



Companies House

AR01 (ef)

Annual Return



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Company Name: **FAST FORWARD DISTRIBUTION LTD.**

Company Number: **03407079**

Date of this return: **24/06/2014**

SIC codes: **49410**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 19 STRADEY BUSINESS PARK
LLANGENNECH
LLANELLI
WALES
SA14 8YP**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS ANNE**

Surname: **HENNESS**

Former names:

Service Address: **40 LANDO ROAD
BURRY PORT
LLANELLI
CARMARTHENSHIRE
UNITED KINGDOM
SA16 0YB**

Company Director ***1***

Type: **Person**
Full forename(s): **MRS ANNE**

Surname: **HENNESS**

Former names:

Service Address: **40 LANDO ROAD
BURRY PORT
LLANELLI
CARMARTHENSHIRE
UNITED KINGDOM
SA16 0YB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **29/01/1961** *Nationality:* **BRITISH**
Occupation: **FINANCIAL DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR MARK FREDERICK**

Surname: **HENNESS**

Former names:

Service Address: **40 LANDO ROAD
BURRY PORT
LLANELLI
CARMARTHENSHIRE
UNITED KINGDOM
SA16 0YB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **15/02/1960** *Nationality:* **BRITISH**
Occupation: **MANAGING DIRECTOR**

Company Director **3**

Type: **Person**
Full forename(s): **MR MALCOLM LESLIE**

Surname: **HURLIN**

Former names:

Service Address: **10 HEOL Y BRYN
UPPER TUMBLE
LLANELLI
DYFED
SA14 6DP**

Country/State Usually Resident: **WALES**

Date of Birth: **15/06/1960** *Nationality:* **BRITISH**
Occupation: **OPERATIONS DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ORDINARY SHARES WITH FULL VOTING RIGHTS AND FULL PARTICIPATION IN INCOME AND CAPITAL DISTRIBUTIONS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/06/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **MARK FREDERICK HENNESS**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **ANNE HENNESS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.