



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **FITNESS4LESS (WATFORD) LIMITED**

Company Number: **06635553**

Date of this return: **02/07/2010**

SIC codes: **9262**

Company Type: **Private company limited by shares**

Situation of Registered Office: **3RD FLOOR KINGS HOUSE 12-42 WOOD STREET
KINGSTON UPON THAMES
SURREY
KT1 1TG**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR MATTHEW CROFTER**

Surname: **HARRIS**

Former names:

Service Address: **HIGH TREES OAKLEY GREEN ROAD
OAKLEY GREEN
WINDSOR
BERKSHIRE
SL4 4PZ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **01/07/1967** *Nationality:* **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

RIGHT TO VOTE. ENTITLEMENT TO RECEIVE DIVIDENDS. RIGHT TO DISTRIBUTION OF ASSETS ON WINDING UP.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 02/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **2 ORDINARY shares held as at 2010-07-02**
Name: **MATTHEW HARRIS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.