

COMPANY REGISTRATION NUMBER 4799990

**HEARTBEAT TRAINING LIMITED**  
**UNAUDITED ABBREVIATED ACCOUNTS**  
**30 JUNE 2011**



**ABRAMS ASHTON**  
Chartered Accountants  
77 Corporation Street  
St Helens  
Merseyside  
WA10 1SX

**HEARTBEAT TRAINING LIMITED**  
**ABBREVIATED ACCOUNTS**  
**YEAR ENDED 30 JUNE 2011**

<b>CONTENTS</b>	<b>PAGES</b>
Report to the directors on the preparation of the unaudited statutory financial statements	<b>1</b>
Abbreviated Balance sheet	<b>2 to 3</b>
Notes to the Abbreviated accounts	<b>4 to 5</b>

# HEARTBEAT TRAINING LIMITED

## REPORT TO THE DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF HEARTBEAT TRAINING LIMITED

YEAR ENDED 30 JUNE 2011

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of Heartbeat Training Limited for the year ended 30 June 2011 as set out on pages 2 to 5 from the company's accounting records and from information and explanations you have given us

As a practising member firm of The Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at [www.icaew.com](http://www.icaew.com)

This report is made solely to the Board of Directors of Heartbeat Training Limited, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the abbreviated accounts of Heartbeat Training Limited and state those matters that we have agreed to state to them, as a body, in this report in accordance with the requirements of The Institute of Chartered Accountants in England and Wales as detailed at [www.icaew.com](http://www.icaew.com). To the fullest extent possible permitted by law, we do not accept or assume responsibility to anyone other than Heartbeat Training Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Heartbeat Training Limited has kept adequate accounting records and to prepare statutory abbreviated accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of Heartbeat Training Limited. You consider that Heartbeat Training Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the abbreviated accounts of Heartbeat Training Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory abbreviated accounts.



ABRAMS ASHTON  
Chartered Accountants

77 Corporation Street  
St Helens  
Merseyside  
WA10 1SX

28/6/12

**HEARTBEAT TRAINING LIMITED**  
**ABBREVIATED BALANCE SHEET**

**30 JUNE 2011**

	Note	2011 £	£	2010 £	£
<b>FIXED ASSETS</b>	<b>2</b>				
Tangible assets			<b>26,578</b>		<b>1,656</b>
<b>CURRENT ASSETS</b>					
Debtors		<b>6,972</b>		<b>19,947</b>	
Cash at bank and in hand		<b>1,847</b>		<b>8,246</b>	
		<b>8,819</b>		<b>28,193</b>	
<b>CREDITORS: Amounts falling due within one year</b>		<b>(14,517)</b>		<b>(14,848)</b>	
<b>NET CURRENT (LIABILITIES)/ASSETS</b>			<b>(5,698)</b>		<b>13,345</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<b>20,880</b>		<b>15,001</b>
<b>PROVISIONS FOR LIABILITIES</b>			<b>(278)</b>		<b>(178)</b>
			<b>20,602</b>		<b>14,823</b>
<b>CAPITAL AND RESERVES</b>					
Called-up equity share capital	<b>3</b>		<b>100</b>		<b>100</b>
Profit and loss account			<b>20,502</b>		<b>14,723</b>
<b>SHAREHOLDERS' FUNDS</b>			<b>20,602</b>		<b>14,823</b>

The Balance sheet continues on the following page  
The notes on pages 4 to 5 form part of these abbreviated accounts

**HEARTBEAT TRAINING LIMITED**  
**ABBREVIATED BALANCE SHEET** *(continued)*

**30 JUNE 2011**

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act

The directors acknowledge their responsibilities for

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved by the directors and authorised for issue on ~~28th June 2012~~ and are signed on their behalf by

MRS S E RALFS  
Director

Company Registration Number 4799990

The notes on pages 4 to 5 form part of these abbreviated accounts

**HEARTBEAT TRAINING LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 30 JUNE 2011**

**1. ACCOUNTING POLICIES**

**1.1 Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**1.2 Turnover**

Turnover represents revenue earned under contracts to provide professional services to third parties, and is net of vat

Revenue is recognised as earned when and to the extent that, the firm obtains the right to consideration in exchange for its performance under those contracts. It is measured at the fair value of the right to consideration which represents amounts chargeable to clients, including recoverable expenses and disbursements

**1.3 Depreciation**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Freehold property	- 2% straight line
Fixtures & fittings	- 20% reducing balance
Computer equipment	- 33% straight line

**1.4 Deferred taxation**

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax has not been discounted

**HEARTBEAT TRAINING LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 30 JUNE 2011**

**2. FIXED ASSETS**

	<b>Tangible Assets £</b>
<b>COST</b>	
At 1 July 2010	6,459
Additions	<u>26,032</u>
<b>At 30 June 2011</b>	<u><b>32,491</b></u>
<b>DEPRECIATION</b>	
At 1 July 2010	4,803
Charge for year	<u>1,110</u>
<b>At 30 June 2011</b>	<u><b>5,913</b></u>
<b>NET BOOK VALUE</b>	
<b>At 30 June 2011</b>	<u><b>26,578</b></u>
At 30 June 2010	<u>1,656</u>

**3. SHARE CAPITAL**

**Authorised share capital:**

	<b>2011 £</b>	<b>2010 £</b>
1,000 Ordinary shares of £1 each	<u><b>1,000</b></u>	<u><b>1,000</b></u>

**Allotted, called up and fully paid:**

	<b>2011 No</b>	<b>£</b>	<b>2010 No</b>	<b>£</b>
100 Ordinary shares of £1 each	<u><b>100</b></u>	<u><b>100</b></u>	<u><b>100</b></u>	<u><b>100</b></u>