



COMPANIES HOUSE

BAR
101429
JLT

363s

Annual Return

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



A31 *ALFKV09Y* 318
COMPANIES HOUSE 13/10/97

of company number 02859797

A

company name

FOOD FOR SPORT (UK) LIMITED

company type

PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 20/09/97

If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
06	10	97

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

2 THAYER STREET
LONDON
W1M 5LG

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Principal business activities (See note 4)

Trade classification is

9305 OTHER SERVICE ACTIVITIES

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If the code cannot be determined from the notes, give a brief description of principal activity.

02859797

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

Register of members (See note 5)

The register is kept at
REGISTERED OFFICE

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.....

Register of debenture holders (See note 6)

Any register of debenture holders (or duplicate) is kept at

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.....
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.....

Company Secretary (See note 7)

Particulars of a new secretary **must** be notified on form 288.

JUDITH
RICHARDSON
RIVERSIDE HOUSE
2 DARTNELL COURT
WEST BYFLEET
SURREY KT14 6QL

Day Month Year
01 01 89 17 Date of any change.

7 COMPTON HEIGHTS
GUILDFORD
SURREY
GU3 1QA

If this person has ceased to be secretary, please state when.

Day Month Year
Date of resignation.

Directors (See note 7)

Particulars of a new director **must** be notified on form 288.

IRIS ELLEN
JACKSON
BA (OPEN)
RINGSTEAD
146 HIGH STREET
WORTON
WILTSHIRE SN10 5SE

Day Month Year
Date of any change.

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Date of Birth:- 20/08/42
Nat:BRITISH
Occ:COMPANY DIRECTOR

Day Month Year
Date of resignation.

If this person has ceased to be director, please state when.

.....
.....
.....
.....

Show any relevant current and previous directorships.

02859797

If the information shown needs amendment,
give details below and the date of any change.

Directors - continued

Particulars.

STANLEY
JACKSON
FPMI
RINGSTEAD
146 HIGH STREET
WORTON DEVIZES
WILTSHIRE SN10 5SE

Date of Birth:- 08/04/45

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of any change.

Day Month Year

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Date of resignation.

Particulars.

GARY
RICHARDSON
RIVERSIDE HOUSE
2 DARTNELL COURT
WEST BYFLEET
SURREY KT14 6QL

Day Month Year

01	08	97
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Date of any change.

7 COMPTON HEIGHTS
GUILDFORD
SURREY
GU3 1DA

Date of Birth:- 24/01/57

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of resignation.

Particulars.

Day Month Year

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Date of any change.

NO MORE DIRECTORS -- ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of resignation.

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class
(eg Ordinary/
Preference etc)

Number of
shares issued

Aggregate
nominal value,
(ie Number of shares
issued multiplied by
nominal value per share)

ORDINARY

500

£500

Totals

500

£500

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

Please mark the
appropriate box.

A full list is required.

on paper

not on
paper

A full list of members is enclosed

**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.*



If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.*

**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£15.**

Cheques should be made payable
to **Companies House.**

Signed

Secretary/Director*

*(delete as appropriate)

Date

6th Oct 97

This return includes 1 continuation sheets.
(enter number)

**Please ensure that you have completed
all sections on this page.**

To whom should Companies House direct any
enquiries about the information shown in this
return?----->

KEN BUTCHER
DURHAM HOUSE
DURHAM HOUSE STREET
LONDON Postcode WC2N 6HF

Telephone 071839 4646 Ext 16

LIST OF PAST AND PRESENT MEMBERS
SCHEDULE TO FORM 363

Company Number: 02859797		Account of Shares			
Company Name: FOOD FOR SPORT (UK) LIMITED		Number of shares or amount of stock held by existing members at date of this return.	Particulars of shares transferred since the date of the last return, or, in the case of the first return, since the incorporation of the company, by (a) persons who are still members, and (b) persons who have ceased to be members.		Remarks
Name and address	Number currently held	Number Transferred	Date of Registration of Transfer		
GARRY RICHARDSON	125				
7 COMPTON HEIGHTS					
GUILDFORD					
SURREY					
GU3 1DA					
JUDITH RICHARDSON	125				
7 COMPTON HEIGHTS					
GUILDFORD					
SURREY					
GU3 1DA					
STANLEY JACKSON	125				
RINGSTEAD					
146 HIGH STREET					
WORTON					
DEVIZES					
WILTSHIRE, SN10 5SE					
IRIS JACKSON	125				
RINGSTEAD					
146 HIGH STREET					
WORTON					
DEVIZES					
WILTSHIRE SN10 5SE					

LIST OF PAST AND PRESENT MEMBERS (continued)

SCHEDULE TO FORM 363[illegible]