In accordance with Section 444 and 448 of the Companies Act 2006

AA02

Dormant company accounts (DCA)



	You can use the WebFiling se	rvice to file dormant company acc	counts online		
	Please go to www companiesho	ouse gov uk			
•	What this is for You may use the AAO2 'Dorman company accounts' (DCA) for accounting periods beginning o after 6th April 2008 Please react the guidance in Section 6 before completion	accounting period begins b n or 6th April 2008		A19	*A1RB9LRY* 17/07/2010 MPANIES HOUSE
i	Company details	· · · · · · · · · · · · · · · · · · ·			
Company number	0 6 7 2 9 1 5 3 + Filling in the DCA				
Company name in full	FUSING FITNESS LIMITED				omplete in typescript or in ik capitals
	All fields are mandatory unless specified or indicated by *				
2	Date of balance sheet				
Date of balance sheet	3 1 10	20019			
3	Accounts				
			Current Year		Previous Year
`		Called up share capital not paid	£		£ O
		Cash at bank and in hand	£ \		£
		Net assets	E 1		E (
Issued share capital Ordinary shares	of	a 1 onsh			
Ordinary shores	1 1 0	£	£	 I	£ 1
	Statements		1	<u></u>	<u> </u>
	For the below year ending the	company was entitled to exemption		-	
		panies Act 2006 relating to dormant	companies		
For the year ending	3 1 1 10	12/00/9		_	
	Director's responsibilities The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and the preparation of accounts These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime				
	Please tick the box if di person	uring the year the company acted as a	an agent for a		

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4	Date of approval of accounts @	
4	Date of approval of accounts •	<u> </u>
Approval of accounts	16 07 12/0/110	Please insert the date the accounts were approved by the board of directors
5	Director's signature and name	
Signature	X H. Staphamon X	
Director's name	HARRY STEPHENSON	
6	Guidance	
	This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary for financial years beginning on or after 6th April 2008	Please Note The total of Net Assets should equal the total of Shareholders' Funds - The DCA is only suitable for dorman companies where the company's only transaction is one mentioned it 'a' above and the company is not a subsidiary - Do not use the DCA if your company is a charity or is limited by guarantee or has no shares - Do not use the DCA if preparing accounts in accordance with International Accounting Standards (IAS)
	a The attached template for dormant company accounts is only suitable for those companies limited by shares which have never traded and where the only transaction entered into the accounting records of the company is the issue of subscriber shares.	
	b Shares may be fully paid, partly paid or unpaid Any paid element should be shown as "Cash at Bank and in hand", Any unpaid element shown as "Called up share capital not paid"	
	c Dormant companies acting as an agent for any person must state that they have so acted in Section 3	
	d A fee or penalty raised on the company for the payment of an annual return fee, change of name fee, reregistration fee, or late filing penalty may be omitted from the company records and this DCA - if the payment was made by a third party without any right of reimbursement	
,	e The company directors are responsible for preparing and filing accounts at Companies House that comply with the requirements of the Companies Act and failure to do so may result in prosecution. Should you have any doubt about the company's entitlement to file dormant accounts, or the preparation of those accounts, you should seek professional advice.	
	f This guidance only advises on the preparation of abbreviated dormant accounts which can be filed at Companies House. It does not advise on the preparation of full accounts for the members.	

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Presenter information	Important information		
You do not have to give any contact information, but if you do it will help Companies House if there is a query The contact information you give will be visible to	Please note that all this information will appear on the public record		
searchers of the public record-	☑ Where to send		
Contact name HARRY STEPHENSON Company name FUSING FITNESS LTD	You may return the DCA to any Companies House address, however for expediency we advise you to return it to the appropriate address below For companies registered in England and Wales		
Address	The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff ——		
Post town County/Region Postcode Country	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)		
DX Telephone 07789960362 ✓ Checklist We may return dormant company accounts completed incorrectly or with information	For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1.		
Please make sure you have remembered the	<i>i</i> Further information		
following The company name and number match the information held on the public Register Vou have entered the date of the balance sheet in	For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk		
Section 2 You have completed Section 3 correctly You have entered the date of approval of the accounts in Section 4	Dormant company accounts are available in an alternative format.		
☐ A Director has signed the DCA and printed their name	Please visit the forms page on the		
You have read the guidance in Section 6	website at www.companieshouse.gov.uk		