## Second filing of a document previously delivered

What this form is for You can only use this form to file a second filing of a document delivered under the Companies Act 2006 on or after 1 October 2009 that held inaccuracies

A second filing of a document must only be filed where it is providing corrected information that has been properly delivered but inaccuracies

X What this form is NOT for You cannot use this form to file a second filing of a document delivered under the Companie 1985 regardless of when it wa delivered

A second filing of a document cannot be filed where it is correcting information that was originally not properly delivered Form RP01 must



04/04/2013 A40 **COMPANIES HOUSE** 

	still appear on the register be used in these circum	istances
1	Company details	
Company number	0 7 5 2 5 6 4 6	→ Filling in this form Please complete in typescript or in
Company name in full	F & A Marketing Services Limited	bold black capitals
		All fields are mandatory unless specified or indicated by *
2	Description of the original document	
Document type •	AR01 Annual Return for 2013	● Description of the original document  Please enter the document type (e.g. a Return of allotment of shares—SH01) and any distinguishing information if more than one document of that type was filed on the same day
Date of registration of the original document	d 1 d 1 m 0 m 2 y 2 y 0 y 1 y 3	
3	Applicable documents	
	This form <b>only</b> applies to the following forms  APO1 Appointment of director	

#### TM01 Termination of appointment of director **TM02** Termination of appointment of secretary SH01

AR01

AP02 AP03

APQ4

CH01

CH02

CH03

**CH04** 

### 

**Annual Return** 

If you are applying for, or have been granted, exemption under section 243 of the Companies Act 2006 and the document(s) you are updating contain(s) your usual residential address, please post this form along with the updated document(s) to the address below

The Registrar of Companies, PO BOX 4082, Cardiff, CF14 3WE

Appointment of corporate director

Appointment of corporate secretary Change of director's details

Change of corporate director's details

Change of corporate secretary's details

Appointment of secretary

Change of secretary's details

Return of allotment of shares

If you are currently in the process of applying for or have been granted a Section 243 exemption, you may wish to check that you have not entered your usual residential address as the service address in the accompanying form (e.g. AP01 or CH01)

### **RP04**

Second filing of a document previously delivered

Presenter information
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record
Contact name
Company name Sopher + Co
Address 5 Elstree Gate
Elstree Way
Post town Borehamwood
County/Region Herts
Postcode W D 6 1 J D
Country
DX
Telephone
✓ Checklist
We may return forms completed incorrectly or with information missing.
Please make sure you have remembered the
following:  The company name and number match the
information held on the public Register  You can only use this form to file a second filing of
You can only use this form to file a second filing of a document delivered to the Registrar of Companies
under the Companies Act 2006 on or after 1 October 2009 that held inaccuracies
☐ If you are updating a document where you have
previously paid a fee, do not send a fee along with
this form  You have enclosed the second filed document(s).
☐ If the company to which this document relates has
signed up to the PROOF (PROtected Online Filing) scheme, you must also deliver with this form, and
the second filed document(s), a PRO3 form 'Consent

for paper filing '

### Important information

Please note that all information on this form will appear on the public record.

#### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland.
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland. The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

Section 243 exemption

If you are applying for or have been granted a section 243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE

## Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

In accordance with Section 854 of the Companies Act 2006

# **AR01**

BLUEPRINT

2000

## Annual Return

A fee is payable with this form Please see 'How to pay' on the last page  You can use the WebFiling service to file Please go to www.comp	le thie farm - "				
What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year  What this form is NOT You cannot use this form notice of changes to the officers, registered office company type or informat relating to the company re-	04/04/2013 #348 COMPANIES HOUSE				
Company details					
The section must be completed by all companies	Filling in this form     Please complete in typescript or in bold black capitals				
	All fields are mandatory unless specified or indicated by *				
Company details					
0 7 5 2 5 6 4 6	Company name change If your company has recently				
F & A Marketing Services Limited	changed its name, please provide the company name as at the date of this return				
Return date					
Please give the annual return made up date. The return date must not be a future date. The annual return must be delivered within 28 days of the date given below. If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates.    Image: Complete the AR01   Image: C	O Date of this return  Your company's return date  is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date				
Principal business activity					
Please show the trade classification code number(s) for the principal activity or activities	Principal business activity You must provide a trade classification code (SIC code 2007)				
9 6 0 9 0	or a description of your company's main business in this section				
	A full list of the trade classification				
	codes are available on our website www.companieshouse.gov.uk				
If you cannot determine a code, please give a brief description of your business activity below					
	Please see 'How to pay' on the last page  What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year  Company details  The section must be completed by all companies  Company details  The section must be completed by all companies  Return date  Please give the annual return made up date. The return date must not be a future date. The annual return must be delivered within 28 days of the date given below. If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates.  4 1 4 0 0 0 2 7 2 7 0 7 1 7 3  Principal business activity  Please show the trade classification code number(s) for the principal activity or activities.  9 6 0 9 0  If you cannot determine a code, please give a brief description of your.				

Annual Return (For returns made up to a date on or after 1 October 2011)

A4	Con	npan	y ty	pe '	<b>D</b>							
Please confirm your company type by ticking the appropriate box below (only one box must be ticked)  Public limited company  Private company limited by shares  Private company limited by guarantee  Private company limited by shares exempt under section 60  Private company limited by guarantee exempt under section 60  Private unlimited company with share capital  Private unlimited company without share capital							Company type     If you are unsure of your company type, please check your latest certificate of incorporation or our website     www.companieshouse.gov.uk					
A5	Reg	ister	ed (	offic	e ad	dres	s Ø					
Building name/number	30								-			Change of registered office  This must agree with the address
Street	Oal	krıd	ige	Ave	nue							that is held on the Companies House
												If the registered office address has
Post town	Rad	dlet	t									changed, you should complete form  AD01 and submit it together with
County/Region	He	rtfo	rds	hir	·е							this annual return
Postcode	W	D	7		8	E	R					
A6	_	gle al ipan				-			n (SAIL) of the	he		
Building name/number												SAIL address This must agree with the address
Street							that is held on the Companies House record at the date of this return					
Post town												If the address has changed, you should complete form AD02 and submit it together with this annual
County/Region												return
Postcode								i				
A7	Loc	atior	of	com	pan	y rec	ords	0				
		ress II Re	n <b>Se</b> egiste	ction er of r	A6 nemb	ers	c to in	dicate whi	ch records are k	ept at the SAIL		O Location of company records  If the company records are held at the registered office address, do not tick any of the boxes in this section
		Dii Re Re Co Do ca Re Int	recto recto egiste ecord ontra- ocum pital egiste eport eres	rs' se rs' ind er of s ls of r cts re ents by pr er of c to me ts in i	relatir ivate deben ember ts sha	contraties aries tions of to pu ig to ri compa ture h rs of or	etc rchas edem any older outcor	s ne of inve	shares urchase of own s stigation by publ d to public comp	lic company into	o	Certain records must be kept by every company while other records are only kept by certain company types where appropriate  If the records are not kept at the SAIL address, they must be available at the registered office  If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return
		Ins or	strum Nort	nents hern	creat Irelan	ing ch d	arges	and regis	ster of charges	England and Wa	ales	

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## Annual Return

Part 2	Officers of the company			
	This section should include details of the company at the date to which this annual return is made up  → For a secretary who is an individual, go to Section B1  → For a corporate secretary, go to Section C1  → For a director who is an individual, go to Section D1  → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details		
Secretary				
B1	Secretary's details •			
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	Secretary appointments     You may not use this form to appoint a secretary. To do this,		
Title*		please complete form AP03 and submit it together with this annual		
ull forename(s)		return		
Surname Former name(s) 9		Corporate details Please use Section C1-C4 to enter corporate secretary details		
• •		Secretary details  All details must agree with those previously notified to Companie House If you have made chang since the last annual return and have not notified us, please complete form CH03		
		Pormer name(s) Please provide any previous names which have been used for business purposes during the period of this return. Marined women do not need to give former names unless previously used for business purposes.		
B2	Secretary's service address			
Building name/number		Service address  if you have previously notified		
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'T Company's Registered Office' in the comp		
Post town		address		
County/Region		This information will appear on the public record		
Postcode				

Annual Return

(For returns made up to a date on or after 1 October 2011)

### Corporate secretary

C1	Corporate secretary's details •	
Corporate body/firm	Please use this section to list all the corporate secretaries of the company	● Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form AP04 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House if you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the public record
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
_	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	
C3	EEA companies   O	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	<b>⊘ EEA</b> A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered •		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)
Registration number		Billion (00/10/1020)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	♦ Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		-
If applicable, the registration number		

### Annual Return

(For returns made up to a date on or after 1 October 2011)

### Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	Our cannot use this form to appoint a director. To do this, please			
Title*	Mr	complete form AP01 and submit it together with this annual return			
Full forename(s)	Andrew Oliver	Corporate details			
Surname	Iseman	Please use Section E1-E4 to enter corporate director details			
Former name(s)		Director details  All details must agree with those previously notified to Companies  House If you have made changes			
Country/State of residence	United Kingdom	since the last annual return and have not notified us, please			
Nationality	British	complete form CH01			
Date of birth	d 1         d 3         m 0         m 6         y 1         y 9         y 8         y 7	Please provide any previous names which have been used for business			
Business occupation (if any)	Marketing Consultant	purposes during the period of this return Marned women do not need to give former names unless previously used for business purposes			
D2	Director's service address 9				
Building name/number	30	Service address     If you have previously notified			
Street	Oakridge Avenue	Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town	Radlett	Company's Registered Office' in the address			
County/Region	Hertfordshire	This information will appear on the public record			
Postcode	W D 7 8 E R				
Country	United Kingdom				

## Annual Return

(For returns made up to a date on or after 1 October 2011)

#### Director

D1	Director's details •	<u>-</u>				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	Director appointments     You cannot use this form to appoint a director. To do this, please.				
Title*	Mrs	complete form AP01 and submit it together with this annual return				
Full forename(s)	Frances Louise	Corporate details Please use Section E1-E4 to enter				
Surname	Iseman	corporate director details				
Former name(s) •		Director details  All details must agree with those previously notified to Companies  House If you have made changes				
Country/State of residence	United Kingdom	since the last annual return and have not notified us, please complete form CH01				
Nationality	British	<b>⊘</b> Former name(s)				
Date of birth	d 1         d 2         m 1         m 1         y 1         y 9         y 5         y 9	Please provide any previous names which have been used for business				
Business occupation (if any)	Marketing Consultant	purposes during the period of this return. Married women do not need to give former names				
	· 	unless previously used for business purposes				
D2	Director's service address 9					
Building name/number	30	Service address     If you have previously notified				
Street	Oakridge Avenue	Companies House that the service address is at 'The Company's				
		Registered Office', please state 'The Company's Registered Office' in the				
Post town	Radlett	address				
County/Region	Hertfordshire	This information will appear on the public record				
Postcode	W D 7 8 E R					
Country	United Kingdom					

Annual Return

(For returns made up to a date on or after 1 October 2011)

## Corporate director

E1	Corporate director's details •	
	Please use this section to list all the corporate director's of the company	Ocrporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form AP02 and
Corporate body/firm name		submit it together with this annual return  Corporate director details
Building name/number		All details must agree with those previously notified to Companies
Street		House If you have made changes since the last annual return and have not notified us, please complete form CH02
Post town		This information will appear on the
County/Region		public record
Postcode		_
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only	
E3	EEA companies <sup>9</sup>	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered ●		This is the register mentioned in     Article 3 of the First Company Law     Directive (68/151/EEC)
Registration number		Directive (ed. 10 11229)
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		_
If applicable, where the company/firm is registered •		- - -
If applicable, the registration number		

Annual Return

Part 3	Statement of capital •									
	Does your company  → Yes Com  → No Go t	capital sta	This should reflect the company's capital status at the made up date of this annual return							
F1	Share capital in	pound sterling (£)		-						
Please complete the tall if all your issued capital	ole below to show ead is in sterling, only co	ch class of shares held in p implete Section F1 and the	ound sterling in go to <b>Section F4</b>							
Class of shares (E.g. Ordinary/Preference etc.	)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of share	9	Aggregate nominal value 3				
Ordinary	· - · · · · · · · · · · · · · · · · · ·	1 00	0 00		100	£ 100.00				
						£				
						£				
						£				
			Totals		100	100.00				
F2	Share capital in	other currencies								
Please complete the tal Please complete a sepa		y class of shares held in ot urrency	her currencies							
Currency										
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of share	es <b>0</b>	Aggregate nominal value •				
			7.44	-						
			Totals	<u>'                                    </u>						
	<u></u>									
Currency				- <del> </del>						
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares As		Aggregate norminal value				
		<u> </u>	Takala	<u> </u>						
			Totals	<u> </u>						
F3	Totals									
	Please give the total issued share capital	I number of shares and tot	al aggregate nominal va	ue of 	Please	gregate nominal value ist total aggregate values in currencies separately. For				
Total number of shares						£100 + €100 + \$10 etc				
Total aggregate nominal value 9										
lncluding both the nominishare premium		<ul> <li>Number of shares issued in nominal value of each share</li> </ul>	e Ple	intinuation Page ease use a Staten ge if necessary	s nent of Capit	al continuation				
Total number of issued sl	hares in this class			-						

Annual Return (For returns made up to a date on or after 1 October 2011)

F4	Statement of capital (Voting rights)						
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2						
Class of share	£1.00 Ordinary						
Voting rights	The shares have attached to them full voting, dividend and capital distribution (including on winding up) rights, they do not confer any rights of redemption						
Class of share							
Class of share Voting rights							
Class of share							
Voting rights							

Annual Return

Part 4	Shareholders	Shareholders							
	Does your company have share capital?  → Yes go to Section G1 'Companies with share capital'  → No Go to Part 5 (Signature)								
G1	Companies with share capital								
Question 1	Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below  No go to Section G2 'Past and present shareholders'  Yes go to Question 2	♠ A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside							
Question 2	Please only refer to Question 2 below if you have answered 'Yes' to Question 1 If you answered 'No', please go to Section G2 'Past and present shareholders'	of the UK. The current UK recognized investment exchanges and regulated markets can be found at www.fsa.gov.uk/register/exchanges.do							
	Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies?(3) Please tick the appropriate box below  No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return'  Yes go to Part 5 'Signature'	DTR5 refers to the Vote Holder and Issuer Notification Rules contained in Chapter 5 of the Disclosure and Transparency Rules source book issued by the Financial Services Authority Notification is required when the percentage acquisition of a shareholder in the company has reached a certain threshold (starting at 3%)							
G2	List of past and present shareholders •								
	The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below  There were no shareholder changes in this period. Go to Part 5 (Signature)  A full list of shareholders is enclosed.  A list of shareholder changes is enclosed.  How is the list of shareholders enclosed. Please tick the appropriate box below.  The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders.'  The list of shareholders is enclosed in another format. Go to Part 5 (Signature).	This section only applies to companies answering 'No' in Section G1							

Annual Return

(For returns made up to a date on or after 1 October 2011)

1	

#### List of past and present shareholders

0

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

 Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

		Shares or stock currently held	Shares or stock transferred (if appropriate)	
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Andrew Oliver Iseman	£1 00 Ordinary	45		1 1
Frances Louise Iseman	£1 00 Ordinary	55	20	01 / 12/ 2012
				1 1
				1 1
				1 1
				1 1
	-			1 1
				1 1
				1 1
				1 1
				1 1
				1 1

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#### Annual Return

(For returns made up to a date on or after 1 October 2011)

G4

### Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### Further shareholders

Please use a 'Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return' continuation page if necessary

Shares or stock currently held Number of shares or Shareholder's address Class of share Shareholder's name amount of stock

Annual Return

Part 5	Signature			
	This must be completed by all companies	Societas Europaea     If the form is being filed on behalf		
	I am signing this form on behalf of the company	of a Societas Europaea (SE) please detete 'director' and insert details		
Signature	X Rancelleura	of which organ of the SE the person signing has membership  Person authorised Under either section 270 or 274 of		
	This form may be signed by Director Secretary, Person authorised Charity commission receiver and manager, CIC manager, Judicial factor	the Companies Act 2006		

#### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	
Company name	Sopher + Co
Address	5 Elstree Gate
	Elstree Way
Post town	Borehamwood
County/Region	Hertfordshire
Postcode	W D 6 1 J D
Country	United Kingdom
DX	
Telephone	

## ✓ Checklist

We may return forms completed incorrectly or with information missing.

## Please make sure you have remembered the following:

- ☐ That if the made up date of the return is any earlier than 1 October 2011, you must complete the appropriate form AR01
- The company name and number match the information held on the public Register
- ☐ You have completed your principal business activity
- ☐ You have not used this form to make changes to the registered office address
- You have not used this form to make changes to secretary and director details
- You have fully completed the Statement of capital (if applicable)
- You have signed the form
- ☐ You have enclosed the correct fee

### Important information

Please note that all information on this form will appear on the public record

### How to pay

A fee of £40 is payable to Companies House in respect of an Annual Return.

Make cheques or postal orders payable to 'Companies House'

### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales<sup>\*</sup>
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

#### For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

#### For companies registered in Northern Ireland

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

### Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk