



COMPANIES HOUSE

THE REGISTRAR OF COMPANIES  
COMPANIES HOUSE  
CROWN WAY  
CARDIFF  
CF4 3UZ



This form should be completed in black.

The information printed below is taken from Companies House records as at 13/11/96

If this information requires amendment use the spaces opposite.

**Date of this return** (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
21	11	96

**Date of next return** (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Day	Month	Year

**Registered Office** (See note 3)

This is the address registered by Companies House.

7-9 SPEEDWELL ROAD  
BRISTOL  
AVON  
BS5 7SA

NW  
£15  
016441

363s

**Annual Return**

of company number 03132299

V

company name  
Q-FIT LIMITED

company type  
PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

**Principal business activities** (See note 4)

Please enter trade classification(s).

5	0	2	0
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If the code cannot be determined from the notes, give a brief description of principal activity.

03132299

**Register of members** (See note 5)

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

The register is kept at

REGISTERED OFFICE


**Register of debenture holders** (See note 6)

Any register of debenture holders (or duplicate) is kept at


**Company Secretary** (See note 7)

Particulars of a new secretary **must** be notified on form 288.

Day Month Year


Date of any change.

JOAN EDITH  
WALKER  
34 CHARLTON MEAD DRIVE  
BRISTOL  
AVON BS10 6LG


If this person has ceased to be secretary, please state when.

Day Month Year


Date of resignation.

**Directors** (See note 7)

Particulars of a new director **must** be notified on form 288.

Day Month Year


Date of any change.

PETER JOHN  
HURLEY  
NORTH COTE COTE ROAD  
WHITE TREE  
BRISTOL  
AVON BS9 3US


Date of Birth:- 07/07/33  
Nat:BRITISH  
Occ:DEALER PRINCIPAL

If this person has ceased to be director, please state when.

Day Month Year


Date of resignation.

Show any relevant current and previous directorships.


**Directors - continued**

Particulars.

If the information shown needs amendment,  
give details below and the date of any change.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS -- ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.If this person has ceased to be director, please  
state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

Particulars.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS -- ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.If this person has ceased to be director, please  
state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

Particulars.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS -- ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.If this person has ceased to be director, please  
state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

03132299

**Issued Share Capital** (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
<u>ORDINARY</u>	<u>1</u>	<u>1</u>
<b>Totals</b>	<u>1</u>	<u>1</u>

**List of past and present members**

(See note 9)

(Use attached schedule where appropriate)

Please mark the  
appropriate box.

A full list is required.

on paper      not on  
paper

A full list of members is enclosed ☒☐**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.*

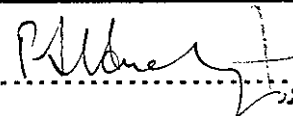
☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.*

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed



Secretary/Director \*  
\*(delete as appropriate)

Date 19/12/96I enclose the fee of **£15.**

Cheques should be made payable  
to **Companies House.**

This return includes 1 continuation sheets.  
(enter number)

**Please ensure that you have completed  
all sections on this page.**

To whom should Companies House direct any  
enquiries about the information shown in this  
return?----->

Postcode

Telephone

Ext

## LIST OF PAST AND PRESENT MEMBERS

**SCHEDULE TO FORM 363**[illegible]

**Continued overleaf**

## LIST OF PAST AND PRESENT MEMBERS (continued)

**SCHEDULE TO FORM 363**[illegible]