

REGISTERED NUMBER: 08304686 (England and Wales)

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2019

FOR

FIT 2 LEARN C.I.C.

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FIT 2 LEARN C.I.C. (REGISTERED NUMBER: 08304686)

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FOR THE YEAR ENDED 30 NOVEMBER 2019**

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**COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2019**

DIRECTORS:

Ms C E Davies
Ms M L Smith
Ms M Healy

REGISTERED OFFICE:

17 Temple Road
Croydon
CR0 1HU

REGISTERED NUMBER:

08304686 (England and Wales)

ACCOUNTANTS:

Kings Mill Partnership
75 Park Lane
Croydon
Surrey
CR9 1XS

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
FIT 2 LEARN C.I.C.**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Statement of Financial Position. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.

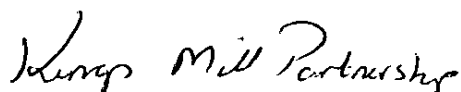
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Fit 2 Learn C.I.C. for the year ended 30 November 2019 which comprise the Income Statement, Statement of Financial Position, Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed within the ICAEW's regulations and guidance at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the Board of Directors of Fit 2 Learn C.I.C., as a body, in accordance with the terms of our engagement letter dated 8 August 2014. Our work has been undertaken solely to prepare for your approval the financial statements of Fit 2 Learn C.I.C. and state those matters that we have agreed to state to the Board of Directors of Fit 2 Learn C.I.C., as a body, in this report in accordance with ICAEW Technical Release 07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Fit 2 Learn C.I.C. and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that Fit 2 Learn C.I.C. has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Fit 2 Learn C.I.C.. You consider that Fit 2 Learn C.I.C. is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Fit 2 Learn C.I.C.. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



Kings Mill Partnership
75 Park Lane
Croydon
Surrey
CR9 1XS

19 June 2020

This page does not form part of the statutory financial statements

**STATEMENT OF FINANCIAL POSITION
30 NOVEMBER 2019**

	Notes	2019 £	2018 £
FIXED ASSETS			
Tangible assets	4	14,936	19,669
CURRENT ASSETS			
Stocks		-	5,467
Debtors	5	4,567	14,080
Cash at bank		15,553	15,374
		20,120	34,921
CREDITORS			
Amounts falling due within one year	6	93,345	115,729
NET CURRENT LIABILITIES		(73,225)	(80,808)
TOTAL ASSETS LESS CURRENT LIABILITIES		(58,289)	(61,139)
CREDITORS			
Amounts falling due after more than one year	7	20,800	21,000
NET LIABILITIES		(79,089)	(82,139)
CAPITAL AND RESERVES			
Called up share capital		300	300
Retained earnings		(79,389)	(82,439)
SHAREHOLDERS' FUNDS		(79,089)	(82,139)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION - continued
30 NOVEMBER 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 19 June 2020 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Charles H. Davies', written in a cursive style.

Ms C E Davies - Director

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2019**

1. STATUTORY INFORMATION

Fit 2 Learn C.I.C. is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Tangible fixed assets held for the company's own use are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives at the following rates

Computer equipment	-25% reducing balance
Learning Equipment	-25% reducing balance

Assets held under finance leases are depreciated in the same way as owned assets.

At each statement of financial position date, the company reviews the carrying amount of its tangible fixed assets to determine whether there is any indication that any items have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell (net realisable value). Costs, which comprise direct production costs, are based on the method most appropriate to the type of inventory class, but usually on a first-in-first-out basis. Overheads are charged to profit or loss as incurred. Net realisable value is based on the estimated selling price less any estimated completion or selling costs.

When stocks are sold, the carrying amount of those stocks is recognised as an expense in the period in which the related revenue is recognised. The amount of any write-down of stocks to net realisable value and all losses of stocks are recognised as an expense in the period in which the write-down or loss occurs. The amount of any reversal of any write-down of stocks is recognised as a reduction in the amount of stocks recognised as an expense in the period in which the reversal occurs.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2019**

2. ACCOUNTING POLICIES - continued

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the statement of financial position date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 3 (2018 - 3).

4. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 December 2018	47,756
Additions	199
	<hr/>
At 30 November 2019	47,955
	<hr/>
DEPRECIATION	
At 1 December 2018	28,087
Charge for year	4,932
	<hr/>
At 30 November 2019	33,019
	<hr/>
NET BOOK VALUE	
At 30 November 2019	14,936
	<hr/>
At 30 November 2018	19,669
	<hr/>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2019**

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Trade debtors	2,475	11,942
Other debtors	2,092	2,138
	<u>4,567</u>	<u>14,080</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Bank loans and overdrafts	1,200	1,200
Taxation and social security	198	-
Other creditors	91,947	114,529
	<u>93,345</u>	<u>115,729</u>

7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2019	2018
	£	£
Bank loans	<u>20,800</u>	<u>21,000</u>

CIC 34

Community Interest Company Report

For official use
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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

Fit 2 Learn C.I.C.

Company Number

08304686

Year Ending

30 November 2019

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Fit 2 Learn continue to research and to promote an understanding of motor sensory integration i.e. how all humans need to develop in order to be able to use all their motor skills and senses together to understand the world as a whole.

To this end individual children and adults have experienced integrated therapies for learning difficulties and/or mental health issues. There are always clients who are benefiting from therapy at no charge as problems with the UK Special Educational Needs provision means that poor families struggle to access any funding, likewise children in Care are often assessed and then refused funding.

When one member of a family is working with the company the other members of the family are also encouraged to engage and so our impact often impacts on four or five people rather than one person.

The business is working intensively with up to 40 people and their family members, so about 120 people are experiencing therapy at any time.

The company have run several local presentations to parents in the community to promote interest in holistic development of children. Also, workshops have been run with the charity Kids, Croydon. These impact on about 200 families; they are popular and well-received, and parents report noticeable changes in behaviour and cognitive skills following our programme.

During the year presentations were made to Newcastle University Education Department and to Cambridge University Forum for Child Wellbeing and to a hospital public health group. The company was involved in the in-depth study of one child over 6 months for a public health research project – the paper on this study was due to be presented this June 2020, but that has been delayed. The researcher wishes to use the case to propose a reform to all mental health work with children i.e. that it becomes routine to check basic physical development.

The company were also invited to present in China twice during this period. Note, it is really important to gain widespread acceptance of our ideas that children's development is plastic and that most people can achieve good physical and cognitive development at any age. Much of the blocking of support for good child development in the UK and in Croydon in particular comes from vested interests. Getting projects outside of Croydon working well gives up more leverage to put pressure on agencies in Croydon.

The company supported two schools in Southwark to work with small groups of autistic children, 25 children in total. The children made significant developmental changes including some integrating into mainstream education and others starting to speak who had not been able to speak until then. Although the children's lives changed significantly the project was cut for lack of funding for the staff member involved.

The company during this period supported one primary school in Ipswich to work with 720 pupils with motor skills work and smaller numbers to work with sound therapy and vision exercises (20 youngsters). A secondary school in Ipswich has also been supported with a smaller intensive project with 3 pupils.

The company have worked with a local social enterprise The Music Relief Foundation to promote an understanding of how learning and behavioural difficulties can lead to youth offending and knife crime. This is on-going work and is tied in with the high level of ethnic minority children being excluded from Croydon schools.

The company continue to be active on social media lobbying for (a) a proper daily PE curriculum for UK children that supports their development of motor skills to the point where they have established and can maintain postural control and bi-lateral integration of motor skills (b) screening for sound processing skills as these are currently rarely screened for or effectively remediated in the UK (c) screening for binocular vision and visual processing skills again these skills are essential for efficient learning, but rarely checked or remediated.

The company contribute to requests for information by professionals and parents and provide such information on a daily basis both local and internationally. Approximately 1,000 such requests are fulfilled in a normal year.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Fit 2 Learn's stakeholders are Croydon community we stay in touch with stakeholders through:

- a. Running workshops and being available afterwards for 1:1 consultations.
- b. Maintaining an active on-line presence;
- c. Engaging actively in community matters, hence our involvement in knife crime issues.

We continuously reflect on the effectiveness of our service and try to make our resources as accessible as possible. We do not assume that our clients can read or sound process efficiently, we try to always support our message in every media possible.

Potential funders often wish to see random controlled trials carried out on large samples of children. We lobby other agencies to understand that random controlled trials in our area make little sense until the broad sequence of child development is understood. Further, that we work in the real world not in laboratories and all our clients are subject to a wide range of external factors, which would invalidate any RCT. That in the case of our work long-term case studies are the most appropriate form of research.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Please see accounts

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed

Charlotte David

Date

19/06/20

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Charlotte DAVIES	
17 Temple Road	
Croydon CR0 1HU	
Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)