

Registered number  
11109516

Muscle Power Ltd  
Unaudited Accounts  
for the year ended  
31 December 2019

**Muscle Power Ltd**  
**Balance Sheet**  
**as at 31 December 2019**

		<b>2019</b>	<b>2018</b>
		<b>£</b>	<b>£</b>
Current assets	20,000	9,153	
Prepayments and accrued income:	0	(400)	
Creditors: amounts falling due within one year	(25,214)	(9,103)	
Net current assets / (liabilities)		(5,214)	(350)
Total assets less current liabilities		(5,214)	(350)
Accruals and deferred income		400	0
Total net assets (liabilities)		(5,614)	(350)
Capital and reserves		(5,614)	(350)

During the period the average number of employees was 2 (2018: 2).

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105, the Financial Reporting Standard applicable to the Micro-entities Regime, and the micro-entity provisions of the Companies Act 2006. The directors have not delivered a copy of the company's Profit and Loss account as permitted by s444(5A) of the Companies Act 2006.

For the year ending 31 December 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Signed on behalf of the board of directors

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Mr R Zinkiewicz

Director

Approved by the board on 31 December 2020

Company Number: 11109516 (a Private Company Limited by Shares registered in England and Wales)

Registered Office:

Bluebells Glynleigh Road  
Hankham  
Pevensey  
East Sussex  
BN24 5BJ  
United Kingdom

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