

Abbreviated Unaudited Accounts for the Year Ended 31 March 2013

for

Fitness Dance Ltd

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for the Year Ended 31 March 2013

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Fitness Dance Ltd

Company Information
for the Year Ended 31 March 2013

DIRECTOR: M S Attard

SECRETARY: J Turner

REGISTERED OFFICE: Hillcrest
7 Copthall Corner
Chalfont St Peter
GERRARDS CROSS
Buckinghamshire
SL9 0BZ

REGISTERED NUMBER: 06533228 (England and Wales)

ACCOUNTANTS: Arlington Accountants Limited
Unit C Anchor House
School Lane
Chandlers ford
Eastleigh
Hampshire
SO53 4DY

Abbreviated Balance Sheet

31 March 2013

	Notes	2013 £	£	2012 £	£
FIXED ASSETS					
Tangible assets	2		512		683
CURRENT ASSETS					
Cash at bank		21,601		18,399	
CREDITORS					
Amounts falling due within one year		<u>21,710</u>		<u>18,672</u>	
NET CURRENT LIABILITIES			<u>(109)</u>		<u>(273)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>403</u>		<u>410</u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>402</u>		<u>409</u>
SHAREHOLDERS' FUNDS			<u>403</u>		<u>410</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 16 October 2013 and were signed by:

M S Attard - Director

The notes form part of these abbreviated accounts

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Notes to the Abbreviated Accounts
for the Year Ended 31 March 2013

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total £
COST	
At 1 April 2012	
and 31 March 2013	<u>911</u>
DEPRECIATION	
At 1 April 2012	228
Charge for year	<u>171</u>
At 31 March 2013	<u>399</u>
NET BOOK VALUE	
At 31 March 2013	<u>512</u>
At 31 March 2012	<u>683</u>

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2013 £	2012 £
1	Ordinary	£1	<u>1</u>	<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.