



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



X7LYGFAS

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*Company Name:* **FITNESS FOR EVERYBODY LIMITED**

*Company Number:* **04588152**

*Date of this return:* **12/11/2009**

*SIC codes:* **9272**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **TROWBRAY HOUSE, THE LEATHERMAR 108 WESTON STREET  
LONDON  
UNITED KINGDOM  
SE1 3QB**

**Officers of the company**

*Company Secretary* **1**

*Type:* **Person**

*Full forename(s):* **MR GREGORY JAMES**

*Surname:* **MEEK**

*Former names:*

*Service Address:* **FLAT 3 128 RITHERDON ROAD  
LONDON  
SW17 8QQ**

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*Company Director* **1**

*Type:* **Person**

*Full forename(s):* **JANE NORAH**

*Surname:* **DOWLING**

*Former names:*

*Service Address:* **FLAT 3 128 RITHERDON ROAD  
LONDON  
SW17 8QQ**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **01/07/1967** *Nationality:* **BRITISH**

*Occupation:* **FITNESS INSTRUCTOR**

*Company Director*      **2**

*Type:*                              **Person**

*Full forename(s):*              **MR GREGORY JAMES**

*Surname:*                        **MEEK**

*Former names:*

*Service Address:*              **FLAT 3 128 RITHERDON ROAD  
LONDON  
SW17 8QQ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **25/09/1975**                              *Nationality:*    **BRITISH**

*Occupation:*    **FITNESS INSTRUCTOR**

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## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
	<b>GBP</b>	<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>		<i>Amount paid</i>	<b>0</b>
		<i>Amount unpaid</i>	<b>0</b>
<i>Prescribed particulars</i>	<b>VOTING AND DIVIDEND RIGHTS</b>		

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 12/11/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1:*

**50 ORDINARY Shares held as at 12/11/2009**

*Name:*

**J N DOWLING**

*Address:*

*Shareholding 2:*

**50 ORDINARY Shares held as at 12/11/2009**

*Name:*

**G J MEEK**

*Address:*

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*Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.