

Registered number

NI614429

Harvest Health Store Ltd

Abbreviated Accounts

30 September 2013

Harvest Health Store Ltd**Registered number:** NI614429**Abbreviated Balance Sheet****as at 30 September 2013**

	Notes	2013
		£
Fixed assets		
Intangible assets	2	52,250
Tangible assets	3	2,470
		<u>54,720</u>
Current assets		
Stocks	20,740	
Debtors	2,874	
Cash at bank and in hand	36,792	
	<u>60,406</u>	
Creditors: amounts falling due within one year	(47,612)	
Net current assets		<u>12,794</u>
Total assets less current liabilities		<u>67,514</u>
Creditors: amounts falling due after more than one year	(39,014)	
Net assets		<u><u>28,500</u></u>
Capital and reserves		
Called up share capital	4	2
Profit and loss account		28,498
Shareholder's funds		<u><u>28,500</u></u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mrs Miriam Morgan

Director

Approved by the board on 1 November 2013

Harvest Health Store Ltd
Notes to the Abbreviated Accounts
for the period ended 30 September 2013

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures, Fittings & Equipment	15% straight line
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Stocks

Stock is valued at the lower of cost and net realisable value.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

2 Intangible fixed assets

£

Cost

Additions	55,000
At 30 September 2013	<u>55,000</u>

Amortisation

Provided during the period	2,750
At 30 September 2013	<u>2,750</u>

Net book value

At 30 September 2013	<u>52,250</u>
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3 Tangible fixed assets £

Cost

Additions	2,879
At 30 September 2013	<u>2,879</u>

Depreciation

Charge for the period	409
At 30 September 2013	<u>409</u>

Net book value

At 30 September 2013	<u>2,470</u>
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4 Share capital	Nominal value	2013 Number	2013 £
Allotted, called up and fully paid:			
Ordinary shares	£1 each	2	<u>2</u>
	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	2	<u>2</u>

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