



Companies House
— for the record —

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Annual Return



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Company Name: **ACTION HEART (TRADING) LIMITED**

Company Number: **02519476**

Company Details

Period Ending: **22/06/2007**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

8532 Social work without accommodation

*Registered Office
Address:*

**KING CHARLES HOUSE
CASTLE HILL
DUDLEY
WEST MIDLANDS
UNITED KINGDOM
DY1 4PS**

*Register of
Members Address:*

**KING CHARLES HOUSE
CASTLE HILL
DUDLEY
WEST MIDLANDS
UNITED KINGDOM
DY1 4PS**

*Register of Debenture
Holders Address:*

**KING CHARLES HOUSE
CASTLE HILL
DUDLEY
WEST MIDLANDS
UNITED KINGDOM
DY1 4PS**

Details of Officers of the Company

Company Secretary 1:

Name: **MR RUSSELL TIPSON**

Address: **76 STEETLY LANE
SUTTON COLDFIELD
B74 4TA**

Director 1 :

Name: **MR LESLIE DORIAN
DUGMORE**

Address: **7 BLAKESWOOD
167 OLDFIELD ROAD
ALTRINCHAM
CHESHIRE
UNITED KINGDOM
WA14 4HY**

Date of Birth:

13/07/1947

Nationality:

British

Occupation:

EXERCISE PHYSIOLOGIST

Director 2 :

Name: **RICHARD JONATHAN ENNIS**

Address: **33 OXFORD WAY
SEDGLEY ROAD WEST
TIPTON
WEST MIDLANDS
UNITED KINGDOM
DY4 8AL**

Date of Birth:

09/10/1970

Nationality:

British

Occupation:

SOLICITOR

Director 3 :

Name: **PETER ALAN OWEN**

Address: **122 TIPTON ROAD
WOODSETTON
DUDLEY
UNITED KINGDOM
DY3 1BY**

Date of Birth:
27/09/1944

Nationality:
BRITISH

Occupation:
ACCOUNTANT

Director 4 :

Name: **MR RUSSELL TIPSON**

Address: **76 STEETLY LANE
SUTTON COLDFIELD
B74 4TA**

Date of Birth:
15/09/1959

Nationality:
British

Occupation:
EXERCISE PHYSIOLOGIST

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
Other	2	GBP2.000
TOTALS	2	GBP2.000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 22/06/2007 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

2 ORDINARY SHARES Shares held as at 22/06/2007

Name:

EXERCISE REHABILITATION ASSOC. LIMITED

Address:

KING CHARLES HOUSE 2 CASTLE HILL

DUDLEY

WEST MIDLANDS

UNITED KINGDOM

DY1 4PS

Authorisation

Authoriser Designation: **director**

Date Authorised: **01/07/2008**

Authenticated: **Yes (E/W)**