



288b

Please complete in typescript,
or in bold black capitals.

Resignation of director or secretary

Company Number

3301810

Company Name in full

CYBEX LIMITED



F288B019

Resignation form

Date of resignation

Day Month Year
19 5 97

Resignation as director

☐

as secretary

☒

Please mark the appropriate box. If resignation
is as a director and secretary mark both boxes.

NAME *Style / Title

MRS.

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

CAROL ANN

Surname

BLYTHIN

†Date of Birth

Day Month Year

If cessation is other than
resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed

A. Clay

Date

19.5.97

* Voluntary details.

† Directors only.

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

ADL CORPORATE SERVICES, 50 GWENOLE CRESCENT

NARBOROUGH ROAD SOUTH, LEICESTER

LE3 2FH

Tel 0116 - 2825335

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



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COMPANIES HOUSE 21/05/97