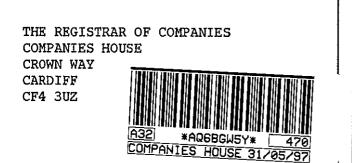


COMPANIES HOUSE



This form should be completed in black.

The information printed below is taken from Companies House records as at 30/04/97 If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
1 7	0 5	9 7

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Registered Office (See note 3)

This is the address registered by Companies House.

5 PARC TY GLAS LLANISHEN CARDIFF CF4 5WF

Principal business activities (See note 4)

Trade classification is 7499 NON-TRADING COMPANY

If the code cannot be determined from the notes, give a brief description of principal activity.



Annual Return

of company number 02503030

company name
SIGMA HEALTHCARE LIMITED

company type
PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Year

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	Day	Month	Year	
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Month

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02503030 Register of members (See note 5)	If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.			
The register is kept at				
REGISTERED OFFICE				
REGISTERED OFFICE				
	••••			
Register of debenture holders (See note 6)				
Any register of debenture holders (or duplicate) is kept at				
• • • • • • • • • • • • • • • • • • • •				
Company Secretary (See note 7)	·			
Particulars of a new secretary must be notified on	Day Month Year			
form 288.	Date of any change.			
NIGEL RUSSELL				
JONES	-			
31 HEOL LLANISHEN FACH				
RHIWBINA CARDIFF				
SOUTH GLAMORGAN CF4 6LA				
	Day Month Year			
If this person has ceased to be secretary, please state when.	Date of resignation.			
State Wilen.	Date of Todignation.			
Directors (See note 7)	Day Month Year			
Particulars of a new director must be notified on form 288.	Date of any change.			
NICHOLAS IFOR JOHN				
HALE				
THE OLD RECTORY				
MACHEN GWENT NP1 8JS				
				
· · · · · · · · · · · · · · · · · · ·				

Date of Birth:- 13/08/52				
Nat:BRITISH				
Occ:COMPANY DIRECTOR	Day Month Year			
If this person has ceased to be director, please	Date of resignation.			
state when.	CLICAN HEALTHEALE LIN. CAPITAL			
Show any relevant current and previous directorships.	CLICAN HEALTHEALE LID; CAPITAL NAPHIES LID; SONES PACKAGING LID; VIGHTING ALE CID; SIMILA PLANTIES LID.			
Page 2	VIGHTING ALG GTD; SIMILA PSANTIES ATD.			

02503030	If the information shown needs amendment, give details below and the date of any change.
Directors - continued	
Particulars.	Day Month Year Date of any change.
NO MORE DIRECTORS — ADDITIONAL SECRETARIES OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.	
If this person has ceased to be director, please state when.	Day Month Year Date of resignation.
Show any relevant current and previous directorships.	
Particulars.	Day Month Year Date of any change.
ÑO MORE DIRECTORS — ADDITIONAL SECRETARIES OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.	
If this person has ceased to be director, please state when. Show any relevant current and previous directorships.	Day Month Year Date of resignation.
Particulars.	Day Month Year Date of any change.
NO MORE DIRECTORS - ADDITIONAL SECRETARIES OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.	
If this person has ceased to be director, please state when. Show any relevant current and previous directorships. Page 3	Day Month Year Date of resignation.

02503030 Issued Share Capital (See note 8)	Class (eg Ordinary/	Number of shares issued	Aggregate nominal value		
Enter details of all shares in issue at the date of this return.	Preference etc)		(ie Number of shares issued multiplied by nominal value per share)		
	OMINARY	2	<u> </u>		
		<u> </u>			
	Totals	2	2		
List of past and present members (See note 9)					
(Use attached schedule where appropriate)			Please mark the appropriate box.		
A full list is required.			not on on paper paper		
	A full list of me	mbers is enclos	ed .		
Elective resolutions (See note 10) (Private companies only)			•		
If an elective resolution is in force at the date of this return to dispense with annual general					
meetings, mark this box. If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.					
Certificate	Signed	N.L.:	Secretary/Director *		
I certify that the information given in this return is true to the best of my knowledge and belief.	Date 27/5	197	*(delete as appropriate)		
I enclose the fee of £15. Cheques should be made payable	This return includes $N(C)$ continuation sheets.				
to Companies House.	Please ensure that you have completed all sections on this page.				
	N.R.	JONG	\$		
To whom should Companies House direct any enquiries about the information shown in this return?>	AT	RUGISTEA	is office		
, 5.0,		Postcode	e		
	Telephone		Ext		

		A = 0	ount of Chara	
Company Number: 02503030	Account of Shares Particulars of shares trans-		S	
Company Name:	Number of	of ferred since the date of the		
Company Name:	shares or amount of	1	or, in the case eturn, since the	
SIGMA HEALTHCARE LIMITED	stock held	incorporation		
,	by existing members at	B	who are still	
	date of this	members	s, and	
	return.	(b) persons ceased t	who have o be members.	
	Number		Date of	
Name and address	currently	Number	Registration	Remarks
	held	Transferred	of Transfer	T to mar no
	, , , , , , , , , , , , , , , , , , ,			
NICHOLAS IFOR JOHN HALL	NIL	ONE	12.2.96	
THE OLD RECTORY,				
THE OLD RECTORY, MACHEN, GWENT				
NPI 8JS				
PC. 12 HALE				
PRUL HALE CELLI BER CASILETON, GWENT.				
EELCI BUR				
CASICE TON,				
GWENT.	NIL	ONE	12.2.96	
NIGHTINGALE KIMITED				,
QUADRANT CENTRE				
CANDUS BUSINESS PARK,				
CARDUFF				
CF4 SWF.	2			
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LIST OF PAST AND PRESENT MEMBERS (continued) SCHEDULE TO FORM 363

	Account of Shares			
Company Number: 02503030 Company Name:	Number of	Particulars of ferred since t	f shares trans- the date of the	
l l	shares or amount of		or, in the case return, since the	
SIGMA HEALTHCARE LIMITED	stock held	incorporation		ĺ
	by existing members at	company, by (a) persons	who are still	1
	date of this	members	s, and	1
	return.	(b) persons		1
		Ceases ,		1
	Number	Number	Date of	
Name and address	currently	Transferred	Registration	Remarks
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