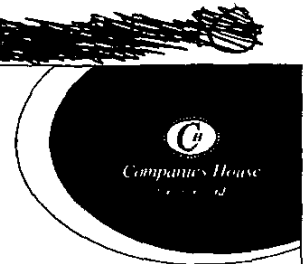


DS01

102001/10

Striking off application by a company



A fee is payable with this form
Please see 'How to pay' on the last page

☒ What this form is for
You may use this form to strike off a
company from the Register. Please
ensure you read the guidance before
completing this form.

☐ What this form is
You cannot use this
form to strike off a Limited Liability
(LLP). To strike off a
use form LL DS01 'S
application by a Lin
Partnership (LLP)'

THURSDAY



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1 Company details

Company number 0 7 1 3 1 9 7 9

Company name in full SPIRIT MIND BODY BALANCE LTD

→ Filling in this form
Please complete in typescript or in
bold black capitals
All fields are mandatory unless
specified or indicated by *

2 The application

Warning to all applicants

It is an offence to knowingly or recklessly provide false or misleading
information on this application.

You are advised to read section 4 and to consult the guidance available from
Companies House before completing this form. If in doubt, seek professional
advice.

I/We as director(s)/the majority of directors apply for this company to
be struck off the Register and declare that none of the circumstances
described in section 1004 or 1005 of the Companies Act 2006 (being
circumstances in which the directors would otherwise be prohibited
under those sections from making an application) exists in relation to
the company.

This form must be signed by the sole director if only 1, by both if there are 2, or
by the majority if there are more than 2.

● Please read the guidance
on our website
www.companieshouse.gov.uk
or section 1003 or 1004 of
the Companies Act 2006 for
circumstances under which an
application may **not** be made.

Please note that on dissolution all
property and rights etc will be passed
to the Crown.

Further Guidance
Guidance on striking off is available
from our website at
www.companieshouse.gov.uk

3 Signature(s) of the director(s)

Name SYLVIA BRYDEN

Signature X

Signature date 21 11 2011

Name SHARON LEWIS


Signature X

Signature date 21 11 2011

Further signatures
Please use the next page to enter
further signatures

DS01

Striking off application by a company

Name	DAVID BROOKS	
Signature	Signature X  X	Warning to all applicants It is an offence to knowingly or recklessly provide false or misleading information on this application Please note that on dissolution any remaining assets will be passed to the Crown You are advised to read section 4 and to consult the guidance available from Companies House before completing this form. If in doubt, seek professional advice Signatures This form must be signed by the sole director if only 1, by both if there are 2, or by the majority if there are more than 2 Further signatures Please use a continuation page if you need to enter further signatures
Signature date	25 11 2011	
Name		
Signature	Signature X X	
Signature date	d d m m y y y y	
Name		
Signature	Signature X X	
Signature date	d d m m y y y y	

4

What to do next

Notify all parties.

Please ensure that you send copies of this application to all notifiable parties e.g. creditors, employees, shareholders, pension managers or trustees and other directors of the company within 7 days from the day on which the application is made

Please also send copies to anyone who later becomes a notifiable party within 7 days of this taking place. This applies from the day of application and before the day on which the application is finally dealt with or withdrawn. Please check the guidance which contain a full list of those who must be notified. Failure to notify interested parties is an offence. It is advisable to obtain and retain some proof of delivery or posting of copies to notifiable parties

Withdrawal of striking off application by a company

If the company ceases to be eligible for striking off at any time after the application is made, and before the application is finally dealt with, as specified in section 1009 of the Companies Act 2006, then the application must be withdrawn using form DS02 'Withdrawal of striking off application by a company' available from our website www.companieshouse.gov.uk

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Warning to all interested parties

This is an important notice and should not be ignored. The company named has applied to the Registrar to be struck off the Register and dissolved. Please note that on dissolution any remaining assets will be passed to the Crown. The Registrar will strike the company off the register unless there is reasonable cause not to do so. Guidance is available on grounds for objection. If in doubt, seek professional advice

Further guidance

Guidance on all aspects of striking off is available from our website at www.companieshouse.gov.uk

DS01

Striking off application by a company

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record

Contact name SYLVIA BRYDEN

Company name SPIRIT MIND BODY BALANCE LTD

Address 2 NORFOLK GARDENS

BARRACK PATH

ST JOHNS

Post town WOKING

County/Region SURREY

Postcode G U 2 1 8 U D

Country UNITED KINGDOM

DX

Telephone 01483 764383

**Checklist**

We may return the forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☒ The company name and number match the information held on the public Register
- ☐ The correct number of current directors have signed and dated the form – 1 director if there is only 1 director, both if there are 2, and the majority if there are more than 2 e.g. Out of 6 directors, 4 must sign
- ☐ You have included a continuation sheet (available from www.companieshouse.gov.uk) if applicable
- ☐ Is the company already dissolved or is being dissolved by the Registrar? If so, you cannot file this form
- ☐ You have enclosed the correct fee

**Important information**

Please note that all information on this form will appear on the public record

**How to pay**

A fee of £10 is payable to Companies House in respect of a striking off application

Make cheques or postal orders payable to 'Companies House'

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland:
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG
DX 481 N R Belfast 1

**Further information**

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk