



Profit and loss

For: 31/07/2013 to 31/07/2014

Created: 05/05/2015

Feed Avalon CIC

Unit C1 Northover Buildings Glastonbury
Somerset BA6 9NU

Phone: 07516653765 Email

nicole@feedavalon.org.uk

Website www.feedavalon.org.uk

SATURDAY



Profit and loss

Collapse

Account	Jul 14	Total
Other income (3001001)	2,100	2,100
Total other income	2,100	2,100
Total income	2,100	2,100
Cost of sales (2001001)	(522)	(522)
Labour (2001002)	(1,568)	(1,568)
Materials (2001003)	(10)	(10)
Total cost of sales	(2,100)	(2,100)
Total gross profit	(2,100)	(2,100)
Rent and rates (4002001)	(100)	(100)

nicole
vossell,
DIRECTOR

Account	Jul 14	Total
Total rent and rates	(100)	(100)
Total expenses	(2,200)	(2,200)
Profit / Loss	(100)	(100)


Nicole
Vassery
Director



Balance Sheet Report

For: 01 Aug 13 to 31 Jul 14

Created: 05 May 15

Feed Avalon CIC

Unit C1 Northover Buildings Glastonbury Somerset BA6 9NU

Phone: 07516653765 Email: nicole@feedavalon.org.uk

Website: www.feedavalon.org.uk

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have requested the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The directors acknowledge responsibility for complying with the requirements of the (call below)

Description	Jul 14
Trade debtors (7501001)	1,925
Total Trade debtors	1,925
The Cooperative Bank (7502002)	175
Total Cash	175
Trade creditors (8501001)	(2,200)
Total Trade creditors	(2,200)
Net assets	(100)
Share capital (9001001)	0
Dividends (9501001)	0
Historic retained earnings	0
Cumulative profit/loss	(100)
Shareholders equity	(100)

Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Nicole Vasey
Director

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400001/15

CIC 34

Community Interest Company Report

For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals	Company Name in full Feed Avalon CIC
Company Number	8632448
Year Ending	31st July 2014

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

Feed Avalon CIC is a social enterprise that establishes food systems that are socially & economically empowering in order to optimise food resilience in Glastonbury, Street and the surrounding areas.

During the financial year 31st July 2013 (when the company was registered) - 30th June 2014, the company was not actually trading. It was still in the business planning phase, researching local markets, surveying the community and establishing infrastructure (such as the website).

On 1st July 2014, the company began trading. The first activity was a delivery of a 'Soil Summer School' that brought together 30 learners to learn about soil care strategies, such as mulching, composting, making plant teas and so forth. Participants benefited by increasing their self-reliance in maintaining and creating healthy soils with less or no external inputs. Other outputs include healthier crops, greater biodiversity and personal empowerment from learning new skills.

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

The company's stakeholders are residents of Glastonbury and Street, and surrounding villagers. Learners participating in the Soil Summer School were interviewed via a questionnaire to gauge their feedback and identify their needs on what local learning opportunities and projects would benefit them.

During the business planning phase, a large number of stakeholders were interviewed, for example workers involved in community development work, local food producers and farmers, as well as people experiencing food poverty. Directors of Feed Avalon met with several organisers, including the local food bank, market gardeners, housing associations and an Action on Poverty forum.

The directors of the company have lived in the area for several years (one growing up in the area) and have developed the social enterprise on the basis of personal observation and experiences in the local area.

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary)


(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

NICOLE
VOSPER

Signed



Date

4/5/2015

Office held (tick as appropriate) Director ☒
Secretary ☒

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Telephone

DX Number

DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland. Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP - 4 Edinburgh 2

For companies registered in Northern Ireland Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG