

Registered number 07395280

ARGAN HEALTH LTD

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31/10/2012



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FOR THE YEAR ENDED 31/10/2012

INDEX TO THE ACCOUNTS

Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

The company's registered number is 07395280

Argan Health Ltd

Registered Number 07395280

BALANCE SHEET AT 31/10/2012

	Notes	2012 £
FIXED ASSETS		
Tangible assets	2	5,743
CURRENT ASSETS		
Cash at bank and in hand		<u>792</u>
		792
CREDITORS: Amounts falling due within one year		<u>188</u>
NET CURRENT ASSETS		<u>604</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>6,347</u>
CAPITAL AND RESERVES		
Called up share capital	3	1
Profit and loss account		<u>6,346</u>
SHAREHOLDERS' FUNDS		<u>6,347</u>

For the year ending 31/10/2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the board and signed on their behalf by



Mohammed Arif
Director

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/10/2012

1 ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1b. Cash Flow Statement

The Company is exempt from including a statement of cash flows in its accounts in accordance with Financial Reporting Standard for Smaller Entities (effective April 2008)

1c. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Fixtures and Fittings	15%
Equipment	25%

1d. Taxation

Corporation tax payable is provided on taxable profits at the current rates

Provision is made for deferred taxation in so far as a liability or asset has arisen as a result of transactions that had occurred by the balance sheet date and have given rise to an obligation to pay more tax in the future, or the right to pay less tax in the future. An asset has not been recognised to the extent that the transfer of economic benefits in the future is uncertain. Deferred tax assets and liabilities recognised have not been discounted

1e. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts

2. TANGIBLE FIXED ASSETS

	Fixtures and Fittings £	Equipment £	Total £
Cost			
At 01/11/2011	<u>2,500</u>	<u>7,000</u>	<u>9,500</u>
At 31/10/2012	<u>2,500</u>	<u>7,000</u>	<u>9,500</u>
Depreciation			
At 01/11/2011	375	1,750	2,125
For the year	<u>319</u>	<u>1,313</u>	<u>1,632</u>
At 31/10/2012	<u>694</u>	<u>3,063</u>	<u>3,757</u>
Net Book Amounts			
At 31/10/2012	<u>1,806</u>	<u>3,937</u>	<u>5,743</u>
At 31/10/2011	<u>2,125</u>	<u>5,250</u>	<u>7,375</u>

Argan Health Ltd

3. SHARE CAPITAL

2012
£

Allotted, issued and fully paid:

1 Ordinary shares of £ 1 each

1

1