

Registration number 4799990

Heartbeat Training Limited

Abbreviated accounts

for the year ended 30 June 2007

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Heartbeat Training Limited

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Heartbeat Training Limited

**Chartered Accountants' report to the Board of Directors on the
unaudited financial statements of Heartbeat Training Limited**

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 1985, we have compiled the financial statements of the company which comprise the balance sheet and the related notes from the accounting records and information and explanations you have given to us

This report is made to the company's board of directors in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company's board of directors that we have done so and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's board of directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 30 June 2007 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 1985. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Abrams Ashton

Abrams Ashton
Chartered Accountants

77 Corporation Street
St Helens
Merseyside
WA10 1SX

Date: 3/2/08

Heartbeat Training Limited

Abbreviated balance sheet as at 30 June 2007

		2007		2006	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	2		2,155		2,776
Current assets					
Stocks		552		-	
Debtors		12,748		10,849	
Cash at bank and in hand		5,041		11,996	
		<u>18,341</u>		<u>22,845</u>	
Creditors: amounts falling due within one year		<u>(12,404)</u>		<u>(6,330)</u>	
Net current assets			<u>5,937</u>		<u>16,515</u>
Total assets less current liabilities			<u>8,092</u>		<u>19,291</u>
Provisions for liabilities			<u>(100)</u>		<u>(108)</u>
Net assets			<u>7,992</u>		<u>19,183</u>
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			7,892		19,083
Shareholders' funds			<u>7,992</u>		<u>19,183</u>

The directors' statements required by Section 249B(4) are shown on the following page which forms part of this Balance Sheet

The notes on pages 3 to 4 form an integral part of these financial statements.

Heartbeat Training Limited

Abbreviated balance sheet (continued)

**Directors' statements required by Section 249B(4)
for the year ended 30 June 2007**

In approving these abbreviated accounts as directors of the company we hereby confirm

(a) that for the year stated above the company was entitled to the exemption conferred by Section 249A(1) of the Companies Act 1985 ,

(b) that no notice has been deposited at the registered office of the company pursuant to Section 249B(2) requesting that an audit be conducted for the year ended 30 June 2007 and

(c) that we acknowledge our responsibilities for

(1) ensuring that the company keeps accounting records which comply with Section 221, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 226 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company

These accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 and the Financial Reporting Standard for Smaller Entities (effective January 2005) relating to small companies

The abbreviated accounts were approved by the Board on 28/2/08 and signed on its behalf by

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Sarah Elizabeth Ralfs
Director

The notes on pages 3 to 4 form an integral part of these financial statements.

Heartbeat Training Limited

Notes to the abbreviated financial statements for the year ended 30 June 2007

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005)

1.2. Turnover

Revenue comprises the fair value of the sale of goods and services rebates and discounts. Sale of goods and services are recognised when the company has delivered the goods and services to the customer and they are accepted.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Fixtures, fittings and equipment	- 20% reducing balance
Computer equipment	- 33% straight line

1.4. Stock and work in progress

Work in progress is valued at the lower of cost and net realisable value

1.5. Deferred taxation

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax has not been discounted.

2. Fixed assets

	Tangible fixed assets £
Cost	
At 1 July 2006	5,869
At 30 June 2007	5,869
Depreciation	
At 1 July 2006	3,093
Charge for year	621
At 30 June 2007	3,714
Net book values	
At 30 June 2007	2,155
At 30 June 2006	2,776

Heartbeat Training Limited

Notes to the abbreviated financial statements for the year ended 30 June 2007

continued

3. Share capital	2007	2006
	£	£
Authorised		
1,000 Ordinary shares of £1 each	<u><u>1,000</u></u>	<u><u>1,000</u></u>
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	<u><u>100</u></u>	<u><u>100</u></u>
Equity Shares		
100 Ordinary shares of £1 each	<u><u>100</u></u>	<u><u>100</u></u>

4. Transactions with directors

Included in creditors at the year end is £2,060 being the balance of the Mr & Mrs Ralfs directors loan account