



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



XLVTVR6Y

Received for filing in Electronic Format on the: **28/01/2011**

*Company Name:* **MUSCLE MECHANICS UK LIMITED**

*Company Number:* **06750243**

*Date of this return:* **17/11/2010**

*SIC codes:* **8512**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **DUNSDALE HOUSE TRYCEWELL LANE  
IGHTHAM  
KENT  
TN15 9HL**

**Officers of the company**

***Company Secretary 1***

*Type:* **Person**

*Full forename(s):* **HAMISH**

*Surname:* **GREGORIE**

*Former names:*

*Service Address recorded as Company's registered office*

*Company Director* 1

Type: **Person**  
Full forename(s): **BELINDA JANE STANFORD**

Surname: **GREGORIE**

Former names:

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **02/04/1967** *Nationality:* **BRITISH**

*Occupation:* **STATE REGISTERED NURSE**

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*Company Director* 2

Type: **Person**  
Full forename(s): **HAMISH**

Surname: **GREGORIE**

Former names:

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **28/05/1964** *Nationality:* **BRITISH**

*Occupation:* **FURNITURE DESIGNER**

## Statement of Capital (Share Capital)

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|                        |                 |                                |            |
|------------------------|-----------------|--------------------------------|------------|
| <b>Class of shares</b> | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>100</b> |
|                        |                 | <i>Aggregate nominal value</i> | <b>100</b> |
| <i>Currency</i>        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b>   |
|                        |                 | <i>Amount unpaid per share</i> | <b>0</b>   |

*Prescribed particulars*

**VOTING RIGHTS DIVIDEND RIGHTS CAPITAL RIGHTS NO CONDITIONS ON REDEMPTION**

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## Statement of Capital (Totals)

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|                 |            |                                      |            |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>100</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>100</b> |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 17/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at 2010-11-17  
*Name:* BELINDA GREGORIE

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.