



Profit and loss

For: 31/07/2016 to 31/07/2017

Created: 22/07/2018

WEDNESDAY



Feed Avalon CIC

Unit C1 Northover Buildings Glastonbury
Somerset BA6 9NU

Phone: 07477603141 Email:
nicole@feedavalon.org.uk


Website: www.feedavalon.org.uk

Profit and loss

	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	Jul 17	Aug 17
Revenue (1001001)	4,592	0	1,820	1,560	0	2,095	0	4,105	1,920	3,420	6,380	5,205	31,097
Total revenue	4,592	0	1,820	1,560	0	2,095	0	4,105	1,920	3,420	6,380	5,205	31,097
Other income (3001001)	0	0	0	0	0	0	0	500	0	0	0	3,000	3,500
Total other income	0	0	0	0	0	0	0	500	0	0	0	3,000	3,500
Total income	4,592	0	1,820	1,560	0	2,095	0	4,605	1,920	3,420	6,380	8,205	34,597
Cost of sales (2001001)	(970)	(684)	(782)	0	0	0	0	0	0	(750)	0	0	(3,186)
Labour (2001002)	(270)	(2,000)	0	0	(1,800)	0	(240)	0	(125)	(690)	(413)	(75)	(5,613)
Materials (2001003)	(285)	0	0	0	(600)	0	0	0	0	(1,000)	(300)	(425)	(2,610)
Total cost of sales	(1,525)	(2,684)	(782)	0	(2,400)	0	(240)	0	(125)	(2,440)	(713)	(500)	(11,408)
Total gross profit	3,067	(2,684)	1,038	1,560	(2,400)	2,095	(240)	4,105	1,795	980	5,668	4,705	19,689

NICOLE VOSTER
DIRECTOR
22/07/18

	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	Jul 17	Total
Salaries (4001001)	(668)	(788)	(1,851)	(150)	(240)	0	(1,200)	(958)	0	(1,169)	(951)	(952)	(8,927)
PAYE (4001002)	(137)	(146)	150	0	0	0	0	0	(8)	(9)	(8)	0	(159)
Employees' NICs (4001003)	(2)	(2)	0	0	0	0	0	(2)	0	0	0	0	(6)
Employers' NICs (4001004)	0	0	0	0	0	0	0	0	0	0	0	0	0
Total salaries	(807)	(936)	(1,701)	(150)	(240)	0	(1,200)	(960)	(8)	(1,178)	(960)	(952)	(9,092)
Rent and rates (4002001)	(300)	0	0	0	(200)	0	0	0	0	0	0	0	(1500)
Insurance (4002003)	0	0	0	0	0	0	(226)	0	0	0	0	0	(226)
Total rent and rates	(300)	0	0	0	(200)	0	(226)	0	0	0	0	0	(726)
Printing and stationery (4004003)	0	(18)	0	0	0	0	(164)	0	0	0	0	0	(182)
Total general administration	0	(18)	0	0	0	0	(164)	0	0	0	0	0	(182)
Mileage (4005002)	(30)	0	0	0	0	0	0	0	0	0	0	0	(30)
Subsistence (4005003)	(13)	0	0	0	0	0	0	0	0	0	0	0	(13)
Total travel	(43)	0	0	0	0	0	0	0	0	0	0	0	(43)
Advertising (4006001)	0	0	0	0	0	0	0	0	(13)	0	0	0	(13)
Marketing (4006002)	0	0	0	0	0	0	0	0	0	(27)	(9)	0	(35)
Total advertising	0	0	0	0	0	0	0	0	(13)	(27)	(9)	0	(48)
Accounting fees (4007001)	(42)	(42)	(42)	(40)	(37)	(40)	(37)	(77)	0	(35)	(35)	(35)	(463)
Total professional fees	(42)	(42)	(42)	(40)	(37)	(40)	(37)	(77)	0	(35)	(35)	(35)	(463)
Total expenses	(1,192)	(996)	(1,744)	(190)	(477)	(40)	(1,627)	(1,037)	(21)	(1,239)	(1,003)	(987)	(10,554)
Profit / Loss	1,875	(3,680)	(706)	1,370	(2,877)	2,055	(1,867)	3,588	1,774	(259)	4,664	6,718	12,636

NICOLE VOSPER
 D. N. E. C. N. A.




For: 31 Jul 17 to 31 Jul 18

Created: 22 Jul 18

Feed Avalon CIC

Unit C1 Northover Buildings Glastonbury Somerset BA6 9NU

Phone: 07477603141 **Email:** nicole@feedavalon.org.uk


Website: www.feedavalon.org.uk

For the year ending 31 July 2017, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476. The directors acknowledge their responsibilities for complying with the requirements of the act with respect to accounting records and preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

201507

DATE: 10/10/10
BY: [Signature]

	Jul 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	Jun 18	Jul 18
Historic retained earnings	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884	17,884
Cumulative profit/loss	4,505	2,505	1,905	(962)	2,640	2,640	2,690	3,190	3,190	3,190	10,012	10,012	10,012
Shareholders equity	22,389	20,389	19,789	16,923	20,525	20,525	20,575	21,075	21,075	21,075	27,896	27,896	27,896

NICOLE VOSTER
 DIRECTOR


CIC 34**Community Interest Company
Report**

For official use <i>(Please leave blank)</i>	
Please complete in typescript, or in bold black capitals.	Company Name in full Feed Avalon CIC
	Company Number 8632448
	Year Ending 31 July 2017

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Feed Avalon CIC is a social enterprise that establishes food systems that are socially and economically empowering in order to optimise food resilience in Glastonbury, Street, and the surrounding areas.

In the year July 2016 - July 2017, we delivered a number of projects in our community that benefited them. We are official subcontractor of Somerset Skills and Learning, an Adult Education Body in our county. This funded us to create learning opportunities for more than 150 learners in food system skills. The EAT Project (Education and Training) worked with mainly adults from disadvantaged wards to learn skills such as how to grow their own food, how to create a livelihood from food growing, basic cooking skills and more. Most learners reported an increase in their wellbeing, stronger local social relationships and gaining new skills that benefited their lives.

In May 2016, we opened our new growing project - Avalon Wildflower Park (AWP). With land leased from the council, the park area sits opposite an established community garden, skate park and the Red Brick Building (a community-owned centre and arts space). The former BMX track, now overgrown, is unloved and neglected. Our vision is to transform it into a haven of native plants, buzzing with life. AWP has started to bring together young people from nearby colleges, schools, and youth projects, as well as diverse older residents to create a beautiful, fun and ecologically vibrant learning and community space.

Over the time period July 2016 - July 2017, we received further small grants to develop the project, including a new mushroom farm at the Red Brick Building Community Garden. Over the last year, most of our work around AWP has been invested in this infrastructure and project. This project hopes to create livelihoods in mushroom production while also feeding our local community and potentially remediating local polluted land.

We continued to run our Friday-morning Community Gardening Club at our Community Garden at the Red Brick Building in Glastonbury. The club brings together many local residents, including adults with learning disabilities and those with mental health challenges. It has become a brilliant local hub.

Through this year, we continued to develop our Community Kitchen that is being used by several independent food producers crafting and preparing home grown and foraged products to sell at local markets. We continued to demonstrate agroecological food production at our Education Centre, Brook End and hosted a number of courses and events. We grew salad and produce to be consumed by learners on courses. We also hosted our annual 10-day course in Permaculture Design. In May 2017, we organised the first SoilHack Gathering - a national gathering bringing people together to share knowledge and skills in regenerative soil care. More than 50 people came together to learn about soil science and strategies for caring for soil, such as biochar production, composting, compost tea making, cover cropping and more.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are residents of Glastonbury and Street, and surrounding villagers. Every learner enrolled in one of our courses or skillshares have completed questionnaires giving us feedback to improve our work. We also commissioned an online survey in June 2016 to consult the community on which adult learning opportunities people desire and need locally.

We have continued to organise community food events where we bring together more than 30 stakeholders every quarter to work in a more collaborative way and gain feedback on our projects and direction. People that attend include local community gardeners, residents, parents, health care practitioners, farmers and community development workers and more. In this time period, we organised a successful Community Seed Swap attended by a wide number of people all of whom contributed to these conversations about local food work.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The Directors are employed in different positions within the company, all having responsibilities for certain projects. One coordinates all the Education and Training, one works at our Community Garden, and another does basic catering for events. A further has built a community kitchen which Feed Avalon financially supports by using the space as an office.

Beyond basic salaries, there were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL

CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

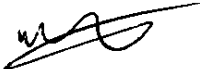
No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

4/7/18

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

	Tel
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)