

FASTING (U.K.) LIMITED
(No. 1019200)

STATEMENT OF ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2013

TUESDAY



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COMPANIES HOUSE

FASTING (U.K.) LIMITED

REPORT OF THE DIRECTORS

The directors present their report with the financial statements of the company for the year ended 31st December 2013.

PRINCIPAL ACTIVITY

The company has not traded during the year.

DIRECTORS

The directors who served throughout the year under review were J.S.Baylis and Mrs. P.C.Baylis.

The beneficial interests of the directors in the issued share capital of the company were:

| | Ordinary Shares of £1 | |
|------------|-----------------------|----------|
| | 31/12/13 | 31/12/12 |
| J.S.Baylis | 1,800 | 1,800 |

In preparing this report, the directors have taken advantage of special exemptions applicable to small companies conferred by the Companies Act 2006.

ON BEHALF OF THE BOARD



J.S.BAYLIS - Director

Date: 5th June 2014

FASTING (U.K.) LIMITED**BALANCE SHEET****AS AT 31ST DECEMBER 2013**

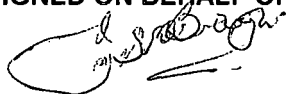
| | Notes | 2013 £ | 2012 £ |
|-------------------------------------|-------|------------|------------|
| CURRENT ASSETS | | | |
| Cash at bank | 281 | | 281 |
| Debtors | - | | - |
| | | <u>281</u> | <u>281</u> |
| CREDITORS | | | |
| Amounts falling due within one year | 3 | 26 | 13 |
| | | <u>255</u> | <u>268</u> |
| CURRENT LIABILITIES | | | |
| | | <u>255</u> | <u>268</u> |
| CAPITAL AND RESERVES | | | |
| Called up share capital | 4 | 1,800 | 1,800 |
| Profit and loss account | | (1,545) | (1,532) |
| | | <u>255</u> | <u>268</u> |
| SHAREHOLDER'S FUNDS | | | |
| | | <u>255</u> | <u>268</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006, relating to small companies, for the year ending 31st December 2013.

Directors' responsibilities:

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476,

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

SIGNED ON BEHALF OF THE BOARD

J.S.BAYLIS - Director

Approved by the Board on: 5th June 2014

The notes form part of these financial statements

FASTING (U.K.) LIMITED**PROFIT AND LOSS ACCOUNT****FOR THE YEAR ENDED 31ST DECEMBER 2013**

| | Notes | 2013 £ | 2012 £ |
|---|-------|-----------|-----------|
| TURNOVER | | - | - |
| COST OF SALES | | - | - |
| | | <hr/> | <hr/> |
| GROSS PROFIT/(LOSS) | | - | - |
| Administration expenses | | (13) | (13) |
| Interest received | | - | - |
| | | <hr/> | <hr/> |
| PROFIT/(LOSS) ON ORDINARY ACTIVITIES BEFORE TAXATION | | (13) | (13) |
| Tax on loss on ordinary activities | 2 | - | - |
| | | <hr/> | <hr/> |
| PROFIT/(LOSS) FOR THE YEAR AFTER TAXATION | | (13) | (13) |
| Deficit brought forward | | (1,532) | (1,519) |
| | | <hr/> | <hr/> |
| DEFICIT AT 31ST DECEMBER | | (1,545) | (1,532) |
| | | <hr/> | <hr/> |

DISCONTINUED OPERATIONS

All of the company's activities were discontinued during previous years.

TOTAL RECOGNISED GAINS AND LOSSES

The company has no recognised gains or losses other than the loss for the year.

The notes form part of these financial statements

FASTING (U.K.) LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

1. ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

2. TAXATION

No liability to UK corporation tax arose for the year.

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2013 £ | 2012 £ |
|-----------------|-----------|-----------|
| Other Creditors | 26 | 13 |
| Accrual | - | - |
| | <hr/> | <hr/> |
| | 26 | 13 |
| | <hr/> | <hr/> |

4. CALLED UP SHARE CAPITAL

Authorised, allotted, issued and fully paid

| | | |
|----------------------------------|-------|-------|
| 1,800 Ordinary Shares of £1 each | 1,800 | 1,800 |
| | <hr/> | <hr/> |

5. RECONCILIATION OF MOVEMENTS IN SHAREHOLDERS' FUNDS

| | | |
|---|-------|-------|
| Opening shareholders' funds | 268 | 281 |
| Profit/(Loss) for the year after taxation | (13) | (13) |
| | <hr/> | <hr/> |
| | 255 | 268 |
| | <hr/> | <hr/> |