

**CROSSFIT BISHOPS STORTFORD LIMITED**  
**UNAUDITED ACCOUNTS**  
**FOR THE PERIOD FROM 1 MAY 2018 TO 31 JULY 2019**

**CROSSFIT BISHOPS STORTFORD LIMITED**  
**ANNUAL REPORT AND UNAUDITED ACCOUNTS**  
**FOR THE PERIOD FROM 1 MAY 2018 TO 31 JULY 2019**

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**CROSSFIT BISHOPS STORTFORD LIMITED**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 JULY 2019**

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
Fixed assets	43,457	54,321
Current assets	10,329	5,474
Prepayments and accrued income	1,865	-
Creditors: amounts falling due within one year	(67,006)	(17,881)
<b>Net current liabilities</b>	<b>(54,812)</b>	<b>(12,407)</b>
<b>Total assets less current liabilities</b>	<b>(11,355)</b>	<b>41,914</b>
Creditors: amounts falling due after more than one year	(23,010)	(26,769)
Accruals and deferred income	(4,641)	-
<b>(Net liabilities)/net assets</b>	<b>(39,006)</b>	<b>15,145</b>
<b>Capital and reserves</b>	<b>(39,006)</b>	<b>15,145</b>

**NOTES TO THE ACCOUNTS**

**1 Average number of employees**

During the period the average number of employees was 3 (2018: 3).

For the period ending 31 July 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 17 April 2020

Craig John Hardingham  
Director

Company Registration No. 09029950

