BRESLAW</b> <b>ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.        Particulars of a new Director must be notified on form 288.	<b>Name</b> Jeffrey Arnold BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA  <b>Date of birth</b> 30/04/1935  <b>Nationality</b> British  <b>Occupation</b> Pharmacist	<b>Name</b> _____  <b>Address</b> _____ _____ _____  <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Jeffrey Arnold BRESLAW</b> <b>ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _



Companies House

— for the record —

**363s Annual Return Declaration**

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

**1. Declaration**

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

J. A. Breslaw  
(Director / Secretary)

Date

14, Jan, 2002

*This date must not be earlier than the return date at 2 below*

**What to do now**

*Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.*

**2. Date of this return**

- ☐ This AR is made up to 24/1/2002 If you are making this return up to an earlier date, please give the date here

\_\_\_ / \_\_\_ / \_\_\_

*Note: The form must be delivered to CH within 28 days of this date*

**3. Date of next return**

- ☐ If you wish to change your next return to a date earlier than **24th January 2003** please give the new date here:

\_\_\_ / \_\_\_ / \_\_\_

**4. Where to send this form**

- ☐ Please return this form to:  
Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ
- OR
- For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

Cheque



Postal Order



Cheque / Postal Order

Number

100004

*(Please complete as appropriate)*

**Contact Address**

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

J. A. Breslaw

Telephone number inc code

0202-794-6925

Address

Plot 1, H. ROECROFT ONE  
LONDON

DX number if applicable

DX exchange

Postcode

NW1 7QA