

ENTHEOS COACHING LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2019

ENTHEOS COACHING LIMITED
UNAUDITED ACCOUNTS
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ENTHEOS COACHING LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2019

Director	MR PAUL FOX
Company Number	04653670 (England and Wales)
Registered Office	GREY GABLES MAYFIELD DRIVE EXMOUTH EX8 2HD ENGLAND
Accountants	Mrs Catherine Flannery, FMAAT, FCCA, BSc (Hons) South Devon Accounting Ltd 6 Orchard Close Ogwell Newton Abbot TQ12 6AL

ENTHEOS COACHING LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2019

	Notes	2019 £	2018 £
Fixed assets			
Tangible assets	<u>5</u>	909	-
Current assets			
Inventories	6	-	9,000
Debtors	<u>7</u>	55,902	10,571
Cash at bank and in hand		98,547	15,177
		<u>154,449</u>	<u>34,748</u>
Creditors: amounts falling due within one year	<u>8</u>	(72,580)	(29,994)
Net current assets		<u>81,869</u>	<u>4,754</u>
Total assets less current liabilities		<u>82,778</u>	<u>4,754</u>
Provisions for liabilities			
Deferred tax		(259)	-
Net assets		<u>82,519</u>	<u>4,754</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		<u>82,419</u>	<u>4,654</u>
Shareholders' funds		<u>82,519</u>	<u>4,754</u>

For the year ending 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 13 July 2019.

MR PAUL FOX
Director

Company Registration No. 04653670

ENTHEOS COACHING LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2019

1 Statutory information

Entheos Coaching Limited is a private company, limited by shares, registered in England and Wales, registration number 04653670. The registered office is GREY GABLES, MAYFIELD DRIVE, EXMOUTH, EX8 2HD, ENGLAND.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Fixtures & fittings	25% Straight Line
Computer equipment	33% Straight Line

Intangible fixed assets

Intangible fixed assets (including purchased goodwill and patents) are included at cost less accumulated amortisation.

4 Intangible fixed assets

	Goodwill
	£
Cost	
At 1 April 2018	40,000
At 31 March 2019	40,000
Amortisation	
At 1 April 2018	40,000
At 31 March 2019	40,000
Net book value	
At 31 March 2019	-

ENTHEOS COACHING LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2019

5 Tangible fixed assets	Fixtures & fittings	Computer equipment	Total
	£	£	£
Cost or valuation	At cost	At cost	
At 1 April 2018	1,707	7,083	8,790
Additions	-	1,364	1,364
At 31 March 2019	1,707	8,447	10,154
Depreciation			
At 1 April 2018	1,707	7,083	8,790
Charge for the year	-	455	455
At 31 March 2019	1,707	7,538	9,245
Net book value			
At 31 March 2019	-	909	909
6 Inventories		2019	2018
		£	£
Work in progress		-	9,000
		-	9,000
7 Debtors		2019	2018
		£	£
Trade debtors		53,902	10,571
Accrued income and prepayments		(4,000)	-
Other debtors		6,000	-
		55,902	10,571
8 Creditors: amounts falling due within one year		2019	2018
		£	£
Taxes and social security		64,067	35,553
Other creditors		3,747	3,497
Loans from directors		4,116	(9,606)
Accruals		650	550
		72,580	29,994

9 Average number of employees

During the year the average number of employees was 1 (2018: 1).

