



Companies House

for the record

Company Name

MENCARE

NATIONWIDE B/S

K15 301319

## 363s Annual Return

Company Type

Private Company Limited By

Guarantee Exempt Under Sect 30

Company Number

3912113

Information extracted from

Companies House records on

9th January 2001

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



A31  
COMPANIES HOUSE

0496  
30/01/01

### Section 1: Company details

Ref: 3912113/13/37

	Current details	Amended details														
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Flat 3 17 Rosecroft Avenue London NW3 7QA	Address    UK Postcode    _ _ _ _ _														
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held  <b>At Registered Office</b>	Address    UK Postcode    _ _ _ _ _														
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address    UK Postcode    _ _ _ _ _														
> Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i>	<i>None held, please enter SIC code or description in the amended details column.</i>  <b>Charity Work .</b>	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>  _ _ _ _</td><td> </td></tr> <tr><td>  _ _ _ _</td><td> </td></tr> <tr><td>  _ _ _ _</td><td> </td></tr> <tr><td>  _ _ _ _</td><td> </td></tr> <tr><td>  _ _ _ _</td><td> </td></tr> <tr><td>  _ _ _ _</td><td> </td></tr> </tbody> </table>	SIC CODE	Description	_ _ _ _		_ _ _ _		_ _ _ _		_ _ _ _		_ _ _ _		_ _ _ _	
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	Current details	Amended details
<b>&gt; Company Secretary</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  Particulars of a new Company Secretary must be notified on form 288.	<b>Name</b> Sheila Fay Jaqueline BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA	<b>Name</b> _____ <b>Address</b> _____ _____ _____ <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Sheila Fay Jaqueline BRESLAW ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  Particulars of a new Director must be notified on form 288.	<b>Name</b> James Fraser BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA  <b>Date of birth</b> 22/08/1965  <b>Nationality</b> British  <b>Occupation</b> Restaurant Manager	<b>Name</b> _____ <b>Address</b> _____ _____ _____ <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date James Fraser BRESLAW ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  Particulars of a new Director must be notified on form 288.	<b>Name</b> Jeffrey Arnold BRESLAW  <b>Address</b> Flat 3 17 Rosecroft Avenue London NW3 7QA  <b>Date of birth</b> 30/04/1935  <b>Nationality</b> British  <b>Occupation</b> Pharmacist	<b>Name</b> _____ <b>Address</b> _____ _____ _____ <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Jeffrey Arnold BRESLAW ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _



Companies House

— for the record —

**363s Annual Return Declaration**

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

**1. Declaration**

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature J. A. Breslaw  
(Director / Secretary)

Date 24 / 01 / 2001

*This date must not be earlier than the return date at 2 below*

**What to do now**

*Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.*

**2. Date of this return**

- ☐ This AR is made up to 24/1/2001 If you are making this return up to an earlier date, please give the date here

— / — / —

*Note: The form must be delivered to CH within 28 days of this date*

**3. Date of next return**

- ☐ If you wish to change your next return to a date earlier than **24th January 2002** please give the new date here:

— / — / —

**4. Where to send this form**

- ☐ Please return this form to:  
Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ
- OR
- For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

Cheque ☒ Postal Order ☐ Cheque / ~~Postal Order~~  
Number 301319

*(Please complete as appropriate)*

**Contact Address**

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name  
J. A. BRESLAW

Telephone number inc code  
02077966925

Address  
1143. 17. ROSECRIST AVE  
LONDON

DX number if applicable

DX exchange

Postcode NW37 2A