



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **14/12/2010**

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*Company Name:* **HEALTHY MIND FOR HEALTHY LIFE LTD**

*Company Number:* **07107472**

*Date of this return:* **14/12/2010**

*SIC codes:* **8514**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **38 PORCHESTER SQUARE  
LONDON  
W2 6AW**

**Officers of the company**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **DR SHABNAM**

*Surname:*                **HARIRI**

*Former names:*

*Service Address:*        **38 PORCHESTER SQUARE  
LONDON  
W2 6AW**

*Country/State Usually Resident:*    **UK LONDON**

*Date of Birth:*    **27/09/1977**                      *Nationality:*    **BRITISH**

*Occupation:*    **PSYCHOLOGIST**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>NOT APPLICABLE</b>			

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 14/12/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 100 ORDINARY shares held as at 2010-12-14  
*Name:* SHABNAM HARIRI

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.