

Please complete in typescript,  
or in bold black capitals.

## Annual Return

CHFP010

Company Number

3149356

Company Name in full

CAROLE SPIERS ASSOCIATES (EAP) LIMITED

### Date of this return

The information in this return is made up  
to

Day		Month		Year		
3	1	1	2	2	0	0

### Date of next return

If you wish to make your next return to a  
date earlier than the anniversary of this  
return please show the date here.  
Companies House will then send a form at  
the appropriate time.

Day		Month		Year		

### Registered Office

Show here the address at the date of  
this return.

8 Wimpole Street

Any change of  
registered office **must**  
be notified on form  
287.

Post town

London

County / Region

UK Postcode

W1G 9SP

### Principal business activities

Show trade classification code number(s)  
for the principal activity or activities.

8514

If the code number cannot be determined,  
give a brief description of principal  
activity.



When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ**

**DX 33050 Cardiff**

for companies registered in England and Wales

or

**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**

for companies registered in Scotland

**DX 235 Edinburgh**

**Register of members**

If the register of members is not kept at the registered office, state here where it is kept.

215 Marsh Road

Post town Pinner

County / Region Middlesex

UK Postcode HA5 5NE

**Register of Debenture holders**

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state where it is kept.

Post town

County / Region

UK Postcode

**Company type**

Public limited company

☐

Private company limited by shares

☒

Private company limited by guarantee without share capital

☐

Private company limited by shares exempt under section 30

☐

Private company limited by guarantee exempt under section 30

☐

Private unlimited company with share capital

☐

Private unlimited company without share capital

☐

Please tick the appropriate box

**Company Secretary**

(Please photocopy this area to provide details of joint secretaries).

\* Voluntary details.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Name

\* Style / Title

Forename(s)

Surname

Address

Details of a new company secretary must be notified on form 288a.

Andrea

EICHHORN

32 Talman Grove

Post town Stanmore

County / Region

UK Postcode HA7 4UQ

Country Middlesex

**Usual residential address** must be given. In the case of a corporation, give the registered or principal office address.

**Directors***Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

**Directors** In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name \* Style / Title

Day		Month		Year	
0	8	0	6	1	9

Date of birth

Forename(s) Carole

Surname SPIERS

**Address**

Gordon House, 83/85 Gordon Avenue

**Usual residential address** must be given. In the case of a corporation, give the registered or principal office address.

Post town Stanmore

County / Region Middlesex

UK Postcode HA7 3QR

Country

Nationality British

**Business occupation** Stress Consultant

\* Voluntary details.

Name \* Style / Title

Day		Month		Year	

Date of birth

Forename(s)

Surname

**Address**

**Usual residential address** must be given. In the case of a corporation, give the registered or principal office address.

Post town

County / Region

UK Postcode

Country

Nationality

**Business occupation**

**Issued share capital**

Enter details of all the shares in issue at the date of this return.

	<b>Class</b> (e.g. Ordinary/Preference)	<b>Number of shares issued</b>	<b>Aggregate Nominal Value</b> (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
	Ordinary	1	£1.00
<b>Totals</b>		1	1.00

**List of past and present shareholders**

(use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

☒

on paper

in another format

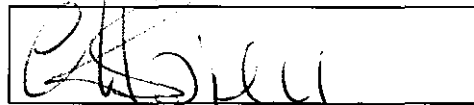
A list of changes is enclosed

☐☐

A full list of shareholders is enclosed

☒☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

**Signed****Date**

15 March 2004

† Please delete as appropriate.

† a director / ~~secretary~~

When you have signed the return send it with the fee to the Registrar of Companies.

Cheques should be made payable to **Companies House.**

This return includes

1

continuation sheets.

(enter number)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Company Secretarial Department, H W Fisher &amp; Co.,

Acre House, 11/15 William Road, London, NW1 3ER

Tel

DX number

DX exchange

## List of past and present shareholders Schedule to form 363a

CHFP010

**Company Number** | 3149356

**Company Name in full** | CAROLE SPIERS ASSOCIATES (EAP) LIMITED

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all the company shareholders on:
  - The company's first annual return following the incorporation;
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Shareholders' details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Shares or amount of stock transferred (if appropriate)  Date of registration of transfer
Name CAROLE SPIERS GROUP LTD  Address Acre House, 11/15 William Road, London  UK postcode   NW1 3ER	£1.00 Ordinary     Shares Held 1		
Name  Address . . UK postcode			
Name  Address  UK postcode			