

GET A MOVE LTD

Abridged Accounts

Period of accounts

Start date: 01 June 2018

End date: 31 May 2019

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GET A MOVE LTD
Statement of Financial Position
As at 31 May 2019

	Notes	2019 £	2018 £
Fixed assets			
Tangible fixed assets	2	279	348
		279	348
Current assets			
Debtors: amounts falling due within one year		915	1,275
Cash at bank and in hand		53	536
		968	1,811
Creditors: amount falling due within one year		(1,499)	(2,267)
Net current assets		(531)	(456)
Total assets less current liabilities		(252)	(108)
Creditors: amount falling due after more than one year		-	(2,039)
Net assets		(252)	(2,147)
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		(253)	(2,148)
Shareholders funds		(252)	(2,147)

For the year ended 31 May 2019 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Director's Responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
2. The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with section 444 of the Companies Act 2006 the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

Signed on behalf of the board of director

Zobaer Ahmed
Director

Date approved by the board: 29 February 2020

GET A MOVE LTD
Notes to the Abridged Financial Statements
For the year ended 31 May 2019

General Information

GET A MOVE LTD is a private company, limited by shares , registered in England and Wales , registration number 08519390 , registration address 216a New North Road, Hainault, London, Essex, IG6 3BS.

The presentation currency is £ sterling

1. Accounting Policies

Significant accounting policies

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard)

Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Website cost

Planning and operating costs for the company's website are charged to the income statement as incurred.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer Equipment	20% Reducing Balance
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2. Tangible fixed assets

Cost	Computer Equipment	Total
	£	£
At 01 June 2018	850	850
Additions	-	-
Disposals	-	-
At 31 May 2019	850	850
Depreciation		
At 01 June 2018	502	502
Charge for year	69	69
On disposals	-	-
At 31 May 2019	571	571
Net book values		
Closing balance as at 31 May 2019	279	279
Opening balance as at 01 June 2018	348	348

3. Share Capital

Allotted	2019	2018
	£	£
1 Class A shares of £1.00 each	1	1
	1	1

4. Directors' Emoluments

The director did not take any remuneration during the period.

5. Staff Costs

There were no staff employed during the period.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.