

**ME MY HEALTH AND I LIMITED  
DIRECTOR'S REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2019**

**Me My Health And I Limited**  
**Director's Report and Unaudited Financial Statements**  
**For The Year Ended 30 June 2019**

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**Me My Health And I Limited**  
**Company Information**  
**For The Year Ended 30 June 2019**

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<b>Director</b>	Emilie Berge
<b>Company Number</b>	11432005
<b>Registered Office</b>	17 Ashbury Crescent 17 Ashbury Crescent Guildford GU4 7HG
<b>Accountants</b>	Cunningham & Cunningham Ltd Chartered Accountants Hamilton House, 87-89 Bell Street Reigate Surrey RH2 7AN

**Me My Health And I Limited**  
**Company No. 11432005**  
**Director's Report For The Year Ended 30 June 2019**

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The director presents his report and the financial statements for the year ended 30 June 2019.

**Statement of Director's Responsibilities**

The director is responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the director to prepare financial statements for each financial year. Under that law the director has elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the director must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing the financial statements the director is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. He is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Directors**

The directors who held office during the year were as follows:

Emilie Berge

APPOINTED 25/06/2018

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

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**Emilie Berge**

**03/02/2020**

**Me My Health And I Limited  
Accountant's Report  
For The Year Ended 30 June 2019**

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**Chartered Accountant's report to the director on the preparation of the unaudited statutory accounts of Me My Health And I Limited For The Year Ended 30 June 2019**

In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the accounts of Me My Health And I Limited For The Year Ended 30 June 2019 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given to us.

As a practising member of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the director of Me My Health And I Limited, as a body, in accordance with the terms of our engagement letter dated 03 February 2020. Our work has been undertaken solely to prepare for your approval the accounts of Me My Health And I Limited and state those matters that we have agreed to state to the director of Me My Health And I Limited, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Me My Health And I Limited and its director, as a body, for our work or for this report.

It is your duty to ensure that Me My Health And I Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of Me My Health And I Limited. You consider that Me My Health And I Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit of the accounts of Me My Health And I Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

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**03/02/2020**

Cunningham & Cunningham Ltd  
Chartered Accountants

Hamilton House, 87-89 Bell Street  
Reigate  
Surrey  
RH2 7AN

**Me My Health And I Limited**  
**Dormant Profit and Loss Account Statement**  
**For The Year Ended 30 June 2019**

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The company has not traded during the year or the preceding financial year. During these years, the company received no income and incurred no expenditure and therefore made neither profit nor loss.

**Me My Health And I Limited**  
**Balance Sheet**  
**As at 30 June 2019**

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		<b>2019</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>			
Debtors	<b>3</b>	1	
		<hr/>	
		1	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			<hr/>
			1
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<hr/>
			1
<b>NET ASSETS</b>			<hr/>
			1
<b>CAPITAL AND RESERVES</b>			
Called up share capital	<b>4</b>		1
<b>SHAREHOLDERS' FUNDS</b>			<hr/>
			1

For the year ending 30 June 2019 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

**Director's responsibilities**

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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**Emilie Berge**

**03/02/2020**

The notes on page 6 form part of these financial statements.

**Me My Health And I Limited**  
**Notes to the Financial Statements**  
**For The Year Ended 30 June 2019**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows:

	<b>2019</b>
Director	1
	<u>1</u>
	<u><u>1</u></u>

**3. Debtors**

	<b>2019</b>
	<b>£</b>
<b>Due within one year</b>	
Other debtors	1
	<u>1</u>
	<u><u>1</u></u>

**4. Share Capital**

	<b>2019</b>
Allotted, Called up and fully paid	1
	<u><u>1</u></u>

**5. General Information**

Me My Health And I Limited is a private company, limited by shares, incorporated in England & Wales, registered number 11432005. The registered office is 17 Ashbury Crescent 17 Ashbury Crescent, Guildford, GU4 7HG.



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.