



Companies House
— for the record —

AR01 (ef)

Annual Return



XXPWCY2R

Received for filing in Electronic Format on the: **03/10/2011**

Company Name: **FOOD AND MORE DIRECT LIMITED**

Company Number: **05324549**

Date of this return: **12/09/2011**

SIC codes: **9999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **C/O SUNNYFIELDS ORGANIC FARM JACOB'S GUTTER LANE
TOTTEN
SOUTHAMPTON
HAMPSHIRE
SO40 9FX**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **MR IAN ALEC**

Surname: **NELSON**

Former names:

Service Address recorded as Company's registered office

Company Director 1

Type: **Person**
Full forename(s): MR IAN ALEC

Surname: NELSON

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: 13/05/1964 Nationality: BRITISH

Occupation: DIRECTOR

Company Director 2

Type: **Person**
Full forename(s): LOUISE

Surname: NELSON

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: 10/07/1963 Nationality: BRITISH

Occupation: DIRECTOR

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
ALL SHARES HAVE FULL RIGHTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 12/09/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDINARY shares held as at the date of this return
Name: IAN NELSON

Shareholding 2 : 1 ORDINARY shares held as at the date of this return
Name: LOUISE NELSON

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.