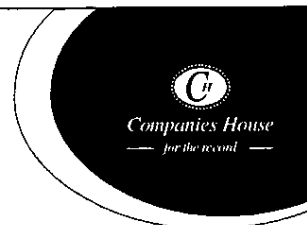


AA01

Change of accounting reference date



You can use the WebFiling service to file this form online.
Please go to www.companieshouse.gov.uk

☒ **What this form is for**
You may use this form
to change the accounting reference
date relating to either the current, or
the immediately previous,
accounting period.

☐ **What this form is NOT for**
You cannot use this form to:
- change a period for which
accounts are already overdue
- extend a period beyond 18
months unless the company is in
administration.

MONDAY



A24 *AFH1ZEM6* 02/11/2009 199
COMPANIES HOUSE

1 Company details

Company number 0 2 0 1 3 3 9 6

Company name in full HEALTHYFOCUS LIMITED

→ **Filling in this form**
Please complete in typescript or in
bold black capitals.

All fields are mandatory unless
specified or indicated by *

2 Date of accounting reference period

Please enter the end date of the current, or the immediately previous,
accounting period. ①

Accounting period ending on d 3 d 1 m 0 m 3 y 2 y 0 y 0 y 9

① Date of period you wish to change

The current period means the
present accounting period which
has not yet come to an end.

The immediately previous period
means the period immediately
preceding your present accounting
period.

3 New accounting reference date ②

Has the accounting reference period been shortened or extended?

- **Shortened.** Please complete 'Date shortened so as to end on'.
- **Extended.** Please complete 'Date extended so as to end on'.

Please enter the date the accounting reference period has been shortened to.

Date Shortened so as to end on d d m m y y y y

or Please enter the date the accounting reference period has been extended to.

Date Extended so as to end on d 3 d 0 m 0 m 9 y 2 y 0 y 9

② New accounting reference date

If you wish to move the end of your
current, or immediately previous,
reference period to an earlier date,
please insert the required date in the
box marked 'Shortened'.

If you wish to move the end of your
current, or immediately previous,
reference period to a later date,
please insert the required date in the
box marked 'Extended'.

You cannot change a period for
which the accounts are overdue.

You cannot extend a period beyond
18 months unless the company is in
administration.

AA01

Change of accounting reference date

4

Extending more than once in five years ①

Have you extended the accounting reference period more than once in five years?

→ **Yes.** Please complete the section below.

→ **No.** Please go to **Section 5**.

Extending more than once in five years

You **may not** extend periods more than once in five years unless you fall into one of the following categories. Please tick only one box.

- ☐ The company is in administration.
- ☐ You have specific approval from the Secretary of State (please enclose a copy).
- ☐ You are extending the company's accounting reference period to align with that of a parent or subsidiary undertaking established in the European Economic Area.
- ☐ You are submitting the form on behalf of an overseas company.

① Extending more than once in five years

You only need to complete this section if you have extended your accounting reference period more than once in five years.

5

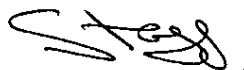
Signature

I am signing this form on behalf of the company.

Signature

Signature

X

X

This form may be signed by:

Director ②, Secretary, Person authorised ③, Permanent representative on behalf of an overseas company, Administrator, Administrative receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.

② Societas Europaea

If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has membership.

③ Person authorised

Under either section 270 or 274 of the Companies Act 2006.

AA01

Change of accounting reference date

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

NRL

Company name

MONAHANS

Address

LONDON HOUSE
3 PIERREPONT STREET

Post town

BATH

County/Region

Postcode

BA1 1LB

Country

UK

DX

Telephone

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have completed section 2.
- ☐ You have entered the new accounting reference date in section 3.
- ☐ You have completed section 4 (if appropriate).
- ☐ You have signed the form.
- ☐ You have checked your filing deadline through WebCheck at www.companieshouse.gov.uk

**Important information**

Please note that all information on this form will appear on the public record.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House,
First Floor, Waterfront Plaza, 8 Laganbank Road,
Belfast, Northern Ireland, BT1 3BS.
DX 481 N.R. Belfast 1.

**Further information**

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk