

**Registered Number 06533228**

**Fitness Dance Ltd**

**Abbreviated Accounts**

**31 March 2009**

**Fitness Dance Ltd**

**Registered Number 06533228**

**Company Information**

**Registered Office:**

Hillcrest  
7 Copthall Corner  
Chalfont St Peter  
GERRARDS CROSS  
Buckinghamshire  
SP9 0BZ

**Reporting Accountants:**

Arlington Accountants Limited

7 Hocombe Road  
Chandlers Ford  
EASTLEIGH  
Hampshire  
SO53 5SL





Fitness Dance Ltd

Registered Number 06533228

**Balance Sheet as at 31 March 2009**

|                                                       | Notes | 2009<br>£     | £          |
|-------------------------------------------------------|-------|---------------|------------|
| <b>Current assets</b>                                 |       |               |            |
| Cash at bank and in hand                              |       | 13,381        |            |
| Total current assets                                  |       | <u>13,381</u> | -          |
| <b>Creditors: amounts falling due within one year</b> |       | (13,229)      |            |
| Net current assets (liabilities)                      |       |               | 152        |
| Total assets less current liabilities                 |       |               | <u>152</u> |
|                                                       |       |               | -          |
| Total net assets (liabilities)                        |       |               | <u>152</u> |
|                                                       |       |               | -          |
| <b>Capital and reserves</b>                           |       |               |            |
| Called up share capital                               | 2     |               | 1          |
| Profit and loss account                               |       |               | 151        |
| Shareholders funds                                    |       |               | <u>152</u> |
|                                                       |       |               | -          |

- a. For the year ending 31 March 2009 the company was entitled to exemption under section 249A(1) of the Companies Act 1985.
- b. The members have not required the company to obtain an audit in accordance with section 249B(2) of the Companies Act 1985.
- c. The directors acknowledge their responsibility for:
  - i. ensuring the company keeps accounting records which comply with Section 221; and
  - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies.

Approved by the board on 14 December 2009

And signed on their behalf by:  
M S Attard, Director

**This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.**

**Notes to the abbreviated accounts**

For the year ending 31 March 2009

**1 Accounting policies****Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2007).

**Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2 Share capital**

|                                            | <b>2009</b> |
|--------------------------------------------|-------------|
|                                            | <b>£</b>    |
| <b>Authorised share capital:</b>           |             |
| 1000 Ordinary shares of £1 each            | 1,000       |
| <b>Allotted, called up and fully paid:</b> |             |
| 1 Ordinary shares of £1 each               | 1           |