

Physio Force Limited
Unaudited Financial Statements
for the Year Ended
28 February 2022

Contents of the Financial Statements
for the Year Ended 28 February 2022

	Page
Company Information	1
Balance Sheet	2
Notes to the Financial Statements	3

Physio Force Limited

Company Information
for the Year Ended 28 February 2022

DIRECTOR: SJ Poole

SECRETARY: Miss S G Starbuck

REGISTERED OFFICE: 10 Overbrook Way
North Baddesley
Hampshire
SO52 9GS

REGISTERED NUMBER: 06127088 (England and Wales)

ACCOUNTANTS: David Tilsley Limited
91 Lakewood Road
Chandlers Ford
Eastleigh
Hampshire
SO53 5AD

Balance Sheet
28 February 2022

	Notes	28.2.22 £	28.2.21 £
CURRENT ASSETS			
Debtors	4	25,628	29,696
Cash at bank		<u>2,500</u>	<u>1,000</u>
		28,128	30,696
CREDITORS			
Amounts falling due within one year	5	<u>11,558</u>	<u>7,696</u>
NET CURRENT ASSETS		<u>16,570</u>	<u>23,000</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		16,570	23,000
CREDITORS			
Amounts falling due after more than one year	6	<u>5,017</u>	<u>6,300</u>
NET ASSETS		<u>11,553</u>	<u>16,700</u>
CAPITAL AND RESERVES			
Called up share capital		100	100
Retained earnings		<u>11,453</u>	<u>16,600</u>
SHAREHOLDERS' FUNDS		<u>11,553</u>	<u>16,700</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 13 June 2022 and were signed by:

SJ Poole - Director

Notes to the Financial Statements
for the Year Ended 28 February 2022

1. **STATUTORY INFORMATION**

Physio Force Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2021 - 2) .

4. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	28.2.22	28.2.21
	£	£
Other debtors	<u>25,628</u>	<u>29,696</u>

Notes to the Financial Statements - continued
for the Year Ended 28 February 2022

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	28.2.22	28.2.21
	£	£
Bank loans and overdrafts	2,102	1,911
Taxation and social security	9,184	5,428
Other creditors	272	357
	<u>11,558</u>	<u>7,696</u>

6. **CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	28.2.22	28.2.21
	£	£
Bank loans	<u>5,017</u>	<u>6,300</u>
Amounts falling due in more than five years:		
Repayable by instalments		
Bank loans more 5 yr by instal	<u>-</u>	<u>700</u>

7. **DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to a director subsisted during the years ended 28 February 2022 and 28 February 2021:

	28.2.22	28.2.21
	£	£
SJ Poole		
Balance outstanding at start of year	29,514	42,946
Amounts advanced	40,909	45,975
Amounts repaid	(45,022)	(59,407)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>25,401</u>	<u>29,514</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.